

Sixteenth Statewide Conference **INTEGRATING SUBSTANCE USE, MENTAL HEALTH, AND PRIMARY CARE SERVICES:** ***ENHANCING FOUNDATIONS FOR CHANGE***

Hilton Universal City Hotel at Universal City
555 Universal Hollywood Drive
Universal City, California 91608
October 23-24, 2019

Sponsored by:



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
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In collaboration with:



Pacific Southwest
ATTC
(HHS Region 9)



**LOS
ANGELES
LGBT
CENTER**



Conference Agenda Day 1 (Morning)

October 23, 2019

7:30 am—8:30 am Continental Breakfast/Registration

8:30 am—9:00 am Welcome and Introductions

9:00 am—10:30 am Plenary Session

Integrated Care: Looking Beyond the Horizon

Ron Manderscheid, PhD, *The National Association of County Behavioral Health & Developmental Disability Directors, NARMH - The National Association for Rural Mental Health*

10:30 am—11:00 am Break

11:00 am—12:30 pm Workshops A-I : Session I

A. Pediatric Pain Assessment and Management

Jeffrey I. Gold, PhD, *Keck School of Medicine, University of Southern California*

B. Creating Safe Spaces for LGBT(QI) Older Adults

Yelba Carrillo, M.Ed Psy, MSW, *Los Angeles LGBT Center, Senior Services*

C. Moral Injury: Reframing the Psychological and Spiritual Impacts of War

Nathan Graeser, MDiv, LCSW, DSW, *UCLA Veteran Family Wellness Center*

D. Supporting the Health of People Who Use Drugs in the Primary Care Setting

Leticia Cervantes

Karen C. Lamp, MD, *Venice Family Clinic*

Martha Meza

Tobin D. Shelton, LCSW, MPH, *Venice Family Clinic*

E. Implementing Pharmacotherapy for Alcohol and Opioid Use Disorders in Mental Health Settings

Elizabeth Bromley, MD, PhD, *Dept of Psychiatry & Biobehavioral Sciences & Anthropology, UCLA*

Brian Hurley, MD, MBA, DFASAM, *Los Angeles County Department of Health Services*

Allison J. Ober, MSW, PhD, *RAND Corporation*

F. Spirituality and Motivational Interviewing: Leveraging Faith while Overcoming Barriers

Curtis Lehmann, PhD, *Azusa Pacific University, Department of Psychology*

G. Community Transition Center: A Collaborative Approach to Offender Reentry

Angela Barrow, BA, *County of San Diego Probation Department*

Eddie Head, BA, *San Diego County Probation—Community Transition Center*

Angel Vargas, MFT, *Optum—BHST*

H. Overcoming Challenges to MAT in Criminal Justice

Shannon Robinson, MD, *California Correctional Healthcare Services, CDCR*

Affie Tamuno-Koko, RN, *California Correctional Healthcare Services, CDCR*

I. The Role of Peers in Mental Health and Substance Use Treatment Programs

Moderator: Keris Myrick, MBA, MS, *Los Angeles County Dept of Mental Health, Peer Services*

Ali Britton, *Los Angeles County Dept of Mental Health, Peer Services*

Marilynn Huff, MS, *Los Angeles County Dept of mental Health, Whole Person Care Intensive Service Recipients*

Soo “Kris” Lee, *Tarzana Treatment Centers*

Conference Agenda Day 1 (Afternoon)

October 23, 2019

12:30 pm—1:30 pm Lunch

1:30 pm-1:45 pm Break

1:45 pm—3:15 pm Plenary Session

What's Culture Got to Do With It?

Cheryl Grills, PhD, Loyola Marymount University, Department of Psychology

3:15 pm—3:30 pm Break

3:30 pm—5:00 pm Workshops J-R: Session II

J. Brain Stimulation in Psychiatry: An Introduction to Transcranial Magnetic Stimulation and Other Neuromodulation Techniques

Marc Heiser, MD, PhD, Los Angeles County Department of Mental Health

K. Decriminalizing Mental Illness: The Antelope Valley's Alternative Resource Court Diversion Collaborative—Finding Success through Integration

Hon. Denise McLaughlin-Bennett, JD, Los Angeles County Superior Court

John L. Henderson, JD, Los Angeles County Public Defender

L. Addressing Compassion Fatigue in the Context of Service Delivery

Gloria M. Miele, PhD, UCLA Integrated Substance Abuse Programs

Beth Rutkowski, MPH, UCLA Integrated Substance Abuse Programs

M. Putting the Culture Cube into Action

Cheryl Grills, PhD, Loyola Marymount University, Department of Psychology

N. Complementary and Integrative Health Therapies for Pain

Katherine Bailey, PhD, West Los Angeles SUD & Pain Clinics

Stephanie Taylor, PhD, VA QUERI Complementary & Integrative Health Evaluation Center

