

SARC

California Addiction Training and Education Series

Effecting Change through the Use of Motivational Interviewing: Interactive Training for Skill Development (Introductory) *

Date, Venue, & Trainer Information

Date: Monday, February 4, 2019

Time: 9:00 a.m. – 4:30 p.m.
Check-in starts at 8:30am

Venue: Conference Room 1
7001A East Parkway
Sacramento, CA 95823

Cost: Free; enrollment is limited to 50 participants

Trainer: James A. Peck, Psy.D.

James Peck, Psy.D. is a licensed clinical psychologist and senior clinical trainer at the UCLA Integrated Substance Abuse Programs (ISAP). For nearly a decade, Dr. Peck conducted Phase II clinical trials of behavioral and pharmacological interventions for stimulant dependence. Dr. Peck has extensive experience conducting curriculum development, clinical trainings, and clinical supervision on the etiology, assessment, and treatment of substance-related disorders, and on the treatment of individuals with co-occurring substance-related and psychiatric disorders. He currently works at UCLA in a primarily clinical training role, and maintains a busy practice treating individuals with co-occurring disorders including HIV and HCV.

Overview and Learning Objectives

Motivational interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. This face-to-face training course requires previous training and experience using motivational interviewing techniques in clinical practice. It will provide in depth instruction, practice, and feedback on fostering and utilizing change talk to increase client motivation, and movement toward change across all health, mental health and substance use conditions.

At the conclusion of the training, participants will be able to:

1. Define at least three (3) key principles of motivational interviewing
2. Compare the effectiveness of motivational interviewing to traditional approaches to counseling individuals with substance use problems
3. Describe and demonstrate the effective delivery of at least three MI micro-skills that will be used to help individuals increase motivation for substance use related changes
4. Explain how to apply motivational interviewing techniques in typical clinical circumstances
5. Describe how ambivalence is the key characteristic to be resolved in order for change to occur

Sponsored by: Sacramento County Alcohol and Drug Services; California Department of Health Care Services; UCLA Integrated Substance Abuse Programs (ISAP); Pacific Southwest Addiction Technology Transfer Center, HHS Region 9; County Behavioral Health Directors Association of CA



Target Audience

The audience for SARC regional trainings is Substance Use Disorder (SUD) treatment providers who are implementing the DMC-ODS Waiver (e.g., counselors, case managers, program directors, executive directors, and administrators), researchers, psychologists, marriage and family therapists, social workers, educators, law enforcement personnel, nurses, physicians, policy makers, students, and community members interested in Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), Screening, Brief Intervention and Referral to Treatment (SBIRT), and other DMC-ODS Waiver implementation training topics.

Recommended Pre-requisite to Introductory MI

In order to attend this in-person training session, we recommend that you complete the introductory online course. Enrollment information for the self-paced, online course, entitled A Tour of Motivational Interviewing, is available at: <http://tinyurl.com/hbenh3g>. This 4-hour self-paced course can be completed free of charge; CE credit is available for a nominal fee of \$20. If you have any issues completing the course, please contact the HealthEKnowledge support center at 888-998-6028.

Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program:

Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).

For More Information

Please contact Elizabeth Teshome by phone (310-267-5287) or e-mail (eteshome@mednet.ucla.edu) if you have questions, concerns, special needs, or require additional information before registering for this training.

Continuing Education(CE)

All trainings meet the qualifications for the provision of six (6.0) credit/contact hours (CEs/CEHs).



UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA maintains responsibility for the program and its content.

Up to six (6.0) continuing education credits/contact hours (exact amount will be based on the qualifications of the specific topic) will be provided for each training. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for the program/course and content of each course. Courses meets the qualifications for up to six (6.0) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. UCLA is also an approved provider of CE credit for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1119), CATCs (ACCBC/CAADE, #CP 20 872 C 0819), and CAODCs (CADTP, #151). Provider is approved by the California Board of Registered Nursing, Provider #15455.

The 2019 SARC training series qualifies for work-related education (WRE) through the California Board of State and Community Corrections' Standards and Training for Corrections (STC) Program. Interested individuals can apply for training credit through their respective training units.

Effecting Change through the Use of Motivational Interviewing

Conference Room 1
7001A East Parkway
Sacramento, CA 95823

Seating is limited to 50 participants; to allow the training to be accessible to all interested agencies, a per agency cap may be applied. Please RSVP to Victoria Norith by 12:00 p.m., on January 28 2019. To register online, please visit: <https://www.surveymonkey.com/r/GKKSGDY> to register by e-mail, please complete the bottom portion of this page and send it to VNorith@mednet.ucla.edu. To register by fax, complete the bottom portion of this page and fax it to Victoria Norith's attention at (310) 312-0538. Registrations will be accepted on a first-come, first-served basis. You will be notified if space has been reserved for you upon receipt of your registration form. If completing this form by hand, please **print clearly. Contact Victoria Norith by phone (310) 267-5408 or e-mail (VNorith@mednet.ucla.edu) if you have questions, special needs, or need additional information to register for this training.

Participant's First and Last Name: _____

Degree(s): _____

Job Title: _____

Agency/Organization Name: _____

Mailing Address:

City: _____ State: _____ Zip Code: _____

County: _____

Phone Number: _____ Fax Number: _____

E-mail Address*: _____

Type of CE Credit Needed**: _____ License/Certification #***: _____

Special Needs or other Accommodations: _____

*By providing your email address, you will automatically be added to the PSATTC listserv. To opt out, please contact Elizabeth Teshome at eteshome@mednet.ucla.edu.



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Talia Isbell at 916-876-3321, or email IsbellT@saccounty.net one week before the training

Continuing education credits/contact hours will only be provided to those individuals who participate in the entire duration of the training. Partial credit for less than full participation will **NOT be offered. Licensed number is required for PSY and RN.