



Department of
**Mental Health &
Substance Abuse Services**

Office of Faith-Based Initiatives:

Access to Recovery through Faith Based Collaborations: A top down, strategic approach, to equip communities of faith

Facts:

The opioid crisis has cost Tennessee workers, wages, and wellness!

- The negative labor market and economic effects of the opioid crisis have been substantially more severe in Tennessee than they have been nationwide.



Between 1999 and 2015, the volume of prescription opioids per capita in Tennessee rose 710 percent (about 14 percent annually).



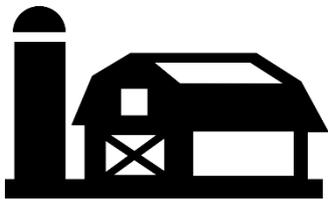
The rise in opioid prescriptions from 1999 to 2015 led the labor force participation rate for both prime-age men and women to decline.

Facts:



<https://icon-library.net/icon/male-and-female-icon-16.html>>Male And Female Icon #171443

- In 2015, opioids kept **28,200 men** and **38,700 women** in Tennessee out of the labor force.



- The detrimental effect of opioids on labor markets holds true for both **rural** and **nonrural counties**.

Numbers:

- From 1999 to 2015, the rise in opioid dependency and resulting decline in prime-age labor force participation cumulatively cost Tennessee's economy nearly 900 million work hours.

900,000,000 x \$7.25 (current minimum wage) =

\$6,525,000,000
in lost wages



Paradigm Shift: Leveraging the Faith Community

Partnering with Tennessee's Faith Community to effectively reimagine the conversation around Recovery:

- Supplementing Organic Strategic Capacity
 - ✓ Over 12,000 Congregations/Institutions
 - ✓ Over 3.5 million People
- The faith community **CAN** help!
 - ✓ We lose almost 3000 Tennesseans each year to overdose (1776) and suicide (1163) combined.
Over 2.5k people of faith per each loss.



Faith-Based Initiative Goals

The goals of the Faith-Based Initiative are to:

- Connect individuals struggling with addiction to treatment.
- Facilitate understanding of what treatment and recovery are.
- Increase knowledge of what addiction is.
- Understand the continuum of care and collaborate with it.
- Help groups understand and implement the best practice model.
- Promote and improve effectiveness of the faith-based initiative and how it connects the community with recovery and support services.

Getting Started

Resources to access and leverage across your state might include:

- Community Anti-Drug Coalitions
- Treatment and Recovery Courts
- Addiction Recovery Program (ARP) Agencies
- Local Health Departments
- Health Educators
- Local Law Enforcement Agencies
- Colleges /Universities

See descriptions of each at:

<https://www.tn.gov/content/tn/behavioral-health.html>

Build the Capacity

- Certified Peers
- Faith-Based Community
Coordinators
- Project Lifeline
- Tennessee Recovery Navigators



Network of Certified Peer Recovery Specialists



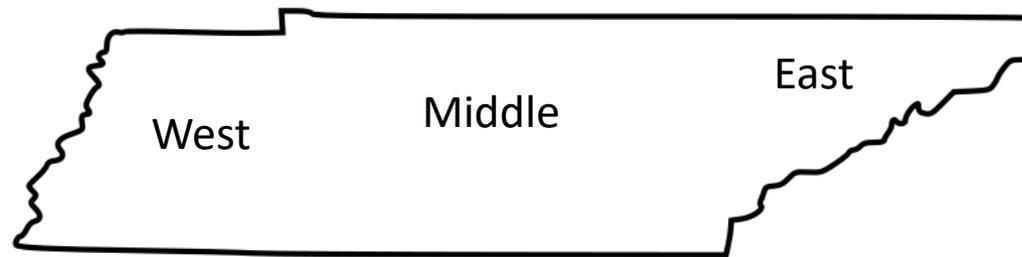
- Help others on the path to recovery from mental illness or substance abuse.
- Have firsthand experience with mental illness and/or substance abuse and can offer support and understanding.
- Have at least two years of active recovery.
- Use their personal recovery story to help others.
- Promote self-determination, personal responsibility, and empowerment.

