



South Africa - HIV

ATTC

Addiction Technology Transfer Center Network
Funded by the President's Emergency Plan for AIDS Relief through
the Substance Abuse and Mental Health Services Administration



Screening, Brief Intervention, Referral to Treatment Training of Trainers (SBIRT ToT)



Rehana Kader, PhD – Curriculum lead

Shaheema Allie, BA (Hons) - Training and Curriculum Coordinator



HIV, Mental Health and SUDs



- Substance use disorders (SUDs), TB, and Psychiatric Disorders are more common in people living with HIV and AIDS (PLWHA) than the general population.

Combined effects of:

- poor adherence to anti-retrovirals (ARVs),
- HIV disease progression,
- lower CD4 counts,
- vulnerability to opportunistic infections,
- high viral loads,
- possible drug resistance, and
- an earlier onset of death

Reference: Kader R, Govender R, Seedat S, Koch JR, Parry C (2015). Understanding the Impact of Hazardous and Harmful Use of Alcohol and/or Other Drugs on ARV Adherence and Disease Progression



Goals of the SBIRT ToT

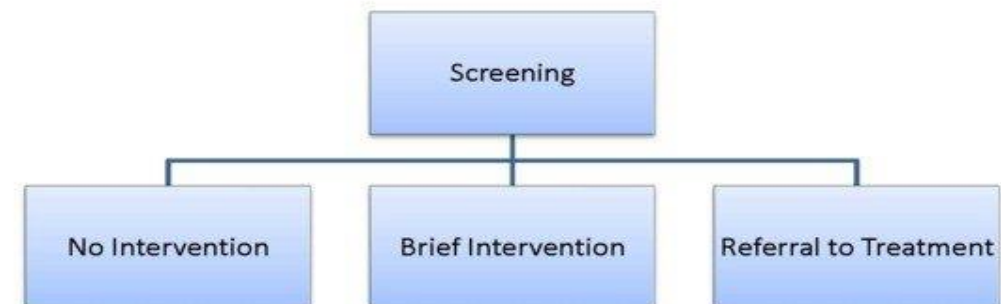


South Africa - HIV
ATTC



SBIRT is a comprehensive public health approach for delivering **prevention, early intervention** and **referral to treatment** services to people using substances in a harmful or risky way who may have additional mental health concerns and HIV.

- The goal of this 4-day training is to **train professional** health care workers in SBIRT so that they can in turn train health care workers (lay counsellors, auxiliary social workers, medical doctors) in SBIRT





Trainee requirements



South Africa - HIV
ATTC



- A basic degree in public health, mental health and/or substance use field.
- This includes, nurses, social workers, doctors, psychiatrists, psychologists (pre-services cadres)
- Have some knowledge/ experience of working with people who have a Substance Use Disorder (SUD), mental health problems, TB, HIV
- Trainees should have completed the Online Tour of MI as well as the face-to-face MI/SBIRT training through SA HIV ATTC (<http://healthknowledge.org/course/index.php?categoryid=67>).
- Ideally trainees should be professionals in public health system who are responsible for organizing or delivering in service training to community health care workers (auxillary social workers, phc nurses, lay counsellors)



Content of the ToT Manual



South Africa - HIV
ATTC



Module 1: SBIRT :Re-conceptualizing Our Understanding Of Substance Use Problems

Module 2: General Introduction to Screening Tools:

- Overview of Screening tools available
- Introduction to Alcohol Use Disorders Identification Test (AUDIT)

Module 3:Introduction to Drug Use Disorders Identification Test (DUDIT)

Module 4: Introduction to Alcohol, Smoking, and Substance Involvement Screening Test (ASSIST)

Module 5: Brief Intervention (based on Motivational Interviewing)

