

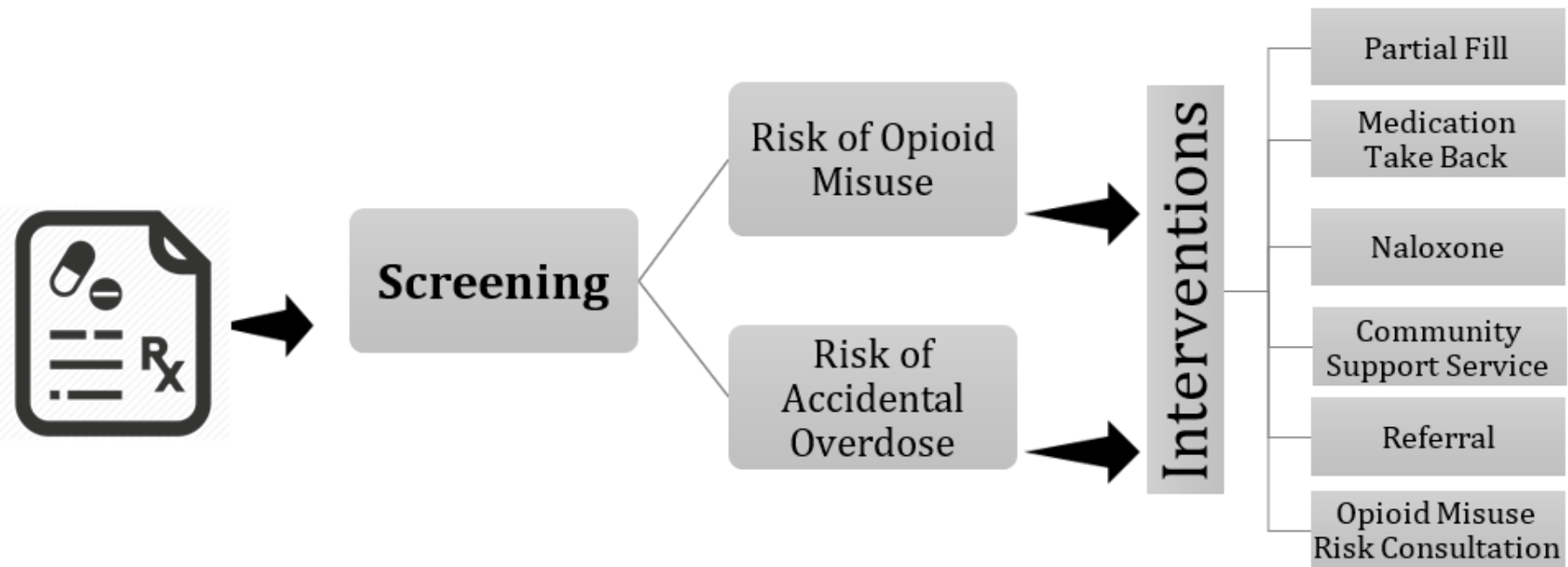


Be The ONE

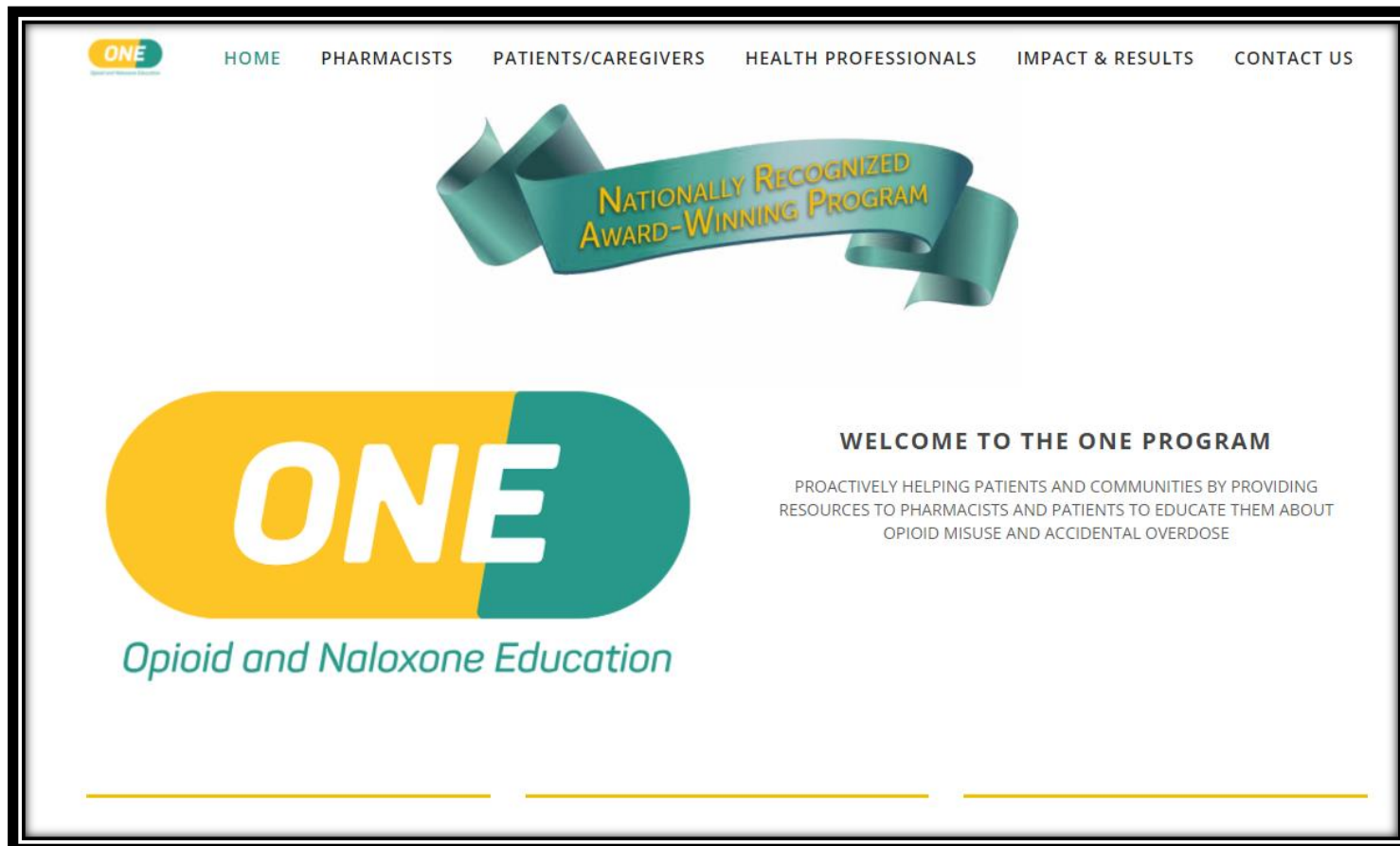
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ONE Program



ONE Program



The screenshot shows the homepage of the ONE Program website. At the top left is the ONE logo. A navigation menu includes links for HOME, PHARMACISTS, PATIENTS/CAREGIVERS, HEALTH PROFESSIONALS, IMPACT & RESULTS, and CONTACT US. A teal ribbon graphic contains the text "NATIONALLY RECOGNIZED AWARD-WINNING PROGRAM". The main content area features a large "ONE" logo with a yellow-to-teal gradient background, followed by the tagline "Opioid and Naloxone Education". To the right, a heading reads "WELCOME TO THE ONE PROGRAM", followed by a paragraph: "PROACTIVELY HELPING PATIENTS AND COMMUNITIES BY PROVIDING RESOURCES TO PHARMACISTS AND PATIENTS TO EDUCATE THEM ABOUT OPIOID MISUSE AND ACCIDENTAL OVERDOSE". A horizontal line is at the bottom of the content area.

ONE

HOME PHARMACISTS PATIENTS/CAREGIVERS HEALTH PROFESSIONALS IMPACT & RESULTS CONTACT US

**NATIONALLY RECOGNIZED
AWARD-WINNING PROGRAM**

ONE

Opioid and Naloxone Education

WELCOME TO THE ONE PROGRAM

PROACTIVELY HELPING PATIENTS AND COMMUNITIES BY PROVIDING
RESOURCES TO PHARMACISTS AND PATIENTS TO EDUCATE THEM ABOUT
OPIOID MISUSE AND ACCIDENTAL OVERDOSE

<https://one-program.org/>

West Virginia Partnership



ONEbox training:<https://www.wvdii.org/naloxonetraining>

<https://www.wvdii.org/bto>

Be The ONE

▶ Objectives

- ▶ Increase naloxone saturation
- ▶ Increase the number of students trained to respond to an opioid overdose
- ▶ Provide education on naloxone
- ▶ Increase the number of ONEboxes available on college campuses

Be The ONE

▶ Step one

- ▶ Find a student organization/champion group
 - ▶ American Pharmacists Association- Student Pharmacists

▶ Step two

- ▶ Discuss with campus administrators
 - ▶ Vice President of Student Affairs
- ▶ Faculty support/buy-in
- ▶ Healthcare professional and/or substance misuse expert

Be The ONE

- ▶ **Campus Collaborators**
 - ▶ Public relations
 - ▶ Campus police
 - ▶ Residence Life
 - ▶ Fraternity/Sorority Life
- ▶ **Provide Education to Collaborators**
 - ▶ Naloxone does not cause harm
 - ▶ Communities with increased naloxone access = decreased opioid overdoses
 - ▶ Opioid overdose can happen to anyone
 - ▶ Marijuana laced, pain medication post-surgery, medication interaction
 - ▶ Fire extinguisher/AED comparisons

Be The ONE

- ▶ Starting with fraternity/sorority housing and residents life
- ▶ Initial meeting with unit leaders
 - ▶ Chapter presidents (president's council)
 - ▶ Hall directors
- ▶ Unit leaders schedule training sessions
- ▶ Training lead by students
 - ▶ Healthcare professional president upon request
 - ▶ Healthcare professional faculty
 - ▶ Counseling center collaboration

Be The ONE

Preparation

- ▶ Develop training presentations
 - ▶ 15 minutes, 30 minutes, 1 hour
 - ▶ Trainer script
- ▶ Prepare training totes
 - ▶ Naloxone demo doses
 - ▶ Portable projector/screen
 - ▶ ONEbox installation checklist
 - ▶ Summary documents/ordering cards
- ▶ Naloxone for ONEbox

BE THE ONE

Naloxone Training Education

Order your own here: 



OPIOIDS

- medications primarily used to provide pain relief
- can lead to addiction and/or death even if taken properly
- can be laced into other substances or made to look like candy

NALOXONE (NARCAN)

- medication used to reverse an opioid overdose
- WILL NOT HARM if given to someone who is not experiencing an overdose
- administered nasally



SIGNS OF AN OPIOID OVERDOSE

- Unconscious or unable to wake up
- Breathing slows or stops
- Choking or gurgling noises
- Body goes limp
- Pale face
- Purple/blue fingernails and lips

OVERDOSE ACTION STEPS

1. Call 911
2. Administer Naloxone if available
3. Move person into recovery position
4. Stay with person until help arrives
 - You are protected under the Good Samaritan law for reporting an emergency regardless of intoxication

ONEbox

- ▶ Installation Form
 - ▶ ONEbox site/location
 - ▶ When to conduct annual training
 - ▶ Naloxone
- ▶ Location database
 - ▶ Tracks expiration dates/lot numbers of naloxone
 - ▶ Overseen by student organization
 - ▶ Updated annually



Phase Two

- ▶ Student organizations
- ▶ Student government
- ▶ Faculty/staff
- ▶ Education
 - ▶ Naloxone
 - ▶ ONEbox locations
 - ▶ How to provide a rescue
 - ▶ Stigma reduction



NALOXONE
SAVES
LIVES

The Training

Audience = college students

SUPPORTIVE CONVERSATIONS

Recommended Language	Stigmatizing Language
Substance Use Disorder, Use/Misuse	Abuse, Drug Problem, Drug Habit
Has a [X] use disorder, Person who uses [X]	Addicted to [X], Addict, Druggie
In recovery	Sober
Resumed substance use	Relapsed
Withdrawal management	Detox



The Training

Taking more medication than prescribed

Taking medication for a different reason than why it was prescribed

Sharing or taking someone else's medication



MEDICATION MISUSE

SIGNS OF AN OPIOID OVERDOSE

Unconscious or unable to wake up

Breathing slows or stops

Choking or gurgling noises

Body goes limp

Pale face

Purple/blue fingernails and lips



Assessing the Training Impact

- ▶ Pre-, Post-, Delayed-Post surveys
 - ▶ Knowledge about opioid overdose (signs/symptoms and how to respond)
 - ▶ Knowledge about naloxone
 - ▶ Social distance preference (marker of stigma)