

# Second Annual National Advisory Board and Strategic Planning Meeting



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Mental Health and Substance Abuse Policy:  
National Department of Health

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01 March 2019



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# Purpose of the presentation



To present to the Advisory Board on Success, lessons learned and Future Plans



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# Background



According to the World Drug Report 2018

- About 275 million people, or around 5.6 % of the adult population used drugs at least once in 2016
- About 31 million of those drug users suffer from drug use disorders (UNODC 2018)

In South Africa the first nationally representative psychiatric epidemiological study, the South African Stress and Health (SASH) survey found that:

- 16.5% of adults have experienced a mood, anxiety or substance use disorder in the previous 12 months.
- Lifetime prevalence of substance use disorders among South African adults is 13.3%, with past year prevalence of substance use disorders being 5.8%.
- Among these 12 month prevalent cases, approximately 30.9% have a severe substance use disorder

(Herman et al 2009, Stein et al 2009)



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# Background



## The three International Drug Control Conventions

- Single convention on Narcotics Drugs of 1961 as amended by the 1972 Protocol
- Convention on Psychotropic Substances of 1971
- United Nations Convention against Illicit Traffic in Narcotic Drugs and Psychotropic Substances of 1988

*Ensuring access to controlled substances for medical and scientific purposes, including for the relief of pain and suffering*



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# Background



Political Declaration and Plan of Action on International Cooperation  
Towards an Integrated And Balanced Strategy to Counter the World Drug  
Problem

High Level segment commission on Narcotic Drugs  
Vienna, 11-12 march 2009

*Member States Should “Consider Integrating scientifically established mechanisms for voluntary and early identification, diagnosis and intervention of drug use disorders as part of routine-health-care services*



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# Overview



The 2016 UNGASS outcome Document entitled “ Our Joint commitment to effectively addressing and countering the World Drug Problem”

Operational Recommendations on Demand Reduction and Related measures, including prevention and treatment as well as other health-related issues

Prevention of drug abuse- Take effective and practical measures to prevent progression to severe drug use disorders through appropriately targeted early interventions for people at risk of such progression.



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# Background



The Health Sector Drug Master Plan was adopted by the National Health Council on 07 December 2018.

In developing the Health Sector Drug Master Plan, consideration were made regarding :

- The three International Drug Control Conventions,
- Political Declaration and Plan of Action on International Cooperation Towards an Integrated and Balanced Strategy to Counter the World Drug Problem
- The 2016 UNGASS outcome Document entitled “ Our Joint commitment to effectively addressing and countering the World Drug Problem”
- The National Drug Master Plan 2013-2017, as well as relevant legislations and Policies in South Africa



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# Background



The following Goals relevant to SBIRT are contained in the Health Sector Drug Master Plan:

Goal 1: To reduce the demand for alcohol and other psychoactive substances

Goal 5: To improve institutional capacity for prevention, early detection, treatment, rehabilitation and after care services for substance use disorder



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# Background



## Goal 1: To reduce the demand for alcohol and other psychoactive substances

Objectives	Action	Indicators	Target
Reduce progression to severe substance use disorder for people at risk of such progression	Institutionalize (SBIRT) in all levels of health care delivery system	Universal (SBIRT) are implemented at all levels of health care delivery system including, home based care and primary health care system	Universal (SBIRT) are implemented at all levels of health care delivery system



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# Background



**Goal 5: To improve institutional capacity for prevention, early detection, treatment, rehabilitation and after care services for substance use disorder**

Objectives	Action	Indicators	Target
Strengthen human resources to manage substance use disorder	Develop a training programme on substance use disorder	Training programme on substance use disorder	Training programme on substance use disorder developed
Improve knowledge and skill for personnel on substance use disorder.	Engage with the relevant Councils (Health Professional Council of South Africa, South African Nursing Council, and Allied Health Professional Council), Training Institutions Universities, Colleges etc.) to introduce content and courses on substance use	Training institutions include substance use disorder as part of their training curriculum	Training institutions include substance use disorder as part of their training curriculum
	Explore the feasibility of creating a sub specialty and training in mental health for substance use with the relevant professional council (HPCSA, SANC, etc.)	Substance use disorders recognized by relevant health professional councils as sub-specialty of mental health	Substance use disorders recognized by relevant health professional councils as sub-specialty of mental health



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# SBIRT Scale Up Training Workshop



SBIRT scale up training took place on 23-24 August 2018

- The Training workshop was organized by ATTC, who were responsible for all logistics arrangements
- More than 79 delegates participated in the two day training workshop
- Delegates comprised of National Department of Health Officials ( Mental Health and Substance Abuse Policy and DR TB Directorates), Provincial Local Training Centre representatives, Representatives from the Central Drug Authority, ATTC, SAMRC



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# SBIRT Scale Up Training Workshop



Objectives of the workshop were to contribute towards developing a strategy to Implement SBIRT in order to:

- Scale up SBIRT implementation in all the nine provinces of South Africa
- Promote Evidence Based SBIRT implementation
- Sustain SBIRT implementation



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# Key issues from the workshop



- SBIRT to be institutionalized in all the 9 provinces
- Train the Trainer Model to be adopted, the following to be trained as master trainers:
  - ✓ Mental Health and Substance Abuse programme managers
  - ✓ HIV, TB and STIs programme managers
  - ✓ Regional Training Centre Officials
  - ✓ Development Partners,
- National Department of Health programme managers to work with Human Resource Development officials to ensure that training is standardized
- Development of indicators for monitoring, evaluation and reporting
- Financial resources for training to be mobilized



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# Output of the workshop



A full report of the training workshop is available

A Draft Training Plan is being developed, to be shared with all relevant stakeholders for input



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# Key issues to consider



SBIRT Training programme should be:

- Evidence Based
- Lead to a recognized academic qualification
- Lead to registration with professional bodies such as Health Professionals Council of South Africa, South African Nursing Council
- Compliant with the South African Qualification Authority (SAQA)
- Linked to CPD points
- Sustained



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# Acknowledgement



- ATTC
- Department of Health Officials
- University of Cape Town
- South African Medical Research Council.
- Central Drug Authority
- All Participants during the training workshop



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# Thank You



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