SbVC Consultation Group

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Today’s Agenda – Welcome !!

• Types of online groups
• Overview of group therapy guidelines-how do these translate to online groups?
• Challenges of group work-how does this translate to online groups?
• Questions/Collaboration
What type of group are you facilitating?

- Support Group
- Psychoeducational Group (Structured)- Open or Closed
- Psychotherapy Group-Closed?

Are group members in one location? Or, multiple locations?
Guidelines for Group Therapy

- Confidentiality
- Privacy
- Dignity
- Violence or Intimidation
- Alcohol and other drugs
- Exclusive relationships
- Gossip
- Attendance
- Internet Connectivity
- Responsibilities
- Termination

What are the online group guidelines?

What are online group advantages?
Group Challenges—Same Online?

- Broken Boundaries
- Fears and Vulnerabilities
- Unexpressed Feelings
- Emotional and Physical Safety
- Ensuring benefits for all
- Ensuring benefit to all
- Wide diversity of experiences
- Monopolizing the group
- Pulling Teeth
- Disjointed off topic group

It’s Consultation Time!
Acknowledgments

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THANK YOU and SEE YOU NEXT TIME!

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