National Hispanic and Latino

ATTC Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Hispanic & Latino
Veterans & Substance Use Disorders

65% of Veterans who experience an SUD also face issues with mental health illness.[1]

Veterans who come home after serving in a combat zone, 80% experience issues with alcohol, and 27% experience issues with an SUD. [2]

There are 1.3 million Latino Americans in the U.S. - by 2030 there will be a 2.6 million who may need access to care for an SUD or Mental Health Disorder.[3]

Veterans who are suffering from and SUD are 3-4 times more likely to receive a diagnosis of depression.[4]

25% of Veterans have been diagnosed with Post Traumatic Stress Disorder (PTSD) [5]

The effects of PTSD can affect sleep, employment, social relationships, driving and the ability to deal with day to day life. [6]

PTSD Therapy Goals

- **Improve the symptoms**
- **Teach skills to deal with trauma**
- **Restore self-esteem [7]**

References

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6. and 7. https://www.ptsd.va.gov/understand/what/ptsd_basics.asp

For resources, please visit:
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