O. Caring for the Medical and Mental Health of Transgender Youth

Aydin Olson-Kennedy, MSW, ACSW, Los Angeles Gender Center

Johanna Olson-Kennedy, MD, Children's Hospital Los Angeles

P. Eating Disorders are Treatable: An Introduction to CBT-E

Andrea D. Murray, PhD, Harbor-UCLA Outpatient Psychiatry

Q. Freedom, Recovery and Empowerment with Dogs / F.R.E.D.

Jamie G. Kelley, LMFT, MS, PPS, Kern Behavioral Health and Recovery Services

Elizabeth Kover, MS, Kern Behavioral Health and Recovery Services

Rhonda Starr, Kern Behavioral Health and Recovery Service

R. Adolescent Substance Use: Evaluation and Treatment

Scott Hunter, MD, Los Angeles County Department of Mental Health

Conference Agenda Day 2

October 24, 2019

7:30 am—8:30 am Continental Breakfast/Registration

8:30 am—9:00 am Opening Remarks

9:00 am—10:30 am Plenary Session

Lying and Running Stop Signs: Addressing Stigma and Overwork in our Workplaces

Elizabeth Morrison, LCSW, MAC, Elizabeth Morrison Consulting

10:30 am– 10:45 am Break

10:45 am—12:15 pm Workshops S-AA: Session III

S. Transgender and Gender Diverse Care at the Department of Veterans Affairs, Loma Linda

Ranya Garcia, PharmD, Veterans Affairs Loma Linda Healthcare System

Sommer Feliciano, LVN, Transgender Veteran Health Care Program

T. The Los Angeles County Sobering Center—A Diversion Model for Complex Populations

Lezlie Murch, MA, LPCC, Exodus Recovery, Inc.

Ronald McCray, Exodus Recovery, Inc.

Hilary Aquino, MA, AMFT, Exodus Recovery, Inc.

U. CHLA Emergency Department and Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Christina Esquibel, CATC, Children's Hospital Los Angeles

Irene Lim, LCSW, Children's Hospital Los Angeles

Brett McGillivray, MSW, LCSW, Children's Hospital Los Angeles

V. Resiliency Wellness Program—A Blueprint for Integrating Nonpharmacological Treatment Options in the Outpatient Mental Health Setting

Francisco Navarro, MD, Mind Health Institute—Pasadena

W. Part I: Peer Work for Valley Health Associates

Amy Bravo, Valley Health Associates

Part II: The Role of Peer Mentors in Transitioning Patients from Addiction to Recovery

Miguel Tirado, PhD, California State University, Monterey Bay

X. Substance Use in Youth Populations

Rachel Gonzales-Castaneda, PhD, MPH, Azusa Pacific University— School of Behavioral and Applied Sciences

Y. Tribal Response to Opioid Epidemic with Medication and Medicine—Integrating Cultural Traditions in the Treatment of Opioid Use

Grace Katie Bell, MSN, RN-BC, CARN, PHN, Telewell Indian Health MAT Project

Z. Bias, Judgment and Stigma in the Workplace: How Can we Work on Equity in our own Workplace?

Elizabeth Morrison, LCSW, MAC, Elizabeth Morrison Consulting

AA. Addressing Food Insecurity in Los Angeles County

Dipa Shah, MPH, RD, Los Angeles County Department of public Health

Continuing Education Information

Corrections Personnel: The 16th Statewide Conference qualifies as work-related education (WRE) through the Board of State and Community Corrections' Standards and Training for Corrections (STC) Program. Interested individuals can apply for training credit through their respective training units.

Drug & Alcohol Counselors: UCLA Integrated Substance Abuse Programs is an approved provider of CE credits/contact hours for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, 2N-00-445-1119), CATCs (ACCBC/CAADE, CP 20 872 C 0819), and CAODCs (CADTP, #151). Up to 9.0 CE credits/contact hours will be offered.

LMFTs, LPCCs, LEPs, & LCSWs: UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). Course meets the qualifications for up to nine (9.0) hours of continuing education credits for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP maintains responsibility for this program/course and its content. Up to 9.0 CE credits/contact hours will be offered.

Registered Nurses: Provider approved by the California Board of Registered Nursing, Provider #15455, for up to 9.0 contact hours.



Psychologists: UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. Up to 9.0 CE credits will be offered.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the California Medical Association (CMA) through the joint providership of the Los Angeles County Department of Public Health and UCLA Integrated Substance Abuse Programs and Los Angeles County Department of Health Services. The Los Angeles County Department of Public Health is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

The Los Angeles County Department of Public Health designates this live activity for a maximum of 9 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Integrated Care Conference Goals

At the conclusion of the conference, attendees will be able to:

- To facilitate attendees' ability to coordinate services to improve healthcare integration and collaboration for mental health, primary care, and substance use disorder services.
- To help attendees identify the characteristics of services and providers that best support health, wellness, and recovery.
- To provide access to information regarding emerging best practices for treating the complex needs of those with co-morbidities and strategies for implementation.
- To provide attendees with learning opportunities that enhance their skillset and improve outcomes.