Online and Telephone Support Groups

Treatment providers and peer support specialists looking for online and telephone support groups for their patients/peers should review the list below. Both 12 Step and non-12 Step-based online support groups are identified. This is not an exhaustive list but the links are active. After an initial review, NONE of these sites are associated with specific treatment/recovery centers and do not require individuals to register first to access online group support services.

12 Step Groups

Telephone Directory

Audio/Video Directory

12Step Forum Alcoholics Anonymous

12Step Forum Alanon Family Group

12 Steps.org

Narcotics Anonymous

Never Alone Club

Marijuana Anonymous

Cocaine Anonymous
Chronic Pain Anonymous
Al-Anon Electronic Meetings
Adult Children of Alcoholics
Families Anonymous Virtual Meetings

Non-12 Step Recovery Support

SMART Recovery
LifeRing Secular Recovery
Bridge Club Virtual Meetings
Refuge Recovery Online Meetings
The Temper
We Face it Together Online Support Groups

Spanish All Recovery Meeting - Reuniones de Recuperacion en Espanol