



MOTIVATIONAL INTERVIEWING IS
COLLABORATIVE

**the client and provider
are working as equal
partners, both with
expertise and valuable
experience**

MAKE THE CLIENT THE EXPERT

What have you already done
about...?

What do you think you will need
to do to...?

How does that sound
to you?

AVOID INTERRUPTING offer assistance or information if the client asks:

Can I share some information
with you?

With your permission,
I'd like to...

Would it be okay if we...?

INVITE THE CLIENT TO SHARE THEIR SUCCESSES, MOTIVATION, IDEAS, AND PLANS



Mountain Plains ATTC (HHS Region 8)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

SAMHSA
Substance Abuse and Mental Health
Services Administration