For more info:

<https://www.tn.gov/behavioral-health/mental-health-services/cprs/peer-recovery-services/certified-peer-recovery-specialist-program.html>

Faith Based Community Coordinator

- A group of individuals with lived experience responsible for recruiting, training, and certifying congregations as Recovery Congregations
- There are three (3) Faith Based Community Coordinators. One (1) in each of Tennessee's Grand Divisions



- Each one is housed in an established Substance Abuse Prevention Coalition across the state

For more info:

<https://www.tn.gov/behavioral-health/substance-abuse-services/faith-based-initiatives.html>

Best Practice Model

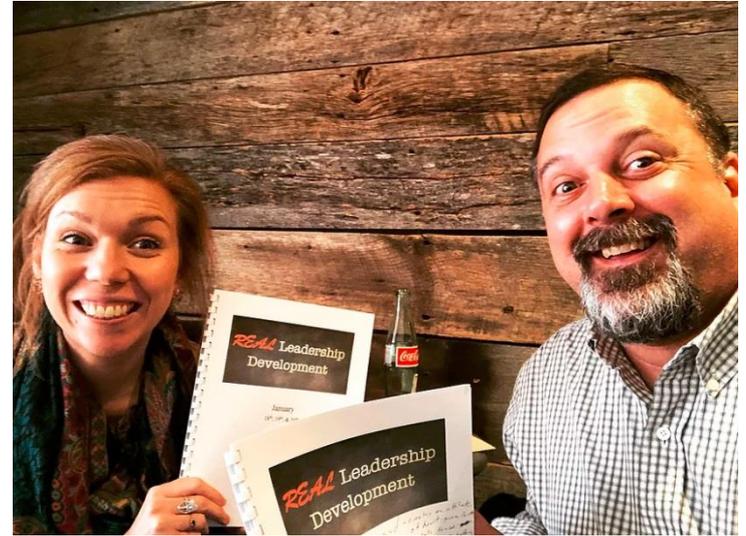
- Provide Spiritual/Pastoral Support according to your congregation culture
- View addiction by its definition - as a treatable disease
- Embrace and support people in recovery and walk with them on their journey
- Disseminate recovery information that the Department will provide
- Host or refer individuals to recovery support groups
 - TN Project Lifeline will help guide, if needed
- **Become a Certified Recovery Congregation**

https://stateoftennessee.formstack.com/forms/certified_recovery_congregations

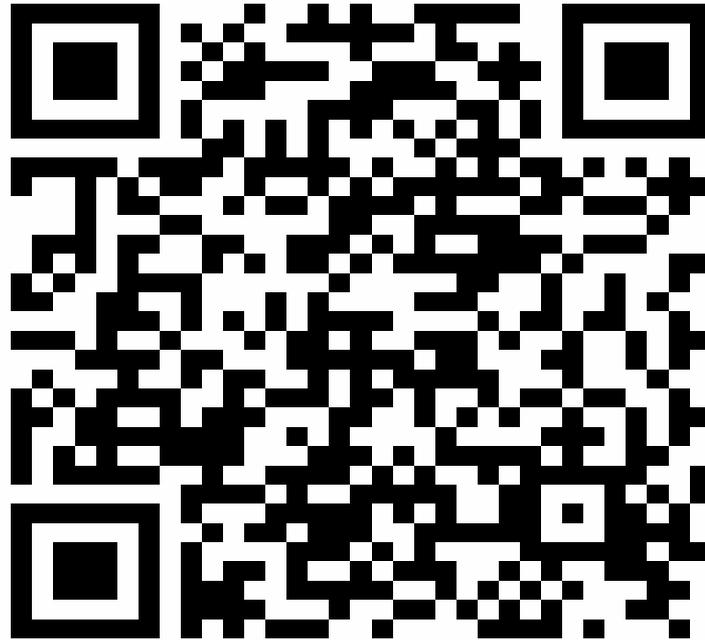
Types of Support Ministries Recovery Friendly Congregations

