Effective Integration of Faith-Based Efforts into Community Recovery Oriented Systems of Care

“Establishing Faith's ROLE in the ROSC”

“A clear purpose will unite you as you move forward, values will guide your behavior, and goals will focus your energy.”
— Kenneth H. Blanchard
BURNING QUESTIONS

Use the CHAT

What brought you here?
What do you hope to learn?
Recovery Oriented Systems of Care
1. There are many pathways to recovery
2. Recovery is self-directed and empowering
3. Recovery involves a personal recognition of the need for change and transformation
4. Recovery is holistic
5. Recovery has cultural dimensions
6. Recovery exists on a continuum of improved health and wellness.
7. Recovery emerges from hope and gratitude
8. Recovery involves a process of healing and self-redefinition
9. Recovery involves addressing discrimination and transcending shame and stigma
10. Recovery is supported by peers and allies
11. Recovery involves (re)joining and (re)building a life in the community
12. Recovery is a reality
OHIO'S RECOVERY BILL OF RIGHTS

01 We have the right to have our health insurance cover addiction treatment as it does other medical treatment.
Congress recognized this right in 2000, but little has been done in Ohio to make sure that our rights are protected. Our recovery rights are as important as our physical health. We should be treated the same way that other medical disorders are treated.
We have the right to use our insurance to pay for services and not have to pay cash.

02 We have the right to recovery cover addiction treatment as it does other medical treatment.
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We have the right to use our insurance to pay for services and not have to pay cash.

03 We have the right to an ethical referral.
As the number of providers in the treatment and recovery industry grows, so does the pressure to fill beds. We have the right to know if the people that helped us fill beds have the right to be referred to a facility. That is appropriate for our treatment and not because there is a financial incentive for the referral source.

04 We have the right to individualized care and informed consent.
Just like any other disease, we have the right to be presented with all options available to us. We will be presented with a range of options, including the associated risks and benefits, in order to provide our informed consent for the option that is in our best interest, not our provider's. Our care should be tailored to our unique needs by our individual case and needs.

05 We have the right to quality, comprehensive, evidenced-based treatment.
Addiction is a bio-psycho-social and spiritual disease. While medication is immensely helpful, it should not be the only treatment. We have the right to choose all appropriate treatment options, including but not limited to traditional or medically-assigned care.

06 We have the right to have our health information protected by 42 CFR Part 2.
Health records from addiction treatment are immensely private and personal. We have the right to privacy and have our health information protected by HIPAA and 42 CFR when applicable.

07 We have the right to ongoing recovery support services.
Ongoing recovery is challenging and requires support services. Support services are similar to maintaining long-term recovery in treatment. They should be accessible and connected to recovery support services during and after treatment. We have the right to access these services in our local community and work with local justice system, including institutionalization.

08 We have the right to safe, standardized and affordable housing.
We have the right to recovery housing that is certified by a reputable organization that specializes in recovery housing such as Ohio Recovery Housing or Oxford Housing. Our housing should meet the minimum standards as defined by the American Addiction Council. We have the right to move out of residential treatment and affordable housing options in the local community.

09 We have the right to pursue secondary education alongside recovery supports.
Due to criminal backgrounds and poor academic performance during active addiction, people are recovery after face numerous barriers when beginning or returning to post-secondary education. Recovery support systems are crucial to supporting our continued recovery and should be provided to be in the process of earning a living. Student veterans and student populations receive individual and support services.

10 We have the right to meaningful employment.
Access to meaningful employment that provides a stable wage is crucial to our recovery. This does not mean lowering the standard of living, but it does mean that people in recovery can accomplish.
17 Elements of ROSC Services

(Sheedy & Whitter, 2013)

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<tr>
<th>1. Person-centered</th>
<th>9. Responsiveness to personal belief systems</th>
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<td>2. Inclusive of family and other ally involvement.</td>
<td>10. Commitment to peer recovery support services</td>
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<td>3. Individualized and comprehensive services across the lifespan</td>
<td>11. Inclusion of voices and experiences of recovering individuals and families</td>
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<td>4. Systems anchored in the community</td>
<td>12. Integrated services</td>
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<td>7. Strength-based</td>
<td>15. Outcomes driven</td>
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<td>8. Culturally responsive</td>
<td>16. Research-based</td>
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<td>17. Adequately and flexibly financed</td>
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COMMON LANGUAGE ENHANCES COMMUNICATION
Addiction is defined as a chronic, relapsing disorder characterized by compulsive drug seeking and use despite adverse consequences.† It is considered a brain disorder, because it involves functional changes to brain circuits involved in reward, stress, and self-control, and those changes may last a long time after a person has stopped taking drugs.¹¹
• ADDICTION OFTEN
“...originates in a human being’s desperate attempt to solve a problem: the problem of emotional pain, of overwhelming stress, of lost connection, of loss of control, of a deep discomfort with the self. In short, it is a forlorn attempt to solve the problem of human pain. Hence my mantra: “The question is not why the addiction, but WHY the pain.” - Dr. Gabor Mate
Demands
Body/Mind/Spirit/Community Approach

