

# MOTIVATIONAL INTERVIEWING IS COLLABORATIVE

**the client and provider  
are working as equal  
partners, both with  
expertise and valuable  
experience**

## MAKE THE CLIENT THE EXPERT

What have you already  
done about...?

What do you think you will  
need to do to...?

How does that sound  
to you?

## AVOID INTERRUPTING

**offer assistance or  
information if the  
client asks:**

Can I share some  
information with you?

With your permission,  
I'd like to...

Would it be okay if we...?

**INVITE THE CLIENT TO SHARE THEIR SUCCESSES, MOTIVATION, IDEAS, AND PLANS**



Mountain Plains ATTC (HHS Region 8)

**ATTC**

Addiction Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

