

Online Support Groups



Online and Telephone Support Groups

Treatment providers and peer support specialists looking for online and telephone support groups for their patients/peers should review the list below. Both 12 Step and non-12 Step-based online support groups are identified. This is not an exhaustive list but the links are active. After an initial review, NONE of these sites are associated with specific treatment/recovery centers and do not require individuals to register first to access online group support services.

12 Step Groups

[Telephone Directory](#)

[Audio/Video Directory](#)

[12Step Forum Alcoholics Anonymous](#)

[12Step Forum Alanon Family Group](#)

[12 Steps.org](#)

[Narcotics Anonymous](#)

[Never Alone Club](#)

[Marijuana Anonymous](#)

[Cocaine Anonymous](#)

[Chronic Pain Anonymous](#)

[Al-Anon Electronic Meetings](#)

[Adult Children of Alcoholics](#)

[Families Anonymous Virtual Meetings](#)

Non-12 Step Recovery Support

[SMART Recovery](#)

[LifeRing Secular Recovery](#)

[Bridge Club Virtual Meetings](#)

[Refuge Recovery Online Meetings](#)

[The Temper](#)

[We Face it Together Online Support Groups](#)