Recovery Support is not just 12 Steps:

- Employment services and job training
- Outreach
- Life skills
- Relapse prevention
- Spiritual and faith-based support
- Housing assistance and services
- Education
- Child care
- Substance abuse education
- Family/marriage education
- Case management and individual services coordination, providing linkages with other services
- Self-help and support groups (e.g., 12-step groups, SMART Recovery®, Women for Sobriety)
- Parent education and child development support services
- Transportation to and from treatment, recovery support activities, employment, etc.
- Peer-to-peer services, mentoring, and coaching



QR Scan Code



Faith Based Community Coordinator

635 Certified Recovery Congregations

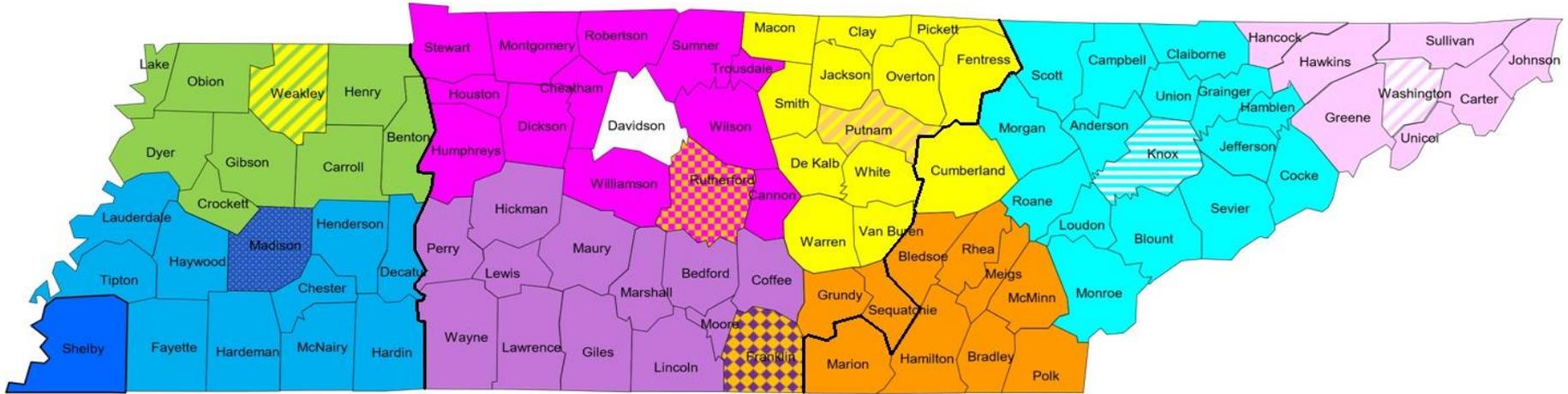
Educational Forums in all 95 Counties

Increased Awareness of Recovery Support Resources
Statewide

We are a resource for you!



Faith Based Community Coordinator Map



West Tennessee

Amy Bechtol
731-694-1993
amy@jmplprevent.org

Middle Tennessee

Jaime Harper
615-603-9092
jharper@pc4s.org

East Tennessee

Sarah Keel
865-850-6884
skeel@metrodrug.org

What is the Lifeline Peer Project

The Lifeline Peer Project was established to reduce the stigma related to the disease of addiction and increase community support for policies that provide for treatment and recovery services.

Project approaches include:

- Establishment of evidence-based addiction and recovery programs
- Educational presentations for civic groups, faith based organizations, and community leaders to increase understanding of the disease of addiction and support for recovery strategies.



