



Northeast & Caribbean (HHS Region 2)

**ATTC**

Addiction Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

# *WEBINAR SERIES*

## Addiction Counselor Ethics

(Part One)

Presented live May 3, 2018



# Mary McCarty-Arias, M.A., CRC

More than 25 years experience training in co-occurring disorders, HIV, and vocational rehabilitation.



*This webinar training is provided under New York State Office of Alcoholism and Substance Abuse Services (OASAS) Education and Training Provider Certification Number 0115. Training under a New York State OASAS Provider Certification is acceptable for meeting all or part of the CASAC/PPP/CPS education and training requirements.*



## ***Important Information about CASAC Hours:***

- Everyone must attend both sessions
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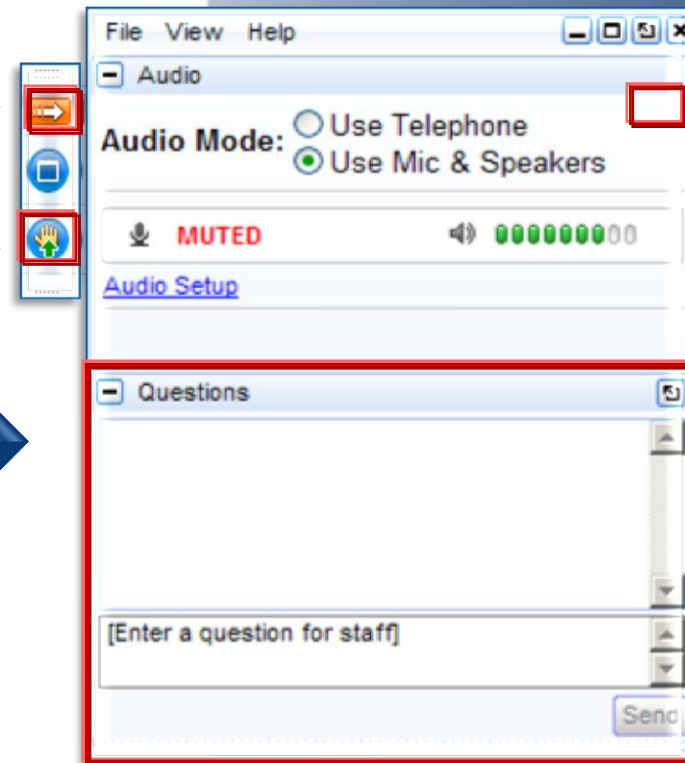


# *Webinar Logistics:*

Control Panel ➔

Raise your hand ➔

Q & A ➔





# Course Goals

- To raise awareness of the importance of ethical professional practice to assure the health, safety and recovery of people with substance use disorders
- To raise awareness of the importance of ethical standards as a profession to deliver the highest quality of service to clients



# *Objectives*

- Define ethics
- Describe ethical principles
- Identify specific issues most frequently resulting in misconduct
- Identify ways to deal with unethical behavior
- Review ethics and wellness



# *Agenda – Part 1*

- Definitions
- NAADAC Code of Ethics
- Most Common Violations





# *Background for this Webinar*

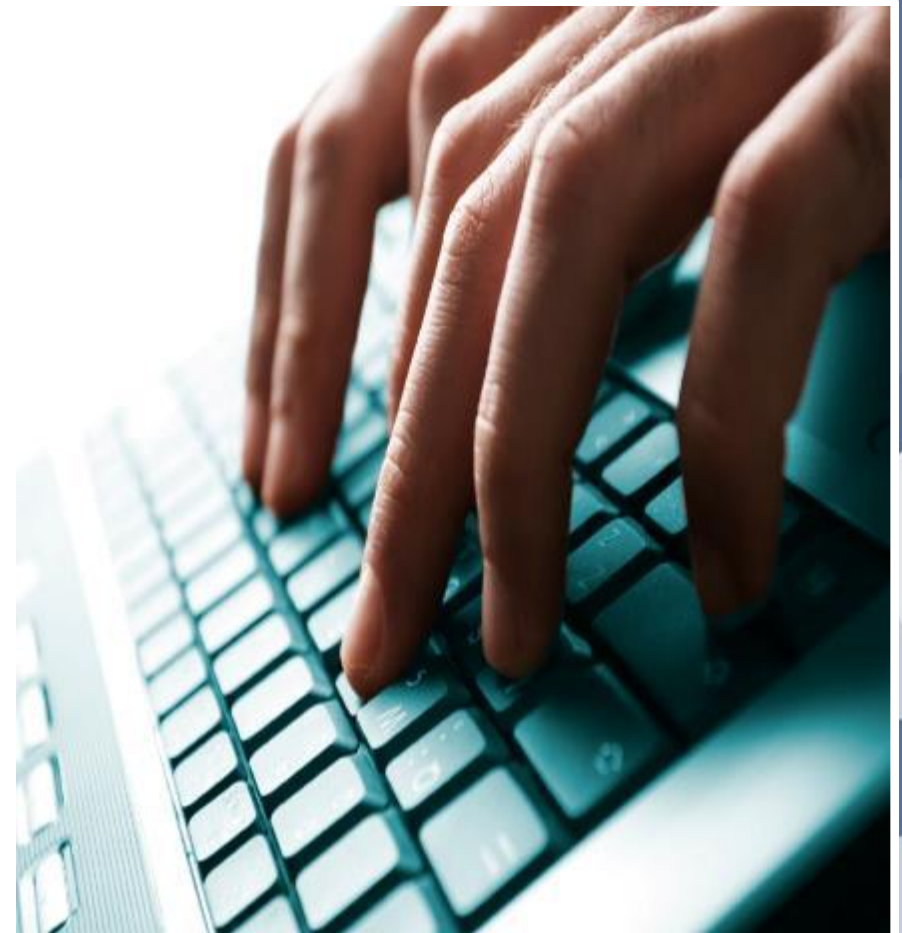
- Requested by New Jersey – NJ Administrative Code
- Attended by counselors from New York & other states
- Looking at similarities among different codes of ethics





## *Write in...*

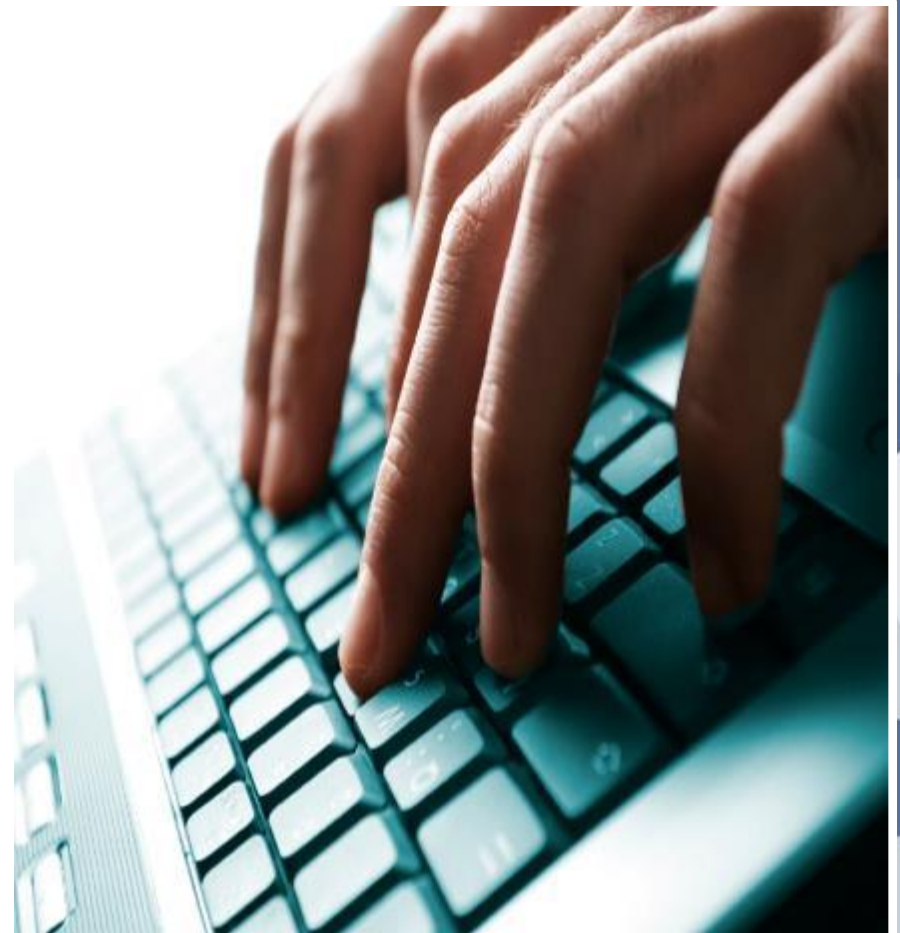
Where did you  
learn your ethics?





## *Write in...*

How do you define ethics?





# *Definitions*

- Ethics** – Science of human behavior; systematized principles of correct conduct
- Ethical** – Correct or right, according to the principles of ethics
- Moral** – Conforming to generally accepted ideas of what is right and just in human contact



# *Methods of Teaching Ethics*

- Moralizing
- Laissez faire
- Modeling
- Processing





## *Primary Functions of a Code of Ethics*

- Safeguard the welfare of patients
- Guard privacy/confidentiality
- Maintain quality service
- Represent honestly the professionals' qualifications



# ***NAADAC Code of Ethics - 9 Principles***

- I. The Counseling Relationship
- II. Confidentiality & Privileged Communication
- III. Professional Responsibilities
- IV. Working in a Culturally-Diverse World
- V. Assessment, Evaluation & Interpretation
- VI. E-Therapy, E-Supervision & Social Media
- VII. Supervision & Consultation
- VIII. Resolving Ethical Concerns
- IX. Publication & Communications





## ***For Consideration...Introduction to NAADAC Standards***

1. **Autonomy**
2. **Obedience**
3. **Conscientious Refusal**
4. **Beneficence**
5. **Gratitude**
6. **Competence**







## *Write in...*

Which of the considerations on the prior slide stand out to you?





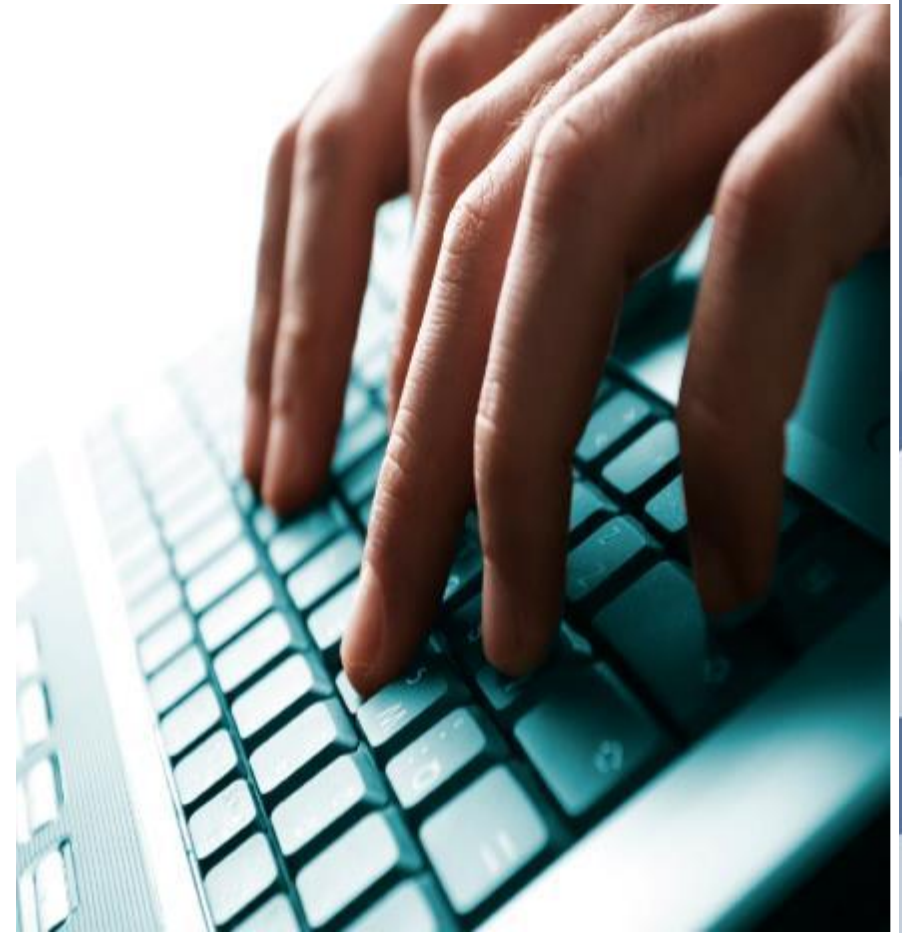
# *Considerations (Continued)*

7. Justice
8. Stewardship
9. Honesty and Candor
10. Fidelity
11. Loyalty
12. Diligence



## *Write in...*

Which of the considerations on the prior slide (7-12) stand out to you?





# ***Considerations*** ***(more from the list)***

13. Discretion
14. Self-Improvement
15. Non-maleficence
16. Restitution
17. Self-interest



# *Principle: The Counseling Relationship*

- Informed Consent
- Mandated Clients
- Boundaries
- Dual Relationships
- Sexual Relationships
- Bartering



# *Sexual Relationships*

- No sexual activity with clients, families of clients, or former clients
- Includes e-relationships (romantic)
- Why is it harmful to the client if you have a sexual relationship with them?

**NO**





## *Why Is it Harmful to Have Sex with Clients?*

- Breaks down the therapeutic relationship
- Our population is vulnerable
- Creates role reversal – creates boundary confusion
- Increases suicidal risk & depression for clients





# *Why a Client May Come on to You*

- They may feel “love”
- They may feel dependent
- They might look at you as a savior
- They might look at you as a parent



# *When a Counselor is Most Vulnerable*

- Going through a “tough” time
- Dealing with loss
- Low self-esteem
- Not working your own recovery program



# *Confidentiality & Privileged Communication*

- Follow the law!
- Mandated reporters
- Video recording



# *Professional Responsibilities & Standards*

- Integrity
- No sexual harassment
- Be honest with credentials



# *Principle: Working in a Culturally Diverse World*

- Knowledge
- Cultural Humility
- Personal Beliefs
- Linguistic Diversity





# *Assessment, Evaluation & Interpretation*

- Validity
- Reliability
- Cultural influences
- Using results/misusing results



# *E-Therapy, E-Supervision, and Social Media*

- Competency
- Informed Consent
- Verification
- Boundaries
- “Friends”
- Social Media





# ***Supervision & Consultation***

Supervisors are responsible for:

- Knowing & teaching the code of ethics
- Addressing the role of multiculturalism in the supervisory relationship
- Recruit & retain a diverse staff
- Maintain appropriate behaviors with supervisees



# *Resolving Ethical Concerns*

Cooperate with  
investigations,  
proceedings, etc.



# *Research and Publication*

- Counselors are encouraged to contribute to the knowledge base and skills within the field
- Commit to the highest standards of scholarship
- Researchers must provide informed consent to
- Clients for participating in research activities



# *Areas of Ethical Problems*

- Inappropriate sexual relationships
- Dual relationships
- Competence & conduct with clients
- Confidentiality
- Remuneration
- Publication credit



# *Special Issues for Counselors in Recovery*

- Recovering counselors are in a position often to be role models
- Excellent learning occurs from modeling
- Recovery does not imply automatic counseling skills
- The chance for increased incidence of relapse is a possibility





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*Thank you!*





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# *Addiction Counselor Ethics Webinar*

## *End of Part One*

*Part two will take place on May 10, 2018*

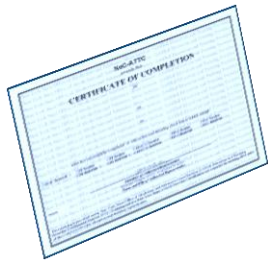
*Thanks for your participation*

**Presenter:**

Mary McCarty-Arias, M.A., CRC  
Program Manager/Senior Trainer

**Organizer:**

Clyde Frederick  
Technologist/Program Support



**A follow-up email** will be sent to your in-box one hour after part 2 on May 10, 2018. Please complete your evaluation to receive your OASAS "Certificate of Completion". It will only take a few minutes. This course provides 3 CASAC hours.



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# *WEBINAR SERIES*

## Addiction Counselor Ethics

(Part Two)

Presented live May 10, 2018



# *Welcome Back!*





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More than 25 years experience training in co-occurring disorders, HIV, and vocational rehabilitation.



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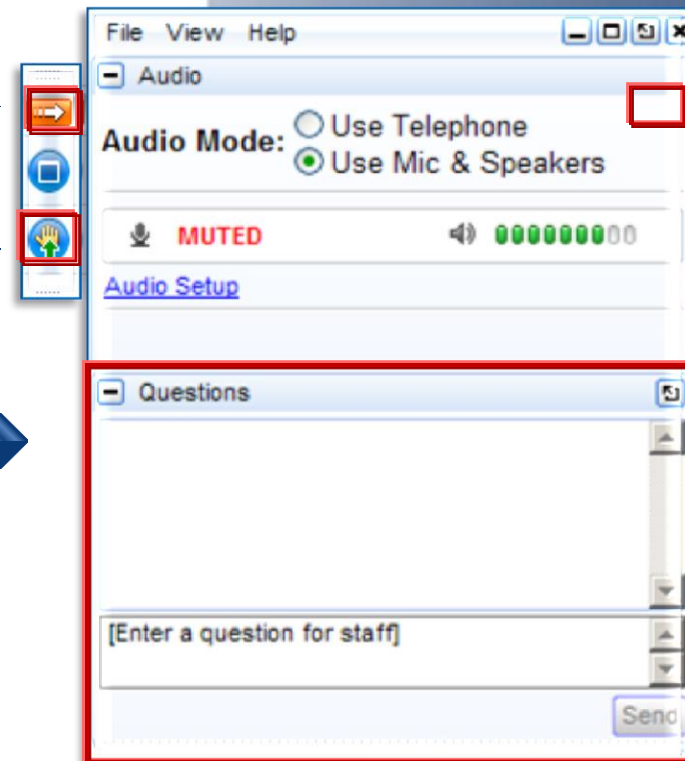


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# *Objectives*

- Complete the NAADAC Code of Ethics
- Identify specific issues most frequently resulting in misconduct
- Identify ways to deal with unethical behavior
- Review ethics and wellness



# *Agenda – Part 2*

- Continuation of NAADAC Code of Ethics
- Most Common Violations
- Ethics & Wellness



# *Thoughts from Last Week...*

- Questions about bartering
- Question about receptionist & counselor hanging out at the front desk
- Mandated reporters
- Where is wellness





# ***NAADAC Code of Ethics - 9 Principles***

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# *Principle: Working in a Culturally Diverse World*

- Knowledge
- Cultural Humility
- Personal Beliefs
- Linguistic Diversity







# *Cultural Humility*

Accepting the cultural identities of others, not assuming that your culture is better than others



# *Assessment, Evaluation & Interpretation*

- Validity
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# ***E-Therapy, E-Supervision, and Social Media***

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Supervisors are responsible for:

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# *Resolving Ethical Concerns*

Cooperate with  
investigations,  
proceedings, etc.



# ***Decision Making Model***

- Address in supervision
- Consider the ethical standards
- Generate potential courses of action
- Deliberate on risks & benefits of the course of action
- Select a course of action
- Reflect



# *Research and Publication*

- Counselors are encouraged to contribute to the knowledge base and skills within the field
- Commit to the highest standards of scholarship
- Researchers must provide informed consent to clients for participating in research activities





# *Areas of Ethical Problems*

- Inappropriate sexual relationships
- Dual relationships
- Competence & conduct with clients
- Confidentiality
- Remuneration
- Publication credit



# ***Prevention of Ethical Misconduct***

- Teach ethics
- Provide clinical supervision
- Building in support by institutional support
- Support counselor health



# *Special Issues for Counselors in Recovery*

- Recovering counselors are in a position often to be role models
- Excellent learning occurs from modeling
- Recovery does not imply automatic counseling skills
- The chance for increased incidence of relapse is a possibility



# ***Ethics & Wellness***

- OASAS stresses the need for self-care
- NAADAC uses the term “self-monitoring”
- There is a concern about counselor impairment



# ***OASAS Website Resources***

- Wellness Self-Management Plus
- Stress Management
- Exercise
- Nutrition
- Tobacco dependence
- Recovery



# *Questions about yourself*

- What do you do for yourself?
- How does that help you biologically, psychologically, socially, or spiritually?
- How often do you do it?







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*Thank you!*





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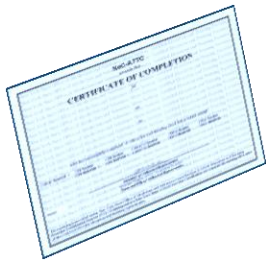
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