

# Cultural Competence and CLAS Standards Webinar 2

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Midwest Center for Cultural Competence, Inc.

For the Great Lakes Addiction Technology Transfer Center

July 11, 2018



Great Lakes (HHS Region 5)

**ATTC**

Addiction Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

# Learning Objectives

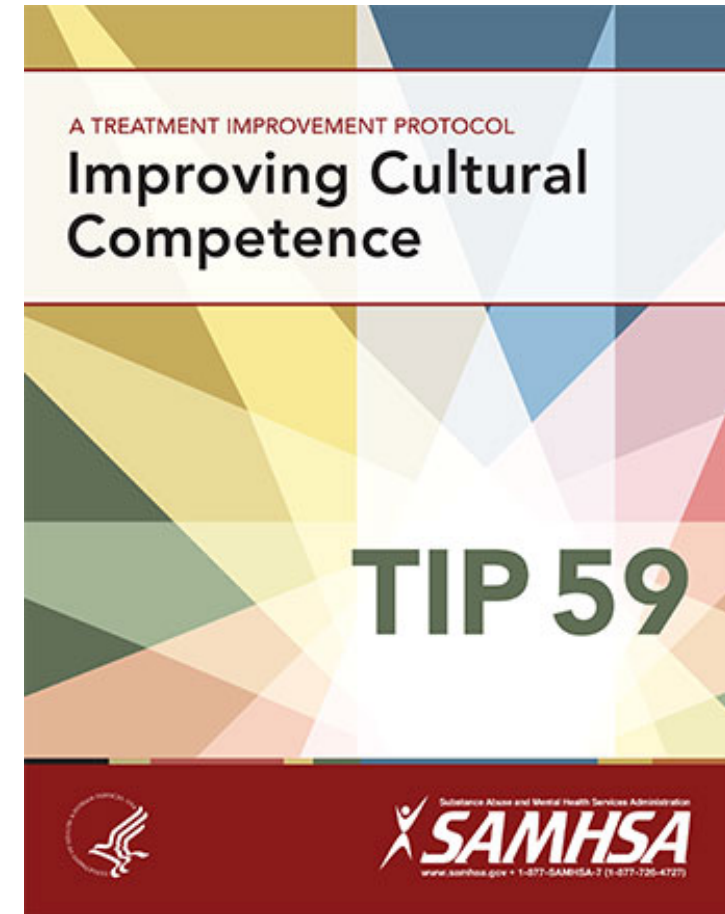
To understand the importance of incorporating client culture in:

- Intake/assessment
- Evaluation
- Treatment planning



# How Do We Get There?

- SAMHSA's *TIP 59*
- Core Competencies for Counselors and Clinical Staff



# Core Competencies

1. Self-knowledge
2. Cultural Awareness
3. Counselor Competencies: Culturally Appropriate Intervention skills
  - Attitudes and Beliefs
  - Knowledge
  - Skills



# Culturally Responsive Evaluation and Treatment Planning: Nine Steps

1. Engage
2. Familiarize
3. Endorse
4. Cultural Relevance
5. Gather Information
6. Appropriate Screening/Assessment
7. Responsive Case Management
8. Culturally Responsive
9. Cultural Factors

