

## Resources for Clinical Supervisors

Compiled by the Pacific Southwest ATTC for the September 2009 *Clinical Supervision in Practical Application: How to Support Positive Treatment Outcomes* Conference, conducted at the California Endowment Center for Healthy Communities in Los Angeles, California

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### Books

Addiction Technology Transfer Center Network. (2004). *The Change Book: A Blueprint for Technology Transfer* (2nd Ed.). Kansas City, MO: Addiction Technology Transfer Center Network.

Addiction Technology Transfer Center Network. (2004). *The Change Book Workbook: A Companion to The Change Book*. Kansas City, MO: Addiction Technology Transfer Center Network.

American Association for Marriage and Family Therapy. (2000). *Readings in Family Therapy: Selected Articles from the AAMFT Supervisor Bulletin*. Washington, DC: American Association for Marriage and Family.

Anderson, B. S. & Hopkins, B. R. (1996). *The Counselor and the Law* (4th ed.). Alexandria, VA: American Counseling Association.

Bernard, J. M. & Goodyear, R. K. (2004). *Fundamentals of Clinical Supervision* (3d ed.). Boston: Allyn & Bacon.

Boylan, J. C., Malley, P. B., & Reilly, E.P. (2001). *Practicum and Internship, Textbook and Resource Guide for Counseling and Psychotherapy* (3d ed.). London: Taylor and Francis Group.

Campbell, J.M. (2000). *Becoming an Effective Supervisor: A Workbook for Counselors and Psychotherapists*. Philadelphia: Accelerated Development/Taylor and Francis Group.

Campbell, J. M. (2006). *Essentials of Clinical Supervision*. New York: John Wiley and Sons.

Holloway, E. & Carroll, M., eds. (1999). *Training Counseling Supervisors: Strategies, Methods and Techniques*. London: Sage Publishers.

Hubble, M. A., Duncan, B. L., & Miller, S.D., eds. (2000). *The Heart and Soul of Change: What Works in Therapy*. Washington, DC: American Psychological Association.

Kinney, J. (2003). *Clinical Manual of Substance Abuse*. St. Louis, MO: Mosby, 1996.  
Legal Action Center. (2003). *Confidentiality and Communication: A Guide to the Federal Alcohol & Drug Confidentiality Law and HIPAA* (revised ed.). New York: Legal Action Center.

Maxwell, J. C. (2000). *Failing Forward: How to Make the Most of Your Mistakes*. Nashville, TN: Nelson Business.

Maxwell, J. C. (2006). *The 360 Degree Leader: Developing Your Influence from Anywhere in the Organization*. Nashville, TN: Nelson Business.

Maxwell, J. C. (2006). *The 360 Degree Leader Workbook: Developing Your Influence from Anywhere in the Organization*. Nashville, TN: Nelson Business.

Morrisette, P. J. (2001). *Self-Supervision: A Primer for Counselors and Helping Professionals*. New York: Brunner-Routledge.

Powell, D. J. & Brodsky, A. (2004). *Clinical Supervision in Alcohol and Drug Abuse Counseling: Principles, Models, Methods* (revised ed.). San Francisco: Jossey-Bass.

Shulman, L. (1993). *Interactional Supervision*. Washington, DC: NASW Press.

Simon, R. I. (2001). *Concise Guide to Psychiatry and Law for Clinicians* (3d ed.). Arlington, VA: American Psychiatric Publishing, Inc.

Skovholt, T. M. & Rønnestad, M. H. (1992). *The Evolving Professional Self: Stages and Themes in Therapist and Counselor Development*. New York: John Wiley and Sons.

Storm, C. L. & Todd, T. C. (2002). *The Reasonably Complete Systemic Supervisor Resource Guide*. New York: Authors Choice Press.

Walker, M. & Jacobs, M. (2004). *Supervision Questions and Answers for Counsellors and Therapists*. London: Whurr Publishers.

White, W. L. (1998). *Slaying the Dragon: The History of Addiction Treatment and Recovery in America*. Bloomington, IL: Lighthouse Institute.

White, W. L. (1997). *The Incestuous Workplace: Stress and Distress in the Organizational Family*. Bloomington, IL: Lighthouse Institute.

## **Manuals**

Center for Substance Abuse Treatment. (2007). *Competencies for Substance Abuse Treatment Clinical Supervisors*. Technical Assistance Publication (TAP) Series 21-A. DHHS Publication No. (SMA) 07-4243. Rockville, MD: Substance Abuse and Mental Health Services Administration.

**Abstract:** Clinical supervision has become an organizational function with its own conceptual framework and methodology. Key competencies for effective clinical supervision represent an array of knowledge and skills pertinent to the clinical, administrative, and evaluative responsibilities of a clinical supervisor. *TAP 21-A: Competencies for Substance Abuse Treatment Clinical Supervisors* synthesizes the functional responsibilities and essential skills of the clinical supervisor into one document that could serve as a standard for the field.

Fall, M. & Sutton, J. (2004). *Clinical Supervision: A Handbook for Practitioners*. Upper Saddle River, NJ: Merrill.

**Abstract:** This is an exciting new handbook about clinical supervision written by practitioners, driven by clinical practice, and focused solely on practice. *Clinical Supervision: A Handbook for Practitioners* provides readers with an abundance of practical application exercises, examples, case studies, demonstration transcripts and discussion questions that translate into real world supervision. The authors guide students through the clinical supervision process while presenting many of the important issues supervisors face along the way.

## **Newsletters and Other Resource Guides**

Northwest Frontier Addiction Technology Transfer Center. (2005). Clinical Supervision Part 1 – Models of Clinical Supervision. *Addiction Messenger*, Issue 10. Available at: <http://www.attcnetwork.org/regcenters/c1.asp?rcid=10&content=CUSTOM1>.

Northwest Frontier Addiction Technology Transfer Center. (2005). Clinical Supervision Part 2 – What Happens in Good Supervision? *Addiction Messenger*, Issue 11. Available at: <http://www.attcnetwork.org/regcenters/c1.asp?rcid=10&content=CUSTOM1>.

Northwest Frontier Addiction Technology Transfer Center. (2005). Clinical Supervision Part 3 – Creating a Learning Environment. *Addiction Messenger*, Issue 12. Available at: <http://www.attcnetwork.org/regcenters/c1.asp?rcid=10&content=CUSTOM1>.

## Journals

*The Clinical Supervisor: The Journal of Supervision in Psychotherapy and Mental Health.* Binghamton, NY: The Haworth Press.

*Counselor Education and Supervision.* Alexandria, VA: American Counseling Association. Association for Counselor Education and Supervision members receive the journal as a member benefit. For nonmember subscriptions call (800) 633-4931 or write to ACA Subscriptions, P.O. Box 361, Birmingham, AL 35201-0361.

## Web Sites

Association for Counselor Education and Supervision  
**[www.acesonline.net](http://www.acesonline.net)**

Foundation for Critical Thinking  
**[www.criticalthinking.org](http://www.criticalthinking.org)**

Institute for Professional Development in the Addictions  
**[www.ipdany.org](http://www.ipdany.org)**

Legal Action Center  
**[www.lac.org](http://www.lac.org)**

## Online and Face-to-Face Training Opportunities

### ***Advanced Skills in Clinical Supervision: Updates on the Blended Model of Clinical Supervision***

David J. Powell, Ph.D., LADC, CCS, LMFT

Distance learning available through the Distance Learning Center for Addiction Studies,  
**[www.dlcas.com](http://www.dlcas.com)**.

### ***Clinical Supervision***

Description: To better prepare the new supervisor as they first encounter the challenges of supervising a clinical staff. To assist the veteran, as well as the new, supervisor better appreciate the complexity of supervision to increase their effectiveness and satisfaction in that role. Text: *Essentials of Clinical Supervision* by Jane M. Campbell

Instructor: Thomas Schear

Course Format: Correspondence/E-mail

Credit / Contact Hours: 14

Price: \$96.25 (price includes book and P/H USD)

Course Contact: Thomas H. Schear

Contact Phone: (641) 692-3278

Contact E-mail: **[tschear@ccmsinc.net](mailto:tschear@ccmsinc.net)**

Sponsor: CCMS, Inc.

### ***Clinical Supervision II***

Description: Provides the veteran and novice clinical supervisor to manage practitioners from the 12 Core Functions viewpoint.

Texts: Global Criteria: The 12 Core Functions of the Substance Abuse Counselor by John Herdman The Professional Alcohol & Drug Counselor Supervisor's Handbook by Lawrence Clayton, Ph.D. & Randy VanNostrand, Ph.D.

Instructor: Thomas Schear

Course Format: Correspondence/E-mail

Credit / Contact Hours: 14

Price: \$110.00 (price includes book and P/H USD)

Course Contact: Thomas H. Schear

Contact Phone: (641) 692-3278

Contact E-mail: [tschear@ccmsinc.net](mailto:tschear@ccmsinc.net)

Sponsor: CCMS, Inc.

### ***Clinical Supervision in the Addictions Field***

Description: Provides a firmer background for the current or would be supervisor in the principles, models and methods of supervising in the addictions field.

Text: Clinical Supervision in Alcohol and Drug Abuse Counseling by David J. Powell, with Archie Brosky

Instructor: Thomas Schear

Course Format: Correspondence/E-mail

Credit / Contact Hours: 12

Price: \$104.50 (price includes book and P/H USD)

Course Contact: Thomas H. Schear

Contact Phone: (641) 692-3278

Contact E-mail: [tschear@ccmsinc.net](mailto:tschear@ccmsinc.net)

Sponsor: CCMS, Inc.

### ***Clinical Supervision in Alcohol and Drug Abuse Counseling: Principles, Models, Methods***

David J. Powell, Ph.D., LADC, CCS, LMFT

Distance learning available through the Distance Learning Center for Addiction Studies, [www.dlcas.com](http://www.dlcas.com).

### ***Clinical Supervision of Alcohol and Drug Counselors: An Independent Study Course***

Thomas Durham, Ph.D., CCS

Distance learning available through NAADAC, the Association for Addiction Professionals, [www.naadac.org](http://www.naadac.org) or (800) 548-0497.

### ***Clinical Supervision: Skills for the Future***

David J. Powell, Ph.D., LADC, CCS, LMFT

On-site training available through the International Center for Health Concerns, [www.ichc-us.org/index.htm](http://www.ichc-us.org/index.htm) or (860) 653-4470.

### ***Clinical Supervision for Substance Abuse Treatment Practitioners Series***

Distance learning available through the Mid-Atlantic Addiction Technology Transfer Center, [www.mid-attc.org](http://www.mid-attc.org) or (804) 828-9910.

#### ***Core Counseling Functions***

Description: Dealing with addictions requires expertise in the entire continuum of treatment from initial contact at screening until final discharge. To help guide a client on this journey, an effective counselor must understand the process of recovery and demonstrate understanding of the Core Functions and Professional Practice Dimensions of addiction counseling. The 12 Core Functions are defined by the International Certification and Reciprocity Consortium/AOD. Knowledge and application of the 12 Core Functions are required for certification as an addictions counselor by the Florida Certification Board and all other national and global IC&RC Boards. Professional examination in the addiction field requires counselor competence in relation to Core Functions, Performance or Practice Domains and Global Criteria/Skills. This course provides Clinical Supervisors with a valuable and practical framework for guiding counselors under their supervision.

Required Text: Herdman, John W. Global Criteria: The 12 Core Functions of the Substance Abuse Counselor. 5th ed.

Instructor: N/A

Course Format: Internet

Credit / Contact Hours: 15

Price: \$95.00 USD

Course Contact: Jean LaCour Ph.D.

Contact Phone: (407) 236-9400

Contact E-mail: [info@netinstitute.org](mailto:info@netinstitute.org)

Sponsor: NET Training Institute

#### ***Expanding the Role of the Clinical Supervisor in Alcohol and Drug Abuse Counseling.***

David J. Powell, Ph.D., LADC, CCS, LMFT

Distance learning available through the Distance Learning Center for Addiction Studies, [www.dlcas.com](http://www.dlcas.com).

#### ***Process for Certification***

Description: A career in addictions is a life committed to serving those with life controlling and debilitating problems. The level of training, education and experience necessary to provide quality addiction treatment is something that will develop over an extended career. This course will review the reasons to be certified and will demonstrate tools that can be used to gather the documentation typically needed for two of the most prominent certifying entities: IC&RC, International Certification and Reciprocity Consortium which is a consortium of over seventy boards and agencies across the United States, Canada, and multiple nations; and NAADAC, The Association of Addiction Professionals. Discover how the Eight Performance Domains relate to the Twelve Core Functions of an Addiction Counselor. This is an excellent course for trainers, counselors, and supervisors.

\*\*Several resources included in this document were derived from Appendix C: Suggested Reading and Other Resources in TAP 21-A.

Required Text: All materials included with the Study Guide. No textbook.

Instructor: N/A

Course Format: Internet

Credit / Contact Hours: 10

Price: \$75.00 USD

Contact Phone: (407) 236-9400

Contact E-mail: **info@netinstitute.org**

Sponsor: NET Training Institute