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## The Application of Medication Assisted Treatment (The Clinical/Client Perspectives)

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Methadone and buprenorphine maintenance are considered the gold standard of care by:

**Substance Abuse and Mental Health Administration  
American Society of Addiction Medicine  
World Health Organization**

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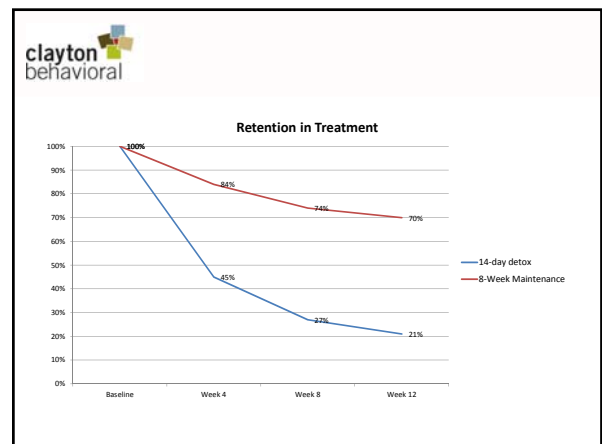
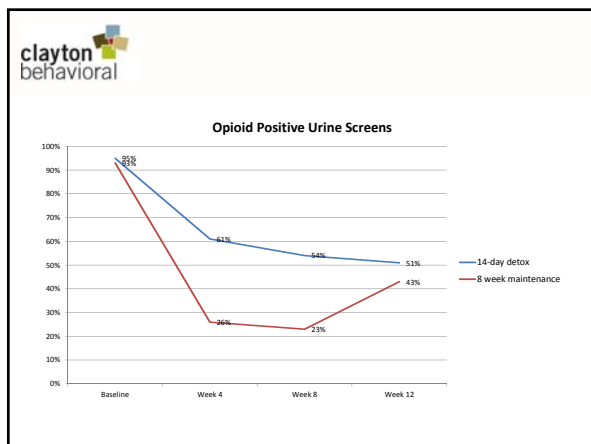
Attraction	Consolidation	Commitment
HIGH INTENSITY	MODERATE INTENSITY	LOW INTENSITY
LOW SECURITY	INCREASING SECURITY (Cold-Feet)	HIGH SECURITY
MINOR GRIEF	MODERATE GRIEF	MAJOR GRIEF

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154 youth age 14-21 enter psychosocial treatment for opioid dependence randomized to:

- 14-day suboxone detox
- 8 weeks of maintenance followed by a 4 week taper

Woody GE, Poole SA, Subramaniam G, et al. Extended vs Short-term Buprenorphine-Naloxone for Treatment of Opioid-Addicted Youth: A Randomized Trial. *JAMA : the journal of the American Medical Association*. 2008;300(17):2003-2011. doi:10.1001/jama.2008.574.



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**173 persons in office-based maintenance Suboxone treatment, followed for six months.**

**No time limit on their use of Suboxone.**

Parran TV, Adelman CA, Merkin B, et al. Long-term outcomes of office-based buprenorphine/naloxone maintenance therapy. *Drug and Alcohol Dependence*. 2010;106(1):56-60. doi:10.1016/j.drugalcdep.2009.07.013.

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**At 18 months, the 76% of patients on continuous Suboxone**

**less likely** to report

- using any substance
- using heroin
- damaging a close relationship
- doing regretful or impulsive things
- hurting family
- experiencing negative personality changes
- failing to do things expected of them
- taking foolish risks
- being unhappy
- having money problems

**more likely** to report

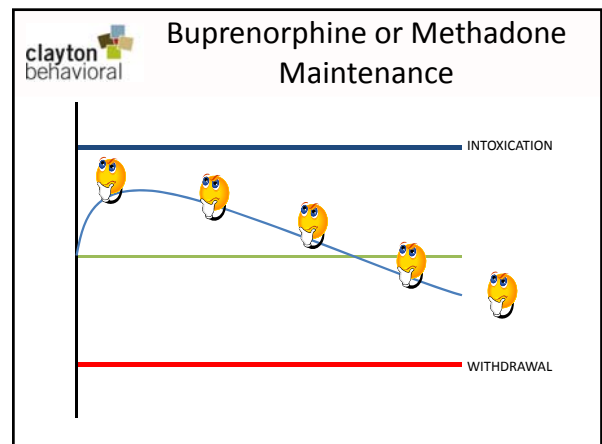
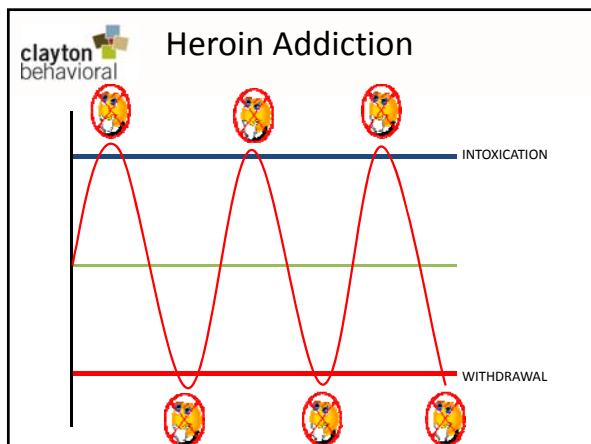
- AA "home group"
- "sponsor"
- attending 3+ 12-step meetings per week
- to have been employed at baseline
- to be employed at follow-up

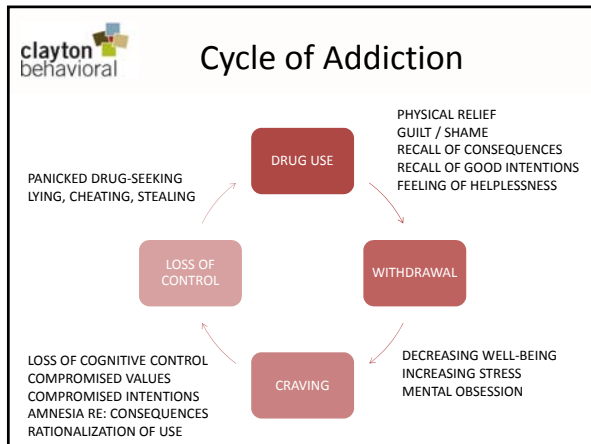
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How do we change the culture of treatment?

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1. Redefine the terms of the conversation "Addiction"





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Redefine the terms of the conversation  
"Recovery"

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*A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.*

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Listen to persons in recovery: "Not about me without me"