Lifeline Peer Project

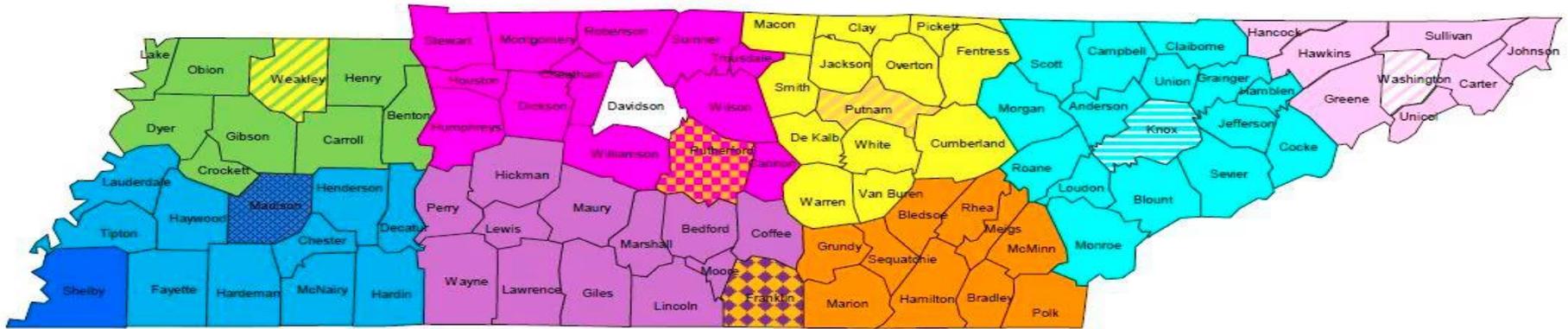
- There are 10 Lifeline Peer Project Coordinators
- Each located in Substance Abuse Prevention Coalitions across the state
- Lifeline's Outcomes:
Provided **5,594** recovery trainings
- Referred **11,264** people to treatment and recovery support services
- Started over **600** new recovery meetings



Commissioner Williams and Anne Hazlet



Lifeline Coordinator Map



Region 7

Memphis Area Prevention Coalition

Contact: Lincoln Coffman
lcoffman@memphisprevention.org
 901-289-9706

Region 6 N

Weakley County Alliance for a Safe and Drug Free Tennessee

Contact: Brannon Powell
brannonpowell@yahoo.com
 731-223-2755

Region 4

Nashville Prevention Partnership

Contact: Kirk Johnson
kirk@npponline.org
 615-715-1017

Region 3 N

Power of Putnam

Contact: Nathan Payne
npayne2012@comcast.net
 865-266-9764

Region 2

Metropolitan Drug Commission

Contact: Jason Goodman
jgoodman@metrodrug.org
 865-321-7107

Region 1

Insight Coalition of Washington County

Contact: Jason Abernathy
jason@insightalliance.org
 423-384-6150

Region 6 S

Community Anti-Drug Coalition of Jackson-Madison County

Contact: Dianne Sherrod
dsherrod@tnlifeline.com
 731-694-3161

Region 5 N

Community Anti-Drug Coalition of Rutherford County

Contact: Will Taylor
wiltaylor37031@gmail.com
 615-203-9066

Region 3 S

Franklin County Prevention Coalition

Contact: Dave Hodges
davidchodges@gmail.com
 931-709-1161

Region 5 S

Franklin County Prevention Coalition

Contact: Allen Burnette
allenburnette@gmail.com
 931-308-7689

Supervisor

TN Department Mental Health and Substance Abuse Services

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Department of
**Mental Health &
Substance Abuse Services**

“Recovery Navigators”

Another Piece of the Puzzle

What are Tennessee Recovery Navigators?

- A network of CPRS' in long-term recovery who provide access points to treatment and recovery resources.
- Their primary responsibility is to meet patients who have recently overdosed in the ER/ED.
- Inform a patient about the services available to help them enter treatment and eventually long-term recovery.
- **Our goal:** By meeting patients in EDs, break the cycle of overdose and increase the number of individuals who are connected with treatment and recovery resources.

For more info:

<https://www.tn.gov/behavioral-health/substance-abuse-services/treatment--recovery/treatment---recovery/tennessee-recovery-navigators.html>

Role of the Navigator

- The Navigator IS:
 - Certified Peer Recovery Specialist
 - Use lived experience to connect with individuals
 - A resource for ER/ED teams to navigate the treatment & recovery continuum
- The Navigator ISN'T:
 - Law enforcement
 - **Doctor, therapist, or clinician**
 - Counselor
 - Sponsor



Recovery Navigators, 2018

Who Have We Served?

