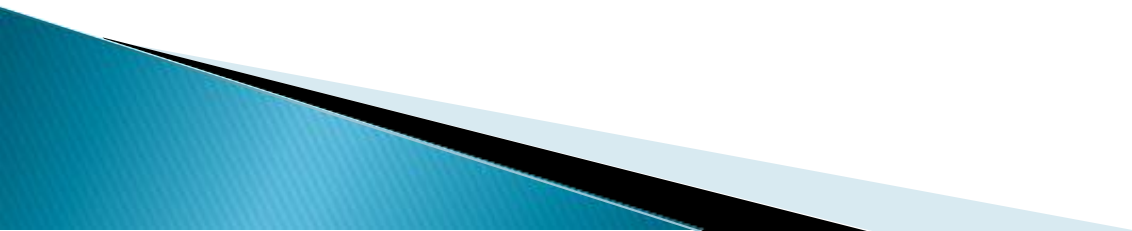




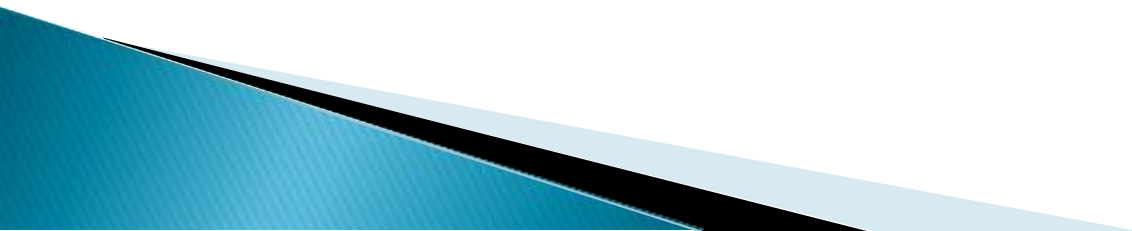
Better Life in Recovery

Transforming Lives with Recovery

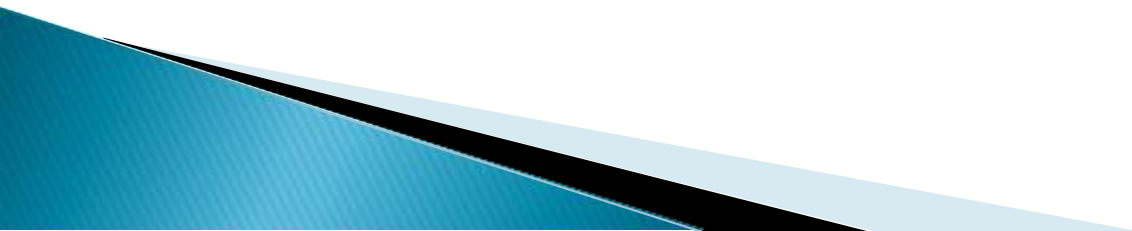
Who we are:

- ◆ We are individuals in long-term recovery and allies who believe that recovery is possible.
 - ◆ We know that people who recover can go on to live productive lives.
 - ◆ We celebrate those in long-term recovery and offer hope to those living with substance use disorders and other mental health issues that they can have a Better Life in Recovery.
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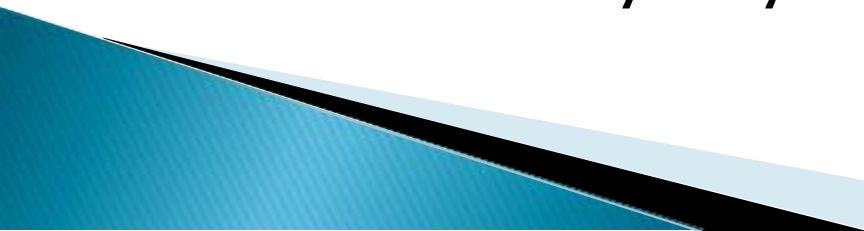
What we do:

- ▶ We provide opportunities for people in recovery to reconnect and become vital to their community.
 - ▶ We advocate for laws that support treatment and recovery.
 - ▶ We celebrate those in recovery.
 - ▶ We share our own stories of recovery to instill hope that people can and do recover and live productive lives.
 - ▶ We provide educational presentations about substance use and other mental health issues.
 - ▶ We hold awareness events that celebrate recovery and the benefits it offers.
 - ▶ We provide sober family–friendly social events that promote having a Better Life in Recovery.
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Our history:

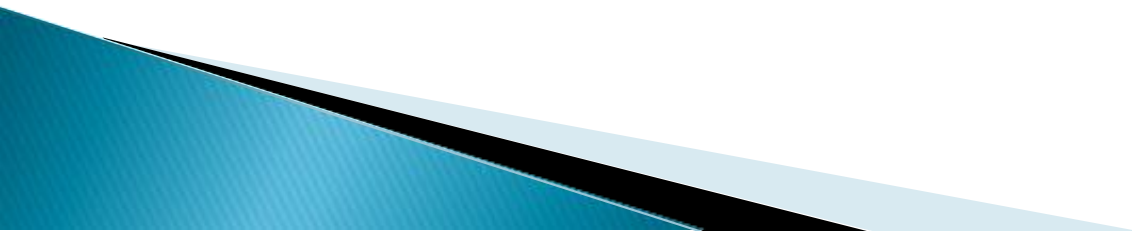
- ▶ Began in 2012 with one community awareness event.
 - ▶ In 2015 we became a 501c3
 - ▶ In 2016 we opened the Springfield Recovery Community Center.
 - ▶ In 2017 BLiR received a two-year federal grant for the Springfield Recovery Community Center
 - ▶ In 2017 BLiR received the STAR award by the Re-entry and Resource group for Southwest Missouri.
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How we are making a difference:

- ▶ We were the first to start an open SMART recovery group in Missouri.
 - ▶ We provide free Narcan and Narcan training every month.
 - ▶ We produced a documentary to help families understand substance use and recovery.
 - ▶ We started a Good Dads Group and Jobs 4 Life program at SRCC.
 - ▶ We provide multiple support and life skills classes every day.
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Impact we have on our community:

In 2018

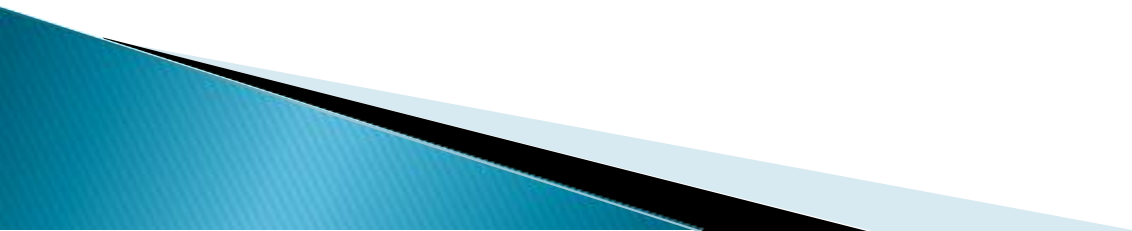
- ▶ Events and groups = 881
 - ▶ RCC attendance = 10,494
 - ▶ Outside attendance = 3,813
 - ▶ Recovery checkup phone calls = 862
 - ▶ \$135,474 in volunteer hours
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Why what we do matters:



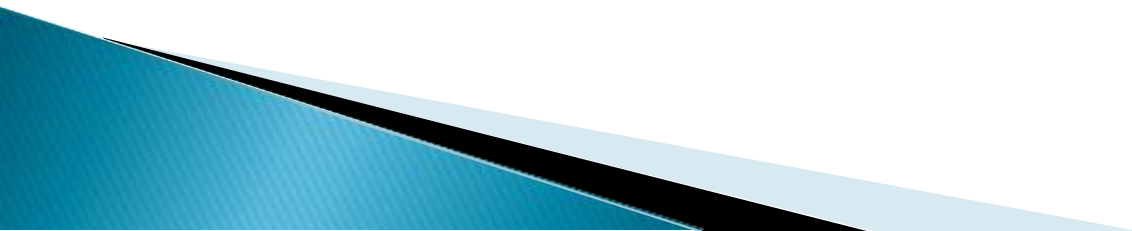
Engaging in recovery supports and reconnecting to communities reduces criminal justice involvement, hospitalization rates and relapse rates.

BLiR's impact on Southwest Missouri:

- ▶ Almost 15,000 people have used our services this year alone.
 - ▶ Last year our stream team picked up 3 ½ tons of trash from our area water ways.
 - ▶ We have painted 11 elementary school playgrounds in Springfield.
 - ▶ Trained and equipped over 1500 people with Narcan.
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“I would like to recognize Better Life in Recovery for it’s distinguished efforts to aid individuals suffering from substance abuse and other mental health issues down the long road of recovery.”

– U.S Representative Billy Long



“Through activities with Better Life in Recovery, individuals in recovery have donated thousands of hours of service to our community by painting elementary school grounds, cleaning Missouri rivers and making educational presentations about substance use and mental health issues.”

–Ken McClure
Mayor of Springfield



“Better Life in Recovery provides volunteer opportunities and hosts sober family friendly social events so that individuals in long term recovery are able to give back to the community and increase awareness that there is hope and dignity for those struggling with substance use and mental health disorders”

–Greene County Commission



When you donate in any amount, you are telling an individual with a substance use disorder that recovery is possible and that they CAN have a Better Life in Recovery!

