



MINNESOTA
RECOVERY
CONNECTION

connect. recover. advocate. serve.

Presenter



Mark Sanders, LCSW, CADC, is an international speaker, trainer, and consultant in the behavioral health field whose work has reached thousands throughout the United States and beyond. Mark has been a certified addictions counselor for more than 30 years. He is co-founder of Serenity Academy of Chicago, the only recovery high school in Illinois. Mark has also published several books and contributed to the William White monograph series on Recovery-Oriented Systems of Care. An experienced educator, Mark has taught at the University of Chicago, Illinois State University, Illinois School of Professional Psychology, and Loyola University of Chicago, School of Social Work.

The Great Lakes ATTC is located at the University of Wisconsin-Madison Center for Health Enhancement Systems Studies. We are funded by [SAMHSA](#) to support the behavioral health workforce in HHS Region 5: IL, IN, MI, MN, OH, and WI.

Visit our website at:
www.attcnetwork.org/greatlakes

Breaking Intergenerational Patterns of Addiction

October 28, 2019
9:00am–4:00pm

Sponsored by Minnesota Recovery Connection and the Great Lakes ATTC
Free Lunch Included!

Training Location: Mental Health Resources
762 Transfer Road #21
St Paul, MN, 55114

In this one day training you will learn strategies to help break intergenerational patterns of addiction. Topics include risk factors and pathways of intergenerational addiction, unique risks for children of parents with substance use disorders, co-occurring conditions and trauma as risk factors, the impact of siblings on the intergenerational transmission of addiction, and parenting practices and cultural rituals that help reduce intergenerational transmission of addiction.

Learning Objectives:

- Understand risk factors for intergenerational patterns of addiction
- Understand risk factors for children of parents with substance use disorders (SUD)
- Be able to increase resilience among children of parents with SUDs, thus decreasing the risk of addiction
- Be able to utilize strategies as a treatment provider to help reduce intergenerational patterns of addiction
- Be aware of the role of persons in recovery, families and the community in helping to break intergenerational pattern of addiction

Cost: \$10

Registration Link: <https://bit.ly/2ml93AD>

Who should attend?

Individuals with lived experience in recovery, their friends and family, professionals who serve them, and anyone interested in knowing more about how to break intergenerational cycles of addiction.

For more information, contact: Kris Kelly
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