- All areas currently seeing patients
 - **871 patients served** between June 1, 2018 – June 30, 2019

Counties of Residence

- Homeless
- Blount
- Bradley
- Carter
- Cheatham
- Claiborne
- Clay
- Coffee
- Crockett
- Davidson
- Dekalb
- Dickson
- Franklin
- Gibson
- Greene
- Grundy
- Hamblen
- Hamilton
- Hancock
- Hardeman
- Hardin
- Hawkins
- Houston
- Humphreys
- Jefferson
- Johnson
- Knox
- Lauderdale
- Loudon
- Madison
- Maury
- McMinn
- Montgomery
- Morgan
- Polk
- Roane
- Robertson
- Rutherford
- Sevier
- Shelby
- Smith
- Sullivan
- Sumner
- Tipton
- Trousdale
- Unicoi
- Warren
- Washington
- Williamson
- Wilson



Department of
**Mental Health &
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***“Regional Overdose Prevention
Specialist”***

Opportunity

Opportunity: Regional Opioid Prevention Specialists ROPS

- The ROPS have varied backgrounds, including peer nurses' that are in recovery, paramedics, and peer specialists
- Point of contact for training and education and for the distribution of naloxone.
- Provide trainings to medical professionals, law enforcement, pharmacists, treatment providers, key stakeholders, and lay persons on topics such as best practices for prescribing opioids, pain management, recognizing potential cases of substance use disorder, referrals to treatment programs, chronic pain management without opioids, signs and symptoms of overdose, and preventing overdose.

For more info:

<https://www.tn.gov/behavioral-health/substance-abuse-services/prevention/prevention/regional-overdose-prevention-specialists.html>

TN Opioid STR/SOR Prevention Objectives:

1. Provide opioid awareness and overdose trainings in **every county** In Tennessee to:
 - First Responders
 - Individuals at high risk of overdose, their families, and/or friends
 - Agencies/Organizations that provide treatment/recovery services or community resources
2. Implement an advertising/media campaign
3. Develop resource guides on treatment, recovery, and social services
4. Distribute Naloxone to:
 - Individuals at high risk, their families, and peers
 - First Responders
 - Agencies providing treatment, recovery, or community resources

The Connection

- **Faith Based Community Coordinators** recruit and build relationships with congregations willing to follow the best practice model
- **Project Lifeline** works with the volunteer Recovery Congregations to build recovery support programs
- **Tennessee Recovery Navigators** work with Project Lifeline to identify Community based resources including, but not limited to, Recovery Congregations.
- All three (3) work to help guide individuals into treatment and support services

Finishing Pieces

- Connecting the Faith Community to Hospitals and Treatment Programs through Faith Based Community Coordinators, Project Lifeline and Recovery Navigators
- Connecting the Faith Community to Recovery Support Programs and Resources
- Congregations identifying champions to become Peer Recovery Specialist



Additional Information:

- [https://www.tn.gov/content/dam/tn/mentalhealth/documents/TDMHSAS Faith-Based Toolkit.pdf](https://www.tn.gov/content/dam/tn/mentalhealth/documents/TDMHSAS_Faith-Based_Toolkit.pdf)
- <https://www.tn.gov/behavioral-health/mental-health-services/cprs/peer-recovery-services/certified-peer-recovery-specialist-program.html>
- <https://www.tn.gov/behavioral-health/substance-abuse-services/prevention/prevention/lifeline-peer-project.html>
- <https://www.tn.gov/behavioral-health/substance-abuse-services/treatment---recovery/treatment---recovery/tennessee-recovery-navigators.html>
- <https://www.tn.gov/behavioral-health/substance-abuse-services/faith-based-initiatives.html>
- <https://www.tn.gov/behavioral-health/substance-abuse-services/prevention/prevention/regional-overdose-prevention-specialists.html>



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