To find a training near you, contact your ATTC Regional Center or the ATTC National Office.

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Visit the Blending Initiative website for more information and Blending products: http://nida.nih.gov/blending

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TREATMENT PLANNING M.A.T.R.S.:
Utilizing the Addiction Severity Index (ASI) to Make Required Data Collection Useful

2009
The Addiction Severity Index (ASI) is one of the most universally used instruments for the assessment of substance abuse and related problems. This Blending product is designed to address how to transform required paperwork into clinically useful information. Addiction counselors administer the ASI, yet often fail to use its findings. To assist clinicians, supervisors, and managers with utilizing the ASI results more readily, this product addresses the key tenets of treatment objectives and interventions—Measurable, Attainable, Time-Limited, Realistic, and Specific—referred to as Treatment Planning M.A.T.R.S.

**TRAINING OBJECTIVES**

- Examine how ASI information can be used for clinical applications and assist in program evaluation activities.
- Identify differences between program-driven and individualized treatment planning processes.
- Gain a familiarization with the process of treatment planning.
- Define basic guidelines and legal considerations in documenting client status.
- Provide opportunities to practice incorporating the ASI information in documentation activities through use of the ASI Narrative Report and case examples.

**BACKGROUND INFORMATION**

The Addiction Severity Index (ASI) is one of the most universally used instruments for the assessment of substance abuse and related problems. This Blending product is designed to address how to transform required paperwork into clinically useful information. Addiction counselors administer the ASI, yet often fail to use its findings. To assist clinicians, supervisors, and managers with utilizing the ASI results more readily, this product addresses the key tenets of treatment objectives and interventions—Measurable, Attainable, Time-Limited, Realistic, and Specific—referred to as Treatment Planning M.A.T.R.S.

**THE TRAINING PACKAGE**

A 6-hour training program and a 4-week online version

- reviews the use of ASI applications in treatment planning;
- differentiates individualized treatment plans versus program-driven plans;
- reviews evaluation data of treatment plan progress and client retention for program directors and clinical supervisors;
- explores the role of treatment plan in clinical records; and
- offers experiential writing exercises.