# The Best Way to Engage a Client

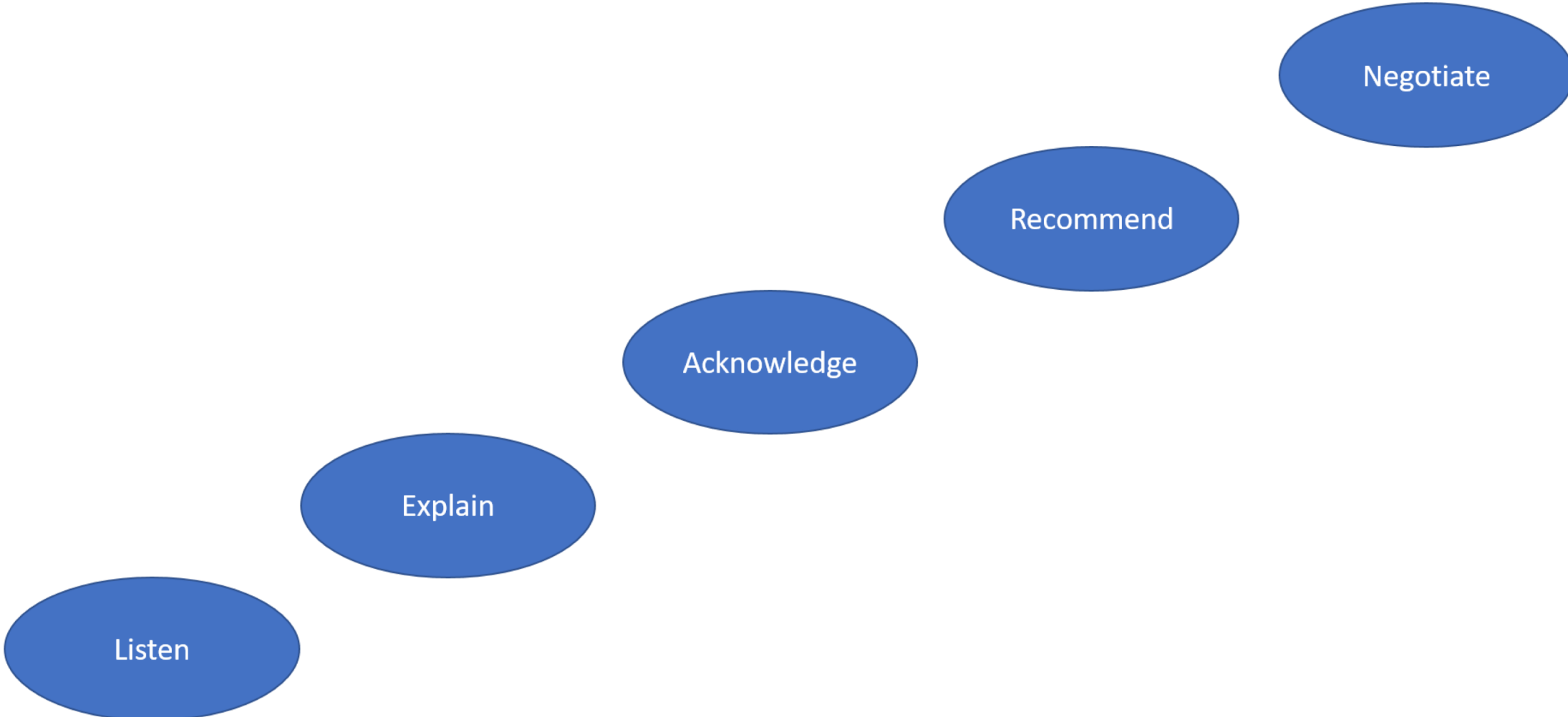
Establish  
Rapport

Draw  
Attention

Ensure the  
client feels  
engaged

Culturally  
responsive  
interview

# The LEARN Model



# Client Scenario



Familiarize clients and their families with treatment and evaluation processes



Endorse collaboration in interviews,  
assessment, and treatment





# The Collaborative Approach

Be sure to allow time with the client to:

- Discuss expectations
- Explain the planning process
- Emphasize input and interpretations
- Include preferences and desires
- Acknowledge strengths and support



