# Quiet Coaching Training Session | July 22-23

# **Course Description:**

The Quiet Coaching training session is designed to increase effective Technical Assistance (TA) implementation by enhancing the coaching skills of TA providers. Effective team leadership is critical to ensuring successful Evidence-Based Practice (EBP) implementation and sustainability. Effective coaching empowers the team for future successes by creating the capacity to engage in and improve their organization. This session will focus on core coaching principles, tools, and effective practice, through which participants will learn to:

- Build team strength through a foundation of common purpose and direction
- Focus on motivational strategies that promote accountability and action
- Improve team decision-making, confidence, and autonomy
- Enhance team functionality through Process Tools like empathy maps, environmental scans, SWOT/SOAR analysis, rapid cycle PDSA, flow-charting, walk-throughs, nominal group techniques, and more

Join us to hone your coaching skills and build strong relationships with teams that ensure timely and sustained EBP fidelity, and stronger service systems.

## **Course Info:**

Mon, July 22 & Tues, July 23, 2019 8:30am-4:00pm Free to attend Even Hotel Seattle Serenity Conference Room 527 Fairview Ave N, Seattle, WA 98109 [map]

Register here: <a href="http://bit.ly/QuietCoachRegister2019">http://bit.ly/QuietCoachRegister2019</a>

This event is private and by invitation only

## **Instructor:**

Mat Roosa is a coach and consultant who has worked with individuals, organizations, and systems to implement change in health care settings across the United States. His experience includes a range of regional, state, and national research studies and quality/process improvement leadership. In addition, Mr. Roosa has also worked as a human service agency administrator, a government planner, and as a psychotherapist in both agency and private practice settings.

### **Contact:**

**Questions?** Contact us at: <a href="mailto:northwest@attcnetwork.org">northwest@attcnetwork.org</a> http://attcnetwork.org/northwest





**Provided by the Northwest Addiction Technology Transfer Center**