Module 6: Referral to treatment for patients at risk for a SUD





Training Manual Outline



South Africa - HIV
ATTC



Day 1

SBIRT

MODULE 1: SBIRT

Presentation: Re-conceptualizing Our Understanding Of Substance Use Problems

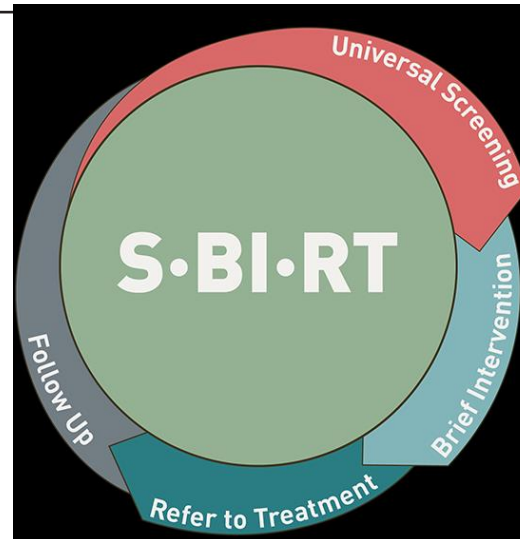
Presentation: Overview of Substance Use Disorders:

Classification of Psychoactive Substances

DSM V Criteria for SUD's

Presentation: Introduction to **SBIRT** Approach

Rationale for Screening and brief Intervention





Training Manual Outline



South Africa - HIV
ATTC



Day 1 SBIRT
<p>MODULE 2</p> <p>General Introduction to Screening Tools: Overview of Screening tools available</p>
<p>Presentation: Introduction to AUDIT</p> <p>Role Play: Demonstrating & Administering AUDIT</p>



Risk Level	Intervention	AUDIT score*
Zone I	Alcohol Education	0-7
Zone II	Simple Advice	8-15
Zone III	Simple Advice plus Brief Counseling and Continued Monitoring	16-19
Zone IV	Referral to Specialist for Diagnostic Evaluation and Treatment	20-40

*The AUDIT cut-off score may vary slightly depending on the country's drinking patterns, the alcohol content of standard drinks, and the nature of the screening program. Clinical judgment should be exercised in cases where the patient's score is not consistent with other evidence, or if the patient has a prior history of alcohol dependence. It may also be instructive to review the patient's responses to individual questions dealing with dependence symptoms (Questions 4, 5 and 6) and alcohol-related problems (Questions 9 and 10). Provide the next highest level of intervention to patients who score 2 or more on Questions 4, 5 and 6, or 4 on Questions 9 or 10.



Training Manual Outline



South Africa - HIV
ATTC



Day 2 SBIRT

MODULE 3

Presentation: Introduction to **DUDIT**

Interactive presentation and demonstration: Administering and Scoring the DUDIT

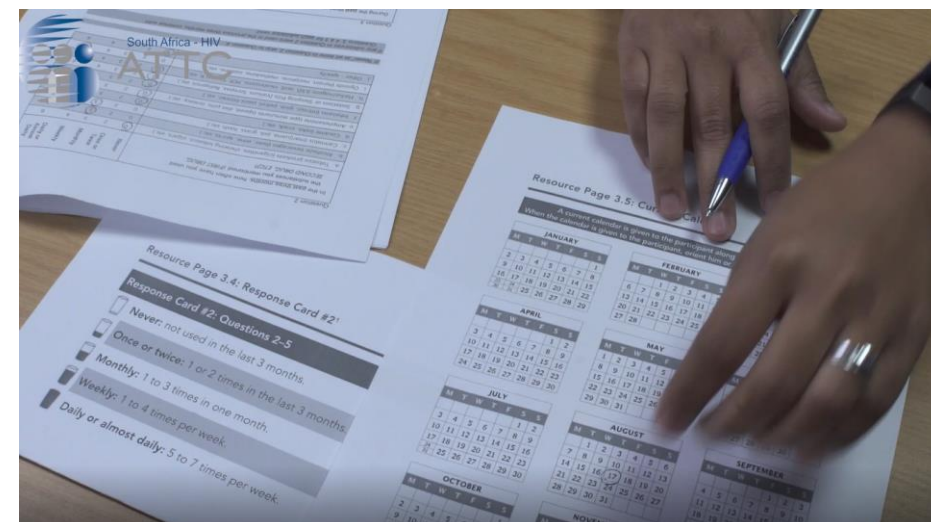
MODULE 4

Presentation: Introduction to **ASSIST**

Interactive presentation: Discussion of each Question on the ASSIST

Presentation: Scoring of ASSIST

Journal exercise: Effective use of the ASSIST in brief interventions





Training Manual Outline



South Africa - HIV
ATTC



Day 3

SBIRT

Module 5: Brief Intervention (BI) Motivational Interviewing

Interactive presentation: ASSIST-linked Brief Interventions

