Keynote Presentation

Considering the Intersection of Immigration, Trauma, and Substance Use in the Development of Culturally Responsive Programs for Latinos

Luis García, PsyD
Vice President of Quality Assurance
Multicultural Services and Outcomes
Pacific Clinics

Biography:
Dr. Luis García is Vice President of Quality Assurance of Multicultural Services and Outcomes for Pacific Clinics. Dr. García develops culturally competent programs that focus on Latino client and family needs. He has helped create a Clinic school-based program addressing suicide prevention for Latino children and adolescents. Programs also include: individual, family and group services for the Latino Community. He also coordinates the development of trainings, conferences, and educational material for mental health professionals, clients, and families. Dr. García received a PsyD from Newport University and earned a B.A. in Psychology from the University of Southern California. He was awarded a PhD in Psychology from the University of Guadalajara, Jalisco, Mexico, and a Master's and PhD in Gestalt Therapy from the Institute of Gestalt Therapy, Tijuana, B.C., Mexico.
Panel Presentation

The Effects of Acculturation Stress on Well Being in Hispanic Immigrant Communities

Richard C. Cervantes, Ph.D.
Research Director
Behavioral Assessment, Inc.
Senior Research Fellow
California State University

Biography
Dr. Cervantes received his Ph.D. in Psychology from Oklahoma State University. Dr. Cervantes is Research Director of Behavioral Assessment, Inc. and is Senior Research fellow at the California State University, Long Beach Center for Behavioral Research and Services Department of Psychology. He served as Research Psychologist at the UCLA Spanish Speaking Mental Health Research Center, and held a full-time faculty appointment in the USC School of Medicine, Department of Psychiatry and the Behavioral Sciences. Dr. Cervantes is a leader in evaluation science with special expertise in cultural competency and cross cultural instrument development. He served as the lead evaluator for the New Mexico State Incentive Grant program, the Texas State Incentive Program the California State Incentive Program and also served as the lead evaluator on a number of other community based mental health and substance abuse prevention projects. Dr. Cervantes served as project Corporate Monitor for the SAMSHA contract, US Counties along the Mexico border, a training and technical assistance project to prevent and reduce drug use in the border region. He develops and provides evaluation technical assistance and training to local community coalitions and non-profit organization. He sits on a number of SAMHSA and ACF evaluation Workgroups. Dr. Cervantes was the Principal Investigator for the NIH funded study, “Development of the Hispanic Stress Inventory-2”, and PI on the recently completed the study “Familia Adelante: A multi-risk prevention program for Hispanic youth”. He is currently PI on the NIH supported “Hispanic Family Assessment Inventory Study”. He has published extensively in peer review journals, books and special reports.
Panel Presentation
The Effects of Acculturation Stress on Well Being in Hispanic Immigrant Communities

Maite Mena, Psy.D  
School of Education and Human Development  
University of Miami

Biography:  
Dr. Maite Mena is a licensed Clinical Psychologist and Research Assistant Professor. She has extensive experience in working with minority populations experiencing health disparities and in implementing programs and evaluating their outcomes. Specifically, Dr. Mena has collaborated in developing and testing a culturally informed family therapy for minority populations (CIFFTA) focusing on families affected by substance abuse and co-occurring psychiatric disorders, and families affected by cultural issues. Her research interests include vulnerable populations, primarily Hispanic youth and their families in the areas of mental health disorders, substance abuse disorders, HIV and sexually risky behaviors, gender differences, and cultural stressors. Dr. Mena works collaboratively with a community organization which focuses on reducing health disparities in the Hispanic community. As a result of her work in the community, Dr. Mena received an award for Excellence in Partnership from the community organization in 2013.
Salvador Treviño, PhD
Antioch University Santa Barbara
Director of Practicum Doctoral Program in Clinical Psychology
Clinical Faculty

Biography:
Dr. Treviño has taught professional psychology for over 15 years and lectures extensively on the theories and practices of psychoanalytic psychotherapy, primitive mental states, and Latino mental health. Drawing on his scholarship of more than 35 years of clinical work with Latino immigrants, Dr. Treviño is active in furthering the national conversation on cultural diversity, Latino historical trauma, the psychology of racism, and matters of social justice from a psychoanalytic perspective. Dr. Treviño is a full clinical member of the American Psychological Association, California Psychological Association, National Latino Psychological Association, and California Latino Psychological Association. Dr. Treviño is licensed as a psychologist and marriage and family therapist. He maintains a private practice in Santa Barbara.
Kim Nelson, LAC, MPA
Regional Administrator Region VII (KS, IA, NE, MO)
Substance Abuse and Mental Health Services Administration

Biography:
Kimberly Nelson is the Regional Administrator serving Region 7: Kansas, Iowa, Missouri, and Nebraska. Ms. Nelson is a licensed addictions counselor with a master’s degree in public administration and has worked in the behavioral health care field since 1992. Ms. Nelson has worked in health care for all of her professional career, primarily in the area of behavioral health as an addictions and managed care contract professional. Ms. Nelson’s clinical work was early in her career and mainly focused on addiction services, initially in community-based settings in women’s and children’s residential programs in Kansas. She then moved into executive leadership roles primarily. Ms. Nelson provided leadership as program director in programs with criminal justice clients in community-based residential and outpatient settings, as well as with prison-based therapeutic communities.

Ms. Nelson is a licensed addictions counselor and earned her bachelor’s degree in sociology and her master’s degree in public administration from the University of Kansas.
Avelardo Valdez, PhD
Professor/Researcher
University of Southern California
School of Social Work

Biography:
Avelardo Valdez is currently a professor at the USC School of Social Work. He was previously a professor at the Graduate College of Social Work at the University of Houston and Director of the Center for Drug & Social Policy Research. He obtained his Ph.D. in Sociology at the University of California, Los Angeles.

A primary focus of his research has been on the relationship between substance abuse and violence and health issues among high-risk groups. His research projects have been among “hidden populations” such as youth and prison gang members, injecting and non-injecting heroin users and sex workers on the U.S./Mexico border. He has published over 75 journal articles and chapters and academic publications including two books. His most recent book is entitled *Mexican American Girls and Gang Violence: Beyond Risk* (2007).

He is a recipient of federal grants from the National Institutes of Health (NIH), National Institute on Drug Abuse (NIDA), Centers for Disease Control and Prevention (CDC), and Substance Abuse and Mental Health Services Administration (SAMHSA). His current NIH funded grant focuses on examining the long-term consequences of adolescent gang membership among Mexican Americans in San Antonio, Texas. Dr. Valdez is also a recipient of a NIDA Minority Institution Drug Abuse Research Development Program grant and a NIDA Interdisciplinary Research Training Institute on Hispanic Drug Abuse.

Dr. Valdez received the Award for Excellence in Mentorship from the National Hispanic Science Network on Drug Abuse (NHSN) for his role in directing the NHSN Summer Training Institute. He is the recipient of numerous other awards including the University of Wisconsin-Milwaukee’s Scott Geer Award for Post Graduate Achievement in Advancing Understanding of Urban Social Institutions. He is a founding member of the NHSN National Steering Committee. He is a recent recipient (2009) of the Senior Scholar Award for the Society for the Study of Social Problems, Drinking and Drugs Division.
Panel Presentation

**The Intersection between Immigration, Trauma, and Substance Use: Considering Culture in Behavioral Health Interventions**

**Dalia Ruiz, PsyD**
Latino Outreach Program
San Luis Obispo County

**Biography:**
Dr. Ruiz graduated from the Doctoral Program in Clinical Psychology (PsyD) at AUSB in 2015. Since then, Dr. Ruiz has been finishing her post-doctoral internship, worked in the Latino Outreach Program of San Luis Obispo County, and provides education on mental health issues to Latinos in her hometown of Santa Maria. She recently has secured a contract starting in the fall with a local high school district to implement her treatment and program throughout the schools.

“Attending Antioch laid the foundation for lifelong learning, nurtured my passion for research and education, and developed my confidence as an effective speaker,” Dr. Ruiz said. “The skills I learned at Antioch have served to help me speak with power, passion and purpose.”

As this year’s honoree, Dr. Ruiz will be making remarks at a reception for AUSB scholarship and grant recipients on Monday, May 9 as well as a speech at the 2016 Commencement on Monday, June 20. As for what she refers to as “spare time,” Dr. Ruiz is also developing an impressive reputation as a scholar. Since her graduation in 2015, she has presented papers at three different conferences in Thailand, Egypt, and Peru. Her research includes the teen birth crisis in Guatemala; torture, trauma, and mental health treatment trends; and trauma treatment among Latino children. Dr. Ruiz has also developed a treatment manual aimed at culturally competent practice with Latino children and their caregivers, which is presented in both English and Spanish and is currently under review for publication.

Her development as a Practitioner and Scholar is no doubt the reason she received nomination by the PsyD faculty. In honoring Dr. Ruiz, AUSB also honors her faculty for their excellence as practitioners and scholars, and as the educators who have guided and mentored her.

“As AUSB’s president, I had the pleasure of calling Dr. Ruiz to tell her that she was our 2016 recipient of the Distinguished Graduate Award,” said Dr. Nancy Leffert. “She told me how surprised she was because she is ‘just starting out.’ Starting out she might be, but I expect we will be hearing a lot about her in the future.”
The Intersection between Immigration, Trauma, and Substance Use: Considering Culture in Behavioral Health Interventions

Miguel Gallardo, Psy.D.
Psychology Professor
Pepperdine University
Graduate School of Education and Psychology

Biography:
Dr. Gallardo is an Associate Professor of Psychology at Pepperdine University's Graduate School of Education and Psychology, where he teaches courses on multicultural and social justice, intimate/partner violence and professional development issues. Dr. Gallardo also serves as the Director of Aliento, The Center for Latina/o Communities at Pepperdine University. He is a licensed clinical psychologist (CA PSY# 21360) and maintains an independent/consultation practice where he conducts legal forensic/medical and immigration evaluations and psychotherapy with adolescents and adults. In addition, Dr. Gallardo consults with organizations and universities on developing culturally responsive systems.

Dr. Gallardo’s areas of scholarship and research interests include understanding the psychotherapy process when working with ethnocultural communities, particularly the Latina/o community and in understanding the processes by which individuals develop cultural awareness and responsiveness. Dr. Gallardo is currently Director of Research and Evaluation for the Multiethnic Collaborative of Community Agencies (MECCA), a non-profit organization dedicated to serving monolingual Arab, Farsi, Korean, Vietnamese and Spanish speaking communities. Dr. Gallardo has published refereed journal articles and book chapters in the areas of multicultural psychology, Latina/o psychology, and ethics and evidence-based practices.

Dr. Gallardo is a Fellow of the American Psychological Association. He has established a presence among psychology’s many associations including the American Psychological Association (APA), California Latino Psychological Association (CLPA), the California Psychological Association (CPA) and the National Latina/o Psychological Association (NLPA). He is a past-president of the California Psychological Association (CPA). Dr. Gallardo is one of the founding members and served as the first president of the California Latino Psychological Association and continues to be active in psychological organizations on the state and national levels. Dr. Gallardo is currently serving a second-term Governor-appointed position on the California Board of Psychology. He has been honored for his dedication and commitment to the field of psychology locally, statewide and nationally.
The Intersection between Immigration, Trauma, and Substance Use: Considering Culture in Behavioral Health Interventions

Emily Maynard, PhD
Fordham University

Biography:
Emily Maynard received her Ph.D. in clinical psychology from Fordham University. Her pre-doctoral internship was conducted at NYU-Bellevue Hospital Center in New York City, where she completed rotations in medical psychology, substance abuse treatment, and inpatient psychiatry. Dr. Maynard received her undergraduate degree in Spanish and Portuguese from Princeton University, with a minor in Latin American Studies, and she was later a Fulbright Fellow to Brazil. Dr. Maynard is bilingual in Spanish and fluent in Brazilian Portuguese.

Dr. Maynard’s dissertation research examined the experience of being diagnosed with bipolar disorder in emerging adulthood. She is particularly interested in diagnostic issues among individuals with severe mental illness, substance abuse disorders, and personality disorders. The majority of her clinical training has focused on providing care to Latinos and other immigrant groups, and she is versed in family, group, and individual psychotherapy. She pragmatically draws from behavioral psychology, health psychology, psychodynamic psychotherapy, and humanistic/existential perspectives in providing care to her patients. In addition to the Hosford Clinic, Dr. Maynard works off-site at the St. George Family Youth Center (YMCA) in Isla Vista, providing psychoeducation and support to Latino youths and their families.
Ibis Carrion, Psy.D.
Director
National Hispanic & Latino ATTC
Universidad Central del Caribe, School of Medicine,
Bayamón, Puerto Rico

Biography:
Dr. Ibis Carrión is Director and Principal Investigator of the Institute of Research, Education and Services in Addiction (IRESA), Director of the National Hispanic and Latino Addiction Technology Transfer Center; Director of PR and USVI Site of the Northeast & Caribbean ATTC; Clinical Director of the Behavioral Community Clinical Center /Universidad Central del Caribe, School of Medicine in Puerto Rico. Dr. Carrión has a doctorate degree in Clinical Psychologist from the Universidad Carlos Albizu in San Juan, Puerto Rico. She is a licensed psychologist in Puerto Rico and is member of the American Psychological Association, National Latina/o Psychological Association and the National Hispanic Science Network. Dr. Carrión has over 18 years of experience in the substance abuse field.

IMMIGRATION, TRAUMA AND SUBSTANCE USE:
The Latino Journey to the U.S.

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National Hispanic & Latino
Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration