

MOTIVATIONAL INTERVIEWING IS EVOCATIVE

**BEFORE
providing
information,
ask clients what
they already know
about the topic.**

**a provider is actively
working to elicit a
client's reasons
and ideas for
change**

What do you know about my role here?

What do you know about the ways people typically...?

What things are you already doing to...?

**ASK
clients about their most
important reasons and
ideas about change**

What are your most important reasons for...?

If you look forward to a year from now, how would you want your life to be different?

What part would you like to tackle first?



Mountain Plains ATTC (HHS Region 8)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

SAMHSA
Substance Abuse and Mental Health
Services Administration

