

## **Opioid Crisis – Emerging Trends Toolkit**

The National Hispanic and Latino Addiction Technology Transfer Center (NHL ATTC) is proud to present the Opioid Crisis Emerging Trends Toolkit, a comprehensive resource designed to equip individuals and organizations with the knowledge and tools needed to effectively respond to this ever-changing landscape. This toolkit brings together factsheets, podcasts, short videos, and expert insights, providing a roadmap for understanding, preventing, and treating opioid addiction. **The resources are available in English and Spanish.** We hope these resources are useful for you and for your healing process. Please share it with your family, friends, and colleagues.

Stay safe, healthy, and remember we are all in this together.

Thank you. ¡Gracias!

### **FACTSHEETS**

#### **Naloxone Guide and Resources**

This snapshot of information is intended to provide resources to individuals, parents, professionals, and providers on the importance of Naloxone use among Latinos in the United States.

[https://attcnetwork.org/sites/default/files/2023-04/Naloxone\\_ENGLISH%20-%20ATTC%20Infographic%5B80%5D.pdf](https://attcnetwork.org/sites/default/files/2023-04/Naloxone_ENGLISH%20-%20ATTC%20Infographic%5B80%5D.pdf)

#### **Xylazine 101: Xylazine Use and its Impact on Communities Across the United States**

This snapshot of information is intended to provide resources to individuals, parents, professionals, and providers on xylazine use and its impact on communities across the United States.

[https://attcnetwork.org/sites/default/files/2023-04/Xylazine\\_ENGLISH%20-%20ATTC%20Infographic-16.pdf](https://attcnetwork.org/sites/default/files/2023-04/Xylazine_ENGLISH%20-%20ATTC%20Infographic-16.pdf)

#### **Fentanyl Resource Factsheet for Providers**

This snapshot of information is intended to provide resources to individuals, parents, professionals, and providers on fentanyl use among Latinos in the United States.

[https://attcnetwork.org/sites/default/files/2023-03/Fentanyl%20\\_ENGLISH%20-%20ATTC%20Infographic-10.pdf](https://attcnetwork.org/sites/default/files/2023-03/Fentanyl%20_ENGLISH%20-%20ATTC%20Infographic-10.pdf)

#### **Stigma and Substance Use Disorder**

This snapshot of information is intended to inform individuals, parents, professionals, and providers of how the stigma around substance use disorder (SUD) impacts Hispanic & Latino populations in the US.

[https://attcnetwork.org/sites/default/files/2023-06/Stigma%20%26%20SUD\\_ENGLISH%20-%20ATTC%20Infographic.pdf](https://attcnetwork.org/sites/default/files/2023-06/Stigma%20%26%20SUD_ENGLISH%20-%20ATTC%20Infographic.pdf)

## **Harm Reduction Awareness for Latino Communities**

This snapshot of information is intended to provide a quick resource to individuals, parents, professionals, and providers on Harm Reduction Awareness for the Latino population.

<https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/harm-reduction-awareness-latino-communities>

## **WEBINAR**

### **Unmasking the Crisis: Exploring Intentional Substance Use Disorder Overdoses Among the Hispanic/Latino Population – Q&A**

Understanding the Factors, Addressing the Crisis, and Promoting Resilience

<https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/unmasking-crisis-exploring-intentional-substance>

### **SUD Stigma, Treatment, and Recovery for Hispanic/Latinos**

The National Hispanic/Latino ATTC, WESTAT, the National Hispanic/Latino MHTTC, and Shatterproof as part of the Partnerships for Equity to Eliminate Behavioral Health Disparities for Hispanic/Latino communities are presented in a three-part virtual learning series. This series is designed to enhance education and information related to risk factors that contribute to substance use disorders (SUD) among Hispanic/Latino communities, particularly focused on opioids and Fentanyl. The importance of crisis intervention strategies and skills helps to mitigate the cultural nuances of treatment and recovery. Lastly, the presenter discusses stigma, the 3 different types of stigmas, and findings from the stigma index produced by Shatterproof. The training will provide Behavioral Health providers (CHW's, promotores, project coordinators, social workers, family members, etc.) a knowledge-based approach to early intervention and SUD identification for Hispanic and Latino community members and their families.

<https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/sud-stigma-treatment-and-recovery-hispaniclatinos>

### **A Cultural Adaptation of Screening, Brief Intervention, and Referral to Treatment, (SBIRT) for Working with Hispanic and Latinx Communities**

Culturally and linguistically appropriate strategies are the means to ensure respectful and responsive services that enhance effective outcomes for racial, ethnic, and other underserved communities in behavioral health care. As such, being culturally informed when conducting evidence-based (EB) practices such as Screening, Brief Intervention, and Referral to Treatment, (SBIRT) can help Hispanic and Latinx clients reduce their substance use.

SBIRT is an evidence-based practice that helps practitioners identify and intervene with people whose pattern of substance use puts them at risk for or are experiencing substance-related health and other psychosocial problems. The question is: How do we facilitate SBIRT without compromising the fidelity of the model while practicing culturally responsive care?

This two-session webinar series reviews the current landscape of substance use and the benefits of culturally adapted evidence-based interventions that align with culturally and

appropriate services standards, (CLAS). Further, the content informs on how a culturally informed framework can help meet the needs and enhance quality care among Hispanic communities at risk.

<https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/cultural-adaptation-screening-brief-intervention>

### **Implications of the Opioid Crisis in the U.S. Latino Population**

This webinar discussed the implications of the opioid crisis in the Latino population in the US. It discussed the social and cultural factors that cause substance misuse in Latinos. Additionally, barriers to services and treatments are discussed, along with strategies on how to increase engagement and use of services.

<https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/implications-opioid-crisis-us-latino-population>

## **SHORT VIDEOS**

### **Harm Reduction**

In today's video, we would like to discuss harm reduction and its importance and break down some of the stigma often associated with this topic.

<https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/harm-reduction>

### **August is Overdose Awareness Month and International Overdose Awareness Day**

This month our National Hispanic and Latino ATTC and PTTC would like to support August's Overdose Awareness Month and International Overdose Awareness Day, which takes place annually on August 31st.

<https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/august-overdose-awareness-month-and-international>

## **PODCAST**

### **Breaking the Silence: SUD and Stigma**

**\*\*DISCLAIMER:** This episode talks about death and grief, and it may be upsetting to some listeners. **\*\*** In This English episode of Latinos Con Voz podcast, Christina Mancebo-Torres interviews Dr. Cristina Rabadan-Diehl, Associate Director for Clinical Trials at Westat, on the impact of stigma on individuals facing opioid use disorder and their families.

<https://open.spotify.com/episode/0EtImOnDySkcDBEMmRk8PU>

## Español

### **Crisis de opioides - Herramientas de tendencias emergentes.**

El Centro Nacional de Transferencia de Tecnología de Adicción Hispana y Latina (NHL ATTC) se enorgullece en presentar el Kit de Herramientas de Tendencias Emergentes de Crisis de Opioides, un recurso completo diseñado para equipar a las personas y las organizaciones con el conocimiento y las herramientas necesarias para responder eficazmente a este panorama en constante cambio. Este kit de herramientas reúne fichas, podcasts, videos cortos y conocimientos de expertos, proporcionando una hoja de ruta para comprender, prevenir y tratar la adicción a los opioides. Los recursos están disponibles en inglés y español. Esperamos que estos recursos sean útiles para usted y para su proceso de curación. Por favor, compártelo con tu familia, amigos y colegas.

Manténganse seguros, sanos, y recuerden que todos estamos juntos en esto.

¡Gracias! Thank you!

\* Algunos de estos productos están disponibles en Inglés y Portugués

### **Naloxona Guía y Recursos**

Esta reseña informativa tiene por objeto proporcionar recursos a personas, padres, profesionales, y proveedores sobre la importancia del uso de la Naloxona entre los Latinos en Estados Unidos.

[https://attcnetwork.org/sites/default/files/2023-04/Naloxone\\_SPANISH%20-%20ATTC%20Infographic-5.pdf](https://attcnetwork.org/sites/default/files/2023-04/Naloxone_SPANISH%20-%20ATTC%20Infographic-5.pdf)

### **Xilazina 101: El uso de la Xilazina y Su Impacto en las comunidades de los Estados Unidos**

Esta reseña de información tiene por objeto proporcionar recursos a las personas, padres, profesionales y proveedores sobre el uso de la xilazina y su impacto en las comunidades de Estados Unidos

[https://attcnetwork.org/sites/default/files/2023-04/Xylazine\\_SPANISH%20-%20ATTC%20Infographic-15.pdf](https://attcnetwork.org/sites/default/files/2023-04/Xylazine_SPANISH%20-%20ATTC%20Infographic-15.pdf)

### **HOJA INFORMATIVA SOBRE EL FENTANILO PARA LOS PROVEEDORES**

Esta síntesis de información tiene por objeto proporcionar recursos a las personas, los padres, los profesionales y los proveedores sobre el consumo de fentanilo entre los Latinos en los Estados Unidos.

[https://attcnetwork.org/sites/default/files/2023-03/Fentanyl\\_SPANISH%20-%20ATTC%20Infographic-.pdf](https://attcnetwork.org/sites/default/files/2023-03/Fentanyl_SPANISH%20-%20ATTC%20Infographic-.pdf)

### **Discapacidad y Trastorno por Uso de Sustancias (TUS)**

El propósito de esta reseña informativa es informar a las personas, padres, profesionales y proveedores sobre como el estigma en torno a los Trastornos por el Uso de Sustancias (TUS) afecta a las poblaciones Hispanas y Latinas en los EE.UU.

<https://attcnetwork.org/sites/default/files/2023-06/Stigma%20%26%20SUD%20-%20ATTC%20Infographic-SPANISH.pdf>

### **Creando Conciencia Sobre La Reducción De Daños En Las Comunidades Latinas**

Esta reseña tiene como objetivo proporcionar recursos a individuos, padres, profesionales y proveedores sobre cómo crear conciencia de la Reducción de Daños en la población Latina.

[https://attcnetwork.org/sites/default/files/2022-09/HarmReductionAwarenessfactsheet\\_SPANISH.pdf](https://attcnetwork.org/sites/default/files/2022-09/HarmReductionAwarenessfactsheet_SPANISH.pdf)

### **WEBINAR**

#### **Comprendiendo la Crisis de Opioides en la Población Latina de los Estados Unidos: Implicaciones y Recomendaciones**

Este webinar discutió las implicaciones de la crisis de opioides en la población Latina en los Estados Unidos. Se discutieron los factores sociales y culturales que causan el abuso de sustancias en los Latinos. Además, se discuten las barreras a los servicios y tratamientos, junto con estrategias sobre cómo aumentar la participación y el uso de los servicios.

[https://www.youtube.com/watch?v=4n5WOvmA9\\_A](https://www.youtube.com/watch?v=4n5WOvmA9_A)

### **SHORT VIDEOS**

#### **La Reducción de Daño**

En el video de hoy, vamos a platicar sobre la reducción de daño y su importancia al igual que desbaratar el estigma que comúnmente acompaña a este tema.

<https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/harm-reduction>

#### **Agosto es el Mes de Concientización sobre Sobredosis y el Día Internacional de Concientización sobre Sobredosis**

Nuestros Centros Nacionales Hispano y Latino ATTC y PTTC desean apoyar el Mes de Concientización de Sobredosis del mes de agosto y el Día Internacional de Concientización de Sobredosis, que tiene lugar anualmente el 31 de agosto.

<https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/august-overdose-awareness-month-and-international>

### **PODCAST**

#### **Rompiendo el Silencio**

Episodio en Español de Latinos Con Voz podcast. **\*\*OJO: Este episodio habla sobre la muerte y el dolor y puede ser molesto para algunos oyentes\*\*** En este episodio Christina Mancebo-Torres entrevista a la Dra. Cristina Rabadan-Diehl, Subdirectora de investigaciones clínicas en Westat, sobre el impacto del estigma en personas enfrentando el trastorno por uso de opioides y sus familias.

<https://open.spotify.com/episode/23tMNvyO9JPFLDOy2JiwjQ>