Evidence-Based Practices in Substance Use Disorder Treatment: Building the Foundation for Innovation and Implementation

Training Dates and Times

Monday, September 9, 2019 and Tuesday, September 10, 2019

9:00 a.m. - 4:30p.m.

Registration/sign-in will begin both days at 8:00am and the training will begin promptly at 9:00am.

Participants are encouraged to register for both days, but one-day registrations will be accepted

This training is FREE! Space is limited to 125 participants, and registration forms will be accepted on a first come, first served basis

Training Location and Other Logistic Details

Ala Moana Hotel

410 Atkinson Drive Honolulu, Hawaii 96814

Parking: Validation for \$6.00 is available for up to 8 hours in the hotel's self-parking garage.

Food: a Light breakfast and lunch will be provided at no cost to the participant

Trainers*

Day 1:

Thomas E. Freese, PhD, and Beth Rutkowski, MPH, UCLA Integrated Substance Abuse Programs

Day 2:

Morning Session – Michael Shafer, PhD, Arizona State University School of Social Work

Afternoon Session – Terra Hamblin, NCC, BC-TMH, University of Reno, Nevada Center for the Application of Substance Abuse Technologies, and Beth Rutkowski, MPH, UCLA Integrated Substance Abuse Programs

*All of the trainers are affiliated with the SAMHSAsupported Pacific Southwest Addiction Technology Transfer Center

Target Audience

This two-day training is open to anyone who is interested in learning about evidence-based practices in substance use disorder treatment, including:

- LMFTs and LCSWs
- Certified Substance Use Disorder Treatment Counselors
- Other Behavioral Health Specialists/ Clinicians
- Registered Nurses
- Psychologists

Please see page 3 of this flyer for information about continuing education credit.



Training Description

Day 1:

The first day of this interactive, skills-based training will begin with a detailed overview of the 12 Core Functions of substance use disorder counseling (screening; intake; orientation; assessment; treatment planning; counseling; case management; crisis intervention; client education; referral; report and record keeping; and cross-consultation). Following this review, the remainder of day 1 will focus on a deep dive into the processes of conducting initial and ongoing multi-dimensional patient assessment and individualized treatment planning. Participants will have multiple opportunities to practice conducting an assessment and increasing their skills in writing comprehensive documentation related to individualized treatment planning.

At the end of day one of this training, participants will be able to:

- 1. List and describe at least six of the 12 Core Functions.
- 2. Describe the six dimensions of multi-dimensional patient assessment.
- 3. Explain how to apply ASAM risk ratings to information gathered through multi-dimensional assessment.
- 4. Utilize the results from an ASAM assessment to identify problem areas in the formulation of treatment goals.
- 5. Integrate specific cultural, linguistic, and individual needs into the collaborative treatment planning process.
- 6. Construct S.M.A.R.T. goals to guide treatment, track progress, and monitor patient outcomes.

Day 2:

The morning session introduces the Organizational Process Improvement Initiative, a program-level, five-staged model for implementing or improving the delivery of evidence-based behavioral health interventions. This model incorporates team facilitation and a change team model to systematically assess, identify, and address key delivery processes in a wide variety of settings and contexts. This introductory session is designed to enhance the participant's awareness of the role of organizational level approaches to drive excellence and to explore the feasibility of the participant's agency participating in an upcoming PSATTC-sponsored intensive technical assistance opportunity.

At the end of the Day Two morning session, participants will be able to:

- 1. Describe the key components, phases, and outcomes of organizational level strategies such as the OPII.
- 2. Discussion organizational readiness to change, change team member selection, and the essential characteristics of change team facilitators and how to apply these constructs within a variety of care settings.
- 3. Explain how process improvement strategies such as the Plan-Do-Study-Act process can be applied in an organizational change project.

The afternoon focuses on the use of technology in substance use disorder treatment settings. Although behavioral health services are considered an essential healthcare benefit, access to services is often hindered, especially in rural and remote areas. One approach to bridging this gap has emerged because of advances in technology and increased availability of and access to the Web. Using technology-based interventions to deliver behavioral health services, including substance use disorder treatment and recovery support services, is impacting how behavioral health professionals and peers deliver treatment services and what constitutes typical standards of care. However, these growing trends towards using technology-based interventions raises specific practice concerns that agency administrators and staff/peers need to take into consideration. The afternoon session will introduce technology-based interventions related to treating substance use disorders and recovery support services, and will then dig deeper into ethical considerations for professional/peers in the behavioral health field regarding the use of social media and technology. Finally, the session will provide an overview of the use of technology to provide clinical supervision services. Each topic will expose participants to the availability of longer and more in-depth workshops on these technology-related topics.

At the end of the Day Two afternoon session, participants will be able to:

- 1. Describe at least three essential resources for providing behavioral health services using technology.
- 2. List three ethical concerns related to the use of technology and social media.
- 3. Discuss three benefits for counselors and supervisors for delivering clinical supervision via technology.

Continuing Education Credit

A total of up to twelve (12.0) continuing education credits/contact hours (CEs/CEHs) are available for certified and licensed professionals. Continuing education will be awarded at the conclusion of each day for full day participation (six hours per day). Individuals who arrive late or leave early on any given day will not be awarded credit for partial attendance.



UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content.

UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for up to twelve (12.0) hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/ II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1119), CATCs (ACCBC/ CAADE, #CP 20 872 C 0819), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for up to 12.0 contact hours. UNR CASAT is an approved provider of continuing education credit for NCACs I/II and MACs through the National Association of Alcoholism and Drug Abuse Counselors (NAADAC, #98165).

The training is approved by the Hawaii State Department of Health's Alcohol and Drug Abuse Division for 6.0 education content hours (CSAC, CCJP, CCS, CPS, CCDP-D, and CSAPA). This program is approved by the National Association of Social Workers -Hawai'i Chapter NASWHI-CEP-005 for up to twelve (12.0) Social Work continuing education contact hour(s), zero (0) specifically in Ethics.

Register Now! Space is limited. Please click the following link to register: https://www.surveymonkey.com/r/Z333Y5Z, or fill out the form below and email it to vnorith@mednet.ucla.edu or fax to (310) 312-0538

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September 9-10, 2019 Ala Moana Hotel 410 Atkinson Drive Honolulu, Hawaii 96814

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education credit requested*:		Certification Number**:	
-	Psychologist, and Re	gistered Nurse.	
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Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program: Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Melissa Goodman by September 3, 2019.

Cancellation Policy: Notice of cancellation must be made at least 72 hours in advance of the training by contacting Melissa Goodman by phone (310-267-5399) or email (mlgoodman@mednet.ucla.edu).