BIO
PSYCHO
SOCIAL
SPIRITUAL
Ephesians 4:16 (AMP)
16 From Him the whole body [the church, in all its various parts], joined and knitted firmly together by what every joint supplies, when each part is working properly, causes the body to grow and mature, building itself up in [unselfish] love.
...if one person is vulnerable to attack, two can drive the attacker away. As the saying goes, “A rope made of three strands is not quickly broken” ECCLESIASTES 4:12 (V)
Our seemingly separate lives become meaningful as we discover **how truly necessary, we are to each other.**

Margaret J. Wheatley
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<th>Articulate</th>
<th>Leverage</th>
<th>Provide</th>
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| Better articulate the role of recovery serving faith-partners in their communities. (WHY)  
• Equip YOU with INFLUENTIAL LANGUAGE | Leverage proven strategies for faith-based recovery integration into the community. (HOW) | Provide access to and be able to immediately leverage the tools provided (APP/Roadmap/Video). (WHAT) |
FINDING FAITH’S FIT

WHY
• LEAN INTO LOVE

HOW
• SEEK AND LEARN FROM THE BEST

WHAT
• INTEGRATED “MINISTRY”
“WHY”

“There are only two ways to influence human behavior: you can manipulate it or you can inspire it. Simon Sinek
“Studies Have Shown That **Spirituality and Religion Can Play a Role in How an Individual Adult or Child Copes** with Being Sick, May Influence Medical Decisions that are Made, and May Have an Impact on the Medical Outcome.”

— Georgetown Univ. National Center for Cultural Competence
Government can run and fund programs, but it can't love, it can't show compassion, and it can't embrace. **Our faith is designed to have social implications, not just heavenly ones. The spiritual and the social must be connected.** Tony Evans
DEVELOPMENT OF RECOVERY IS BEAUTIFUL

Recovery is Beautiful BluePrint, a five-year plan to transition Ohio’s local community mental health and addiction service systems into Recovery-Oriented Systems of Care (ROSC).

This Blueprint is a framework where Ohio Boards are the Recovery-Oriented System of Care “hub” for their local communities.

There is coordination across systems to ensure that local entities are prepared to offer community-based mental health and addiction services, and recovery supports that are person-centered to meet the needs of individuals working toward recovery.
Collaboration is essential to progress. We will never hit on all cylinders if there is not a **SYSTEM wide commitment to collaboration**.

- The central question that leads to collaboration is, **“What can I do to help?”** Look for ways to lend your time, resources, and expertise to the colleagues that need it. – **Andy Stanley** *(Founder NorthPoint Church)*
EXERCISE

WHAT ARE SOME BARRIERS YOU HAVE EXPERIENCED...

WITHIN YOUR CONGREGATION

WITHIN YOUR COMMUNITY
FIVE PRINCIPLES FOR EFFECTIVE COLLABORATION

Trust – Requires "investment"

Respect – Requires "understanding"

Willingness – Requires "ego-checking"

Empowerment – Requires "vision"

Effective Communication – Requires "translating"
HOW DO YOU INSPIRE PEOPLE AROUND YOU?
EXERCISE 2

Using “the five”, think of some ways you could initiate or improve your community's faith integration into the community ROSC?
“It is vain to talk of the interest of the community, without understanding what is the interest of the individual.”

Jeremy Bentham
“HOW”

Some people think they are in community, but they are only in proximity. True community requires commitment and openness. It is a willingness to extend yourself to encounter and know the other.

David Spangler
HOW (HIGH LEVEL)
NATIONAL TEAM
“Hope — in the Deepest Sense — is Not Optimism or Wishful Thinking: It is About Our Capacity to Imagine a Different, Healthier Future and to Find the Energy to Do Something to Bring it About.”
Assets of Help, Healing, and Hope

Community and Faith-Based Organizations

They are Connections and Networks of People Who Together Can Weave the Web of Social Capital Necessary to Support Individuals and Families in Meeting Basic Needs, Strengthening Their Resilience — and Even Their Flourishing.
CRITICAL CONNECTIONS TO CONSIDER…

- **Treatment service providers in your community?**
  - Know what they do? Know who they serve?

