



**ATTC & NCDVTMH
Resources for Addressing
Substance Use Disorder (SUD)
and Intimate Partner Violence (IPV)**

Overview

The following materials were provided by a collaborative effort between the **Addiction Technology Transfer Center (ATTC) Network Coordinating Office (NCO), Mountain Plains ATTC - Region 8**, and the **National Center on Domestic Violence, Trauma, and Mental Health (NCDVTMH)**.

Disclaimer

This list is by no means exhaustive, but a starting point for professionals and practitioners to explore resources related to substance use disorder and intimate partner violence.

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Guidance and Toolkits

[7 Common Practices in Substance Use Disorder Care That Can Hurt Survivors and What You Can Do Instead](#) (NCDVTMH)

- This tipsheet offers a brief overview of common practices that harm survivors seeking substance use disorder treatment and recovery support services and provides alternatives that are trauma-informed and align with best practices.

[Rural Intimate Partner Violence Survivors and Substance Use Disorders: Implications for SUD Treatment and Recovery Providers](#) (Mountain Plains ATTC)

- This document is a primer for providers of substance use disorder (SUD) treatment services to gain a deeper understanding of the intersection of intimate partner violence (IPV) and SUDs. It provides background information on IPV, describes how IPV and SUDs intersect, suggests how providers may integrate screening for IPV into their practice, provides suggestions for brief intervention with survivors, suggests further practice recommendations, and highlights multiple resources for further information on the subject matter. The material underscores the unique dynamics of working with survivors residing in rural areas and presents a case scenario of a woman living in a rural community with recommendations that are based on the limitations of available resources in rural areas.

[Committed to Safety for ALL Survivors: Guidance for Domestic Violence Programs on Supporting Survivors Who Use Substances](#) (NCDVTMH)

- Resource guide to advocate for survivors who use substances and to strategize safety planning around substance use. This guide is accompanied by a 5-part webinar series ([recordings of parts 1-4 are currently available](#); part 5 is scheduled for May 2021).

[A Guide to Using Text Messages to Improve Substance Use Treatment Outcomes](#) (Mountain Plains ATTC)

- A recorded webinar series that reviews the evidence on the effectiveness of text reminders and offers tips for providers to use to help patients remain in treatment and/or continue involvement with recovery support services. A downloadable manual will serve as the guide for the series that will demonstrate how to develop different automated texting sequences using a text message service provider platform.
 - **Part 1:** provides an overview of evidence for the effectiveness of text reminders and tips including best practices for developing and sending automated text messages; language of texting; examples of effective text messages for both individual and group sessions.

- **Part 2:** a live demonstration on how to develop an automated texting sequence using a text message service provider and show a basic strategy for organizing and sending batch text messages. Participants will have the opportunity to subscribe and receive these text messages during the presentation.

Motivational Interviewing Prompt and Reminder Posters (Mountain Plains ATTC)

- Recent research on implementation science highlights the importance of understanding the practical strategies that support uptake of new practices and adoption of evidence-based practices (EBP) by clinicians. For example, placing reminders or prompts in the practice setting where the clinician can easily see them provides timely cues that reinforce use of the EBPs. [see Cullen & Adams, 2012; Leathers, 2016; Sholomskas et al., 2005]. With this in mind, the MPATTC worked with a Motivational Interviewing (MI) expert/researcher to create posters that serve as a reminder/prompt about four important tenets of MI and reinforce use of this EBP by clinicians. These posters can be downloaded in multiple formats directly from the MPATTC website and include a QR code that can be scanned to access additional MI resources, products, and training found within the ATTC Network. It is recommended to display these posters together, however they can be used individually as well.

SAMHSA Tip Sheet: Intimate Partner Violence and Child Abuse Considerations During COVID-19 (SAMHSA)

- This factsheet provides information and resources for those who are at risk of intimate partner violence or child abuse.

Screening for SUD - Provider SBIRT Pocket Card (Mid-America ATTC)

- The SBIRT pocket card was developed for use as a guide during a brief alcohol or substance abuse intervention with patients. One side of the card includes a standard drink chart, low-risk alcohol consumption chart, screening questions to determine probable risk, a definition of risk categories and recommended actions. The other side identifies misuse through a five-step intervention procedure, includes a summary of key interviewing techniques and provides a readiness-to-change scale to share as a visual aid with patients.

Substance Use Coercion

[NCDVTMH Understanding Substance Use Coercion \(NCDVTMH\)](#)

- An online collection of resources to identify, understand, and address substance use coercion for diverse audiences: coalition, program, and agency leaders; policymakers; researchers; advocates, recovery support specialists, and other health and mental health service providers

[Substance Use Coercion Palm Card \(NCDVTMH\)](#)

- A reference card for mental health and substance use recovery support specialists, healthcare providers, advocates, and anyone working with survivors who may use substances. Keep a copy in your pocket, on your desk, or attached to your clipboard.
- Two versions designed for easy printing on [8.5" x 11" paper](#) or [5" x 7" cardstock](#)

[In Honor of Domestic Violence Awareness Month: Responding to Substance Use Coercion in Treatment and Recovery Services \(ATTC Messenger penned by Gabriela Zapata-Alma and Carole Warshaw\)](#)

- This article on the prevalence of IPV among people seeking SUD and other behavioral health services includes recommendations for addressing substance use coercion in clinical practice and building capacity to address IPV and substance use coercion in substance use treatment and recovery services.

Substance Use and Mental Health

[Working at the Intersection of Intimate Partner Violence and Mental Health \(NCDVTMH, MHTTC\)](#)

- Slides from a July 2020 joint MHTTC-NCDVTMH webinar on IPV and Mental Health Amidst the COVID-19 Crisis and Beyond

[Depression, Alcohol and Farm Stress: Addressing Co-Occurring Disorders in Rural America \(Mountain Plains ATTC\)](#)

- This guide provides resources specific to screening for co-occurring disorders experienced by farmers, farmworkers and farm families in rural communities. The guide uses a case scenario to illustrate the most common barriers encountered in identifying co-occurring disorders and underscores the unique needs of rural communities that are home to agricultural producers.



Acronyms

ATTC – Addiction Technology Transfer Center

IPV - Intimate Partner Violence

NCDVTMH - National Center on Domestic Violence, Trauma, and Mental Health

NCO – Network Coordinating Office

SUD - Substance Use Disorder