The Healing of a Nation

The Red Road
To Wellbriety-
A cultural approach to Healing
It takes an entire village to raise a child.....
It takes an entire village to destroy a child.....
It takes an entire village
to
Reclaim our
Community

Today...is the Day..
We will hurt no more....
The Red Road
The Red Road

A Family walking the Red Road
I have heard it said.....

More powerful than the march of mighty armies.....
Is an idea whose time has come
Traditional Woman

Traditional Clan Mother

Traditional Warrior

Traditional Chief

Traditional Man

Traditional Youth

Traditional Elder

Traditional Warrior

Healing

Language

Spirituality

Cultural Values

Ceremonies

Elders' Teachings

Interconnectedness
CONSIDER THE SEVENTH GENERATION
The Wellbriety Movement

What it is!!!!
The Wellbriety Movement:

- Sober lifestyles
- Wellness—balance (mental, physical, spiritual, emotional)
- Connected to principles, values, and Natural Laws
- Walking the Red Road
- You must create a Healing Forest
THE TIME FOR UNITY
MENDING THE HOOP
THE TIME FOR UNITY

THE HOOP OF NATIONS
Gifts of the Sacred Hoop

Forgiving the Unforgivable
Unity
Healing
Hope
The Movement
"The Hoop of Nations"

100 Communities in Healing

Coyhis Consulting, Inc.
1999

Sacred Hoop Journey I:
Healing the Nations Tribal Colleges

2000

Sacred Hoop Journey II:
Wiping of the Tears

2002

Sacred Hoop Journey III:
Healing Native Women and Children

2003

Sacred Hoop Journey IV:
Healing Native Men and Children
The start of a recovery community

Medicine Wheel and 12 steps

Culture
Ceremony
Spirituality
recovery
FIRESTARTERS...

An individual who…

- Is in recovery
- Is walking the Red Road
- Has worked the 12 Steps
- Has made a 4 year commitment to lead Circles of Recovery in their own community
Steps 10, 11, 12

Steps 7, 8, 9

Steps 4, 5, 6
Finding the Elders Wisdom

Finding Your Relationships

Finding Yourself

Finding the Creator
Working with the Creator

The Power

Of

One
Potential Impact of the 7 Trainings

One Firestarter

First Group

10 people

Groups of 10

#Groups in a Year

3

2

1

120

4 years

160

#People impacted in 4 years

80

Or, one youth or family facilitator …
The Family and the Youth

Spirituality

Ceremony

Anger

Guilt

Fear

Shame

Medicine Wheel and 12 steps
Wellbriety Movement

Firestarters:
500 Groups Nationwide

Firestarter
Groups expand
to 7 Trainings
Grassroots Wellbriety Community Curriculum

Friends & Family Firestarter Training
Fathers of Tradition
Firestarters - Family Series
Firestarters - MW-12 Steps Men
Firestarters - MW-12 Steps Women
Sons of Tradition
Daughters of Tradition

The Seven Trainings
Daughters of Tradition
Warrior Down

Natives in Recovery

Natives from Treatment Centers

Natives from Prisons, Probation and Parole

After care

Re-entry

Orientation

Warrior Down Group

Firestarter Group

Family

Warrior Down Team

Recovery Coaches

Housing

Jobs

Sweats Lodge

EDU

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Re – Entry from.............

Prison

Warrior Down

Community

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Nation
Community
Family
Individual
Head Man Firestarter
Head Woman Firestarter

Coalitions as Clans
Community Coalition for Recovery Support

- Family Services
- Mental Health
- Treatment
- News Media
- Schools
- Church/Spiritual Support
- Community Policies/laws
- Law Enforcement
- Community Policies
- Friends/Family

One Message; Many Messengers
Healing Forest Flow of Change

Core Group

Change (Seen World)

Learning (Unseen World)

Feedback System

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Healing Forest Flow of Change

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