- **Recovery groups meet in your community?**
  - Know where they meet? Know the differences? – AA/NA/CR/SR/RU

- **Public Health Team?**

- **Who is already engaged?**
  - What can you learn, duplicate or augment

- **Law Enforcement**

- **Coalitions**

- **Government Support Teams (Tenn, WV, Ohio, RI, GA)**

- **NALAXONE Distribution/Harm Reduction**

Trust – Respect – Willingness – Empowerment - Effective Communication
Connecting & Collaborating with Community Partners

Potential Partners:

- Awardees of Federal/State Grants
- Prevention Coalitions
- Public Health Agencies
- First Responders/Law Enforcement Agencies
- Chamber of Commerce/Local Business Community
- Recovery Support Providers
- Housing Authorities, Affordable Housing Organizations, or Shelter Programs
- Social Enterprise Employers
- Certification and Vocational Programs
## Assess and Align Community Assets

### Activities and Opportunities to Serve

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<tr>
<th>Stabilize</th>
<th>Strengthen</th>
<th>Accelerate</th>
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<tr>
<td>• Transitional Housing and Sober Living Environments</td>
<td>• Tutoring and Mentorship</td>
<td>• Financial Literacy Courses</td>
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<td>• Childcare</td>
<td>• Supporting Job Readiness</td>
<td>• Connections to Job Banks, Social Enterprise Employers, and Employment e-Platforms (HonestJobs.org)</td>
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<td>• Access to Nutritious Healthy and Affordable Food</td>
<td>• Coaching on Soft Skills</td>
<td>• Peer Specialist Training</td>
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<td>• Hygiene — Clothes, Grooming, Access to Showers and Laundry Facilities</td>
<td>• Family/Caregiver Support</td>
<td>• Partnering with the Community to Provide Housing, Education, Certification Programs and More.</td>
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<tr>
<td>• Legal Assistance</td>
<td>• Connect to Recovery Support</td>
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<tr>
<td>• Phone and Internet Access</td>
<td>• Space for Vocational Training</td>
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<td>• Transportation to Work and Support Services</td>
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<td>• Community Building</td>
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Partnership Center’s Practical Toolkit

Our Opioid Crisis Practical Toolkit was Created in Collaboration with Faith Partners in Direct Response to the Question:

“What Do We Do?”
Partners in Hope: Getting Back to Work
Partners in Hope: Getting Back to Work

Faith & Community Roadmap to Recovery Support

- Community Readiness: Raising Health Literacy
- Assess and Align Community Assets
- Build Capacity to Address Identified Needs
- Walk the Recovery Journey with Wrap-Around Services
- Connect and Collaborate with Community Partners

New Resource!
COMPASSION IN ACTION:

A Guide for Faith Communities Serving People Experiencing Mental Illness and Their Caregivers
BREAK

7 MINUTE STRETCH!
FINDING OHIO’S “FAITH’S FIT”
michele.reynolds@governor.ohio.gov
or (614) 387-2959.
#50 – Partner With Ohio’s Faith-Based Community and Recovery Efforts
Step 1: Invitation/Identification

ROSC – Recovery-Oriented System of Care

AG AND GOVERNOR'S OFFICE

STATE AND LOCAL MENTAL HEALTH AND ADDICTION SERVICES

TRADITIONAL TREATMENT AND SUPPORT PROVIDERS

LAW ENFORCEMENT AND SOCIAL SERVICES

FAITH RECOVERY SUPPORTS
LEAGUE OF CITIES
Step 2 – “Inspiration”

- **ACCEPT THE CALL**: “Love Your Neighbor” (Torah, Luke, Compas...)
- **LEVERAGE “THE LIST”**: Colossians 3
- **INVEST IN RELATIONSHIPS**: Relationships Lead To Spiritual Conversations
- **VALUE VULNERABILITY**
- **EXPECT**: This Resurrection (RECOVERY) Life You Received From God Is Not A Timid, Grave-Tending Life. It’s Adventurously Expectant (Hebrews, New Testament)

*Culture* For Transformation Is **ALIVE**!
Step 3 – Education

Identify Gaps → Seek Existing Partners → Use Best Practices → Integrate

Moved the Narrative from “Either/Or” to “Both/And”
It is Really as Simple as This…
EPIDEMIC of Hope

RESPONDING TO OHIO’S OPIOID/DRUG CRISIS

MARCH 5TH | 7PM
Beavercreek Nazarene

Pastor Jerry O’Brien
Ohio Attorney General Mike DeWine’s Outreach Team
Woodhaven Ohio

A NIGHT OF
EDUCATION, ENLIGHTENMENT, EQUIPPING, & HOPE

Darryl and Tracy Strawberry
ENGAGE • ENGAGE with COMPASSION
EXPERIENCE • EXPERIENCE into COMMONALITY
ENTER • ENTER into CONVERSATIONS
EMBRACE • EMBRACE new levels of COMMITMENT
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EDUCATIONAL PARTNERS!

Robust, Faith-Focused Training Menu

20+ Topics
- ‘The Brain’
- ACE
- Trauma
- “Mind/Body/Spirit
- Mental Health First Aid®
- …More!!!
STARTED WITH
STIGMA AND EMPATHY
Choose your words.
When you show deep EMPATHY toward others, their defensive energy goes down, and positive energy replaces it. That's when you can get more creative in solving problems. 

Stephen Covey
Self-centered leaders manipulate when they move people for personal benefit. Mature leaders motivate by moving people for mutual benefit.

— John C. Maxwell —
"WHAT"

"Creativity doesn't wait for that perfect moment. It fashions its own perfect moments out of ordinary ones." -- Bruce Garrabrandt
KEYS TO EFFECTIVE FAITH + ROSC ENGAGEMENT...

Congregational Readiness
(Assess your strengths, gifts, buy-in)
• We can help with this...

Create a sustainable
PARTICIPATION AND PACE
• Without margin, there is no room to serve and collaborate
• “Do we have the margin to wade in?”

Cooperation not Competition
• Self Awareness (THE WHY)
• Check EGO at the door
• BEST PRACTICES (DON’T REINVENT)
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<th><strong>“WHY”</strong></th>
<th><strong>WHAT</strong></th>
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<td>OPEN THE DOORS</td>
<td>• NA/AA – Traditional “Basement” Options</td>
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<td>FAITH-BASED RECOVERY</td>
<td>• Celebrate Recovery; Living Free, Clean Sober and Saved; Reformers Unanimous, FREEDOM</td>
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<td>RECOVERY HOUSING – PRE/POST</td>
<td>• Contemplative (HerStory) / Long-term NAAAR and ORH APPROVED HOUSING</td>
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<td>RECOVERY MINISTRY</td>
<td>• Refuge, Jeremiah Treehouse, ALPHA HOUSE</td>
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<td>COMMUNITY CENTER</td>
<td>• “Hope Spot”, RAMCO, RECOVERY CAFÉ</td>
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<td>GRIEF GROUP</td>
<td>• GAP, GRIEF SHARE</td>
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<td>PARENTS GROUP</td>
<td>• TAPU, COVER 2, Families of Addicts, PALS, APF</td>
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<td>QRT</td>
<td>• ED Help, Ride-Along, FAITH FOCUSED PEERS!</td>
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<tr>
<td>PREVENTION</td>
<td>• Evidence-Based, “The Good Life”</td>
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<tr>
<td>&quot;WHY&quot;</td>
<td>&quot;WHAT&quot;</td>
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<td>COALITIONS</td>
<td>• Faith Representation Is Critical</td>
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<td>HOST AN EVENT</td>
<td>• Epidemic Of Hope/Hidden In Plain Sight</td>
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<td>SIMPLE PLAN</td>
<td>• NARCAN, MHFA</td>
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<td>PRAYER OR CANVAS</td>
<td>• Batterson (Circles)</td>
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<td>SIMPLE SERVICES</td>
<td>• Meals, Rides, Family Help (Dan Palmer)</td>
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<tr>
<td>CAREPORTAL/SAFE FAMILIES</td>
<td>• Proven Partners (Kits)</td>
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<tr>
<td>SUPPORT THE ONGOING EFFORTS</td>
<td>• Financially/Volunteers</td>
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<tr>
<td>FOSTER CARE</td>
<td>• Fostering Families</td>
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GET CREATIVE!!!
“It is vain to talk of the interest of the community, without understanding what is the interest of the individual.”

Jeremy Bentham
EMERGING “OPPORTUNITIES”

NAVIGATION
TECH
VIRTUAL CASE MANAGEMENT
GREAT EXAMPLE – Butler, Warren, Clermont
Building a Foundation for Wellness: An Ecosystem for Recovery

Faith-Focused Partners
VIRTUAL “Concierge”/Case Management
Government alone cannot solve the problems we deal with in our correctional facilities, treatment centers, homeless shelters and crisis centers - we need our faith-based and community partners.

Dirk Kempthorne