# Client Scenario (2)





# Integrate Culturally Relevant Information and Themes

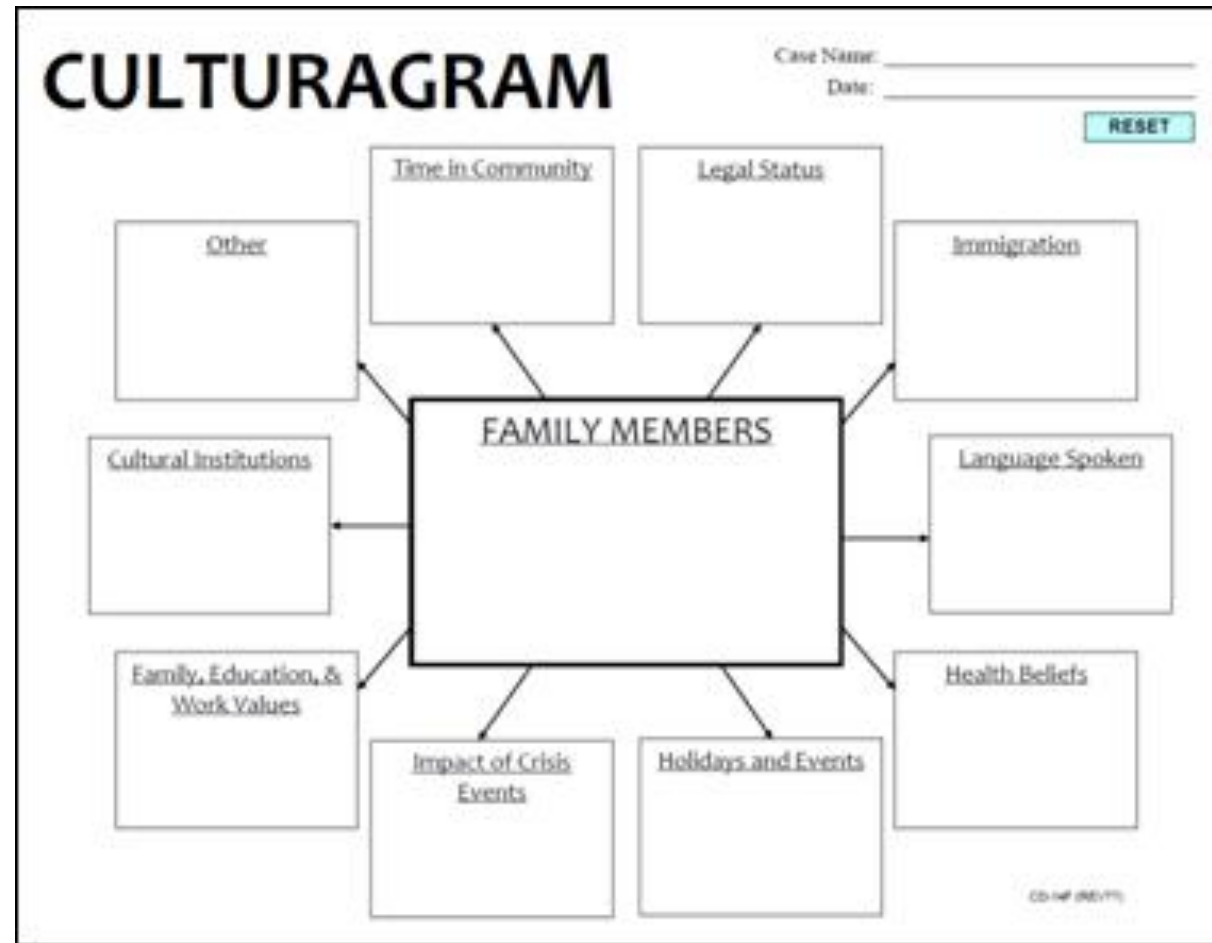
Ask culture and race related questions during the intake process

- Country of origin
- Immigration status
- Length of time in the United States
- Connection to country of origin
- Language(s) spoken in the home
- Cultural affiliation

# Gather Culturally Relevant Collateral Information



# \*Culturagram for Mapping the Role of Culture



From the website, [Culturagrams Defined](https://socialworkculturagram.weebly.com/culturagrams.html): <https://socialworkculturagram.weebly.com/culturagrams.html>

# Select Culturally Appropriate Screening and Assessment Tools



# Screening and Assessment Instruments for Substance Use Disorders



# Determine Readiness and Motivation for Change



# Provide Culturally Responsive Case Management



# Incorporate Cultural Factors into Treatment Planning

## **Strength-based strategies:**

- Fortify cultural heritage
- Identity
- Resiliency

## **Counselors should:**

- Design flexible treatment plans
- Draw upon institutions and resources in the clients' cultural community



# Client Scenario



# Questions

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# New course on ATTC HealthKnowledge



- Understanding the Basics of Race, Ethnicity, and Culture
  - One hour, self-paced
  - Part 1 of Cultural Diversity Suite
  - Additional modules coming soon
  - Find it at [HealthKnowledge.org](https://www.healthknowledge.org)

# *Next Webinar in the Series*

**How to Sustain Cultural Competence at the Individual and  
Organizational Levels**

**August 8, 2018**

**11:00-12:00 pm CT**

# References

Substance Abuse and Mental Health Services Administration. *Improving Cultural Competence*. CDM Group Inc., Knowledge Application Program (KAP) Treatment Improvement Protocol (TIP) Series No. 59. HHS Publication No. (SMA) 14-4849. Rockville, MD: Substance Abuse and Mental Health Services Administration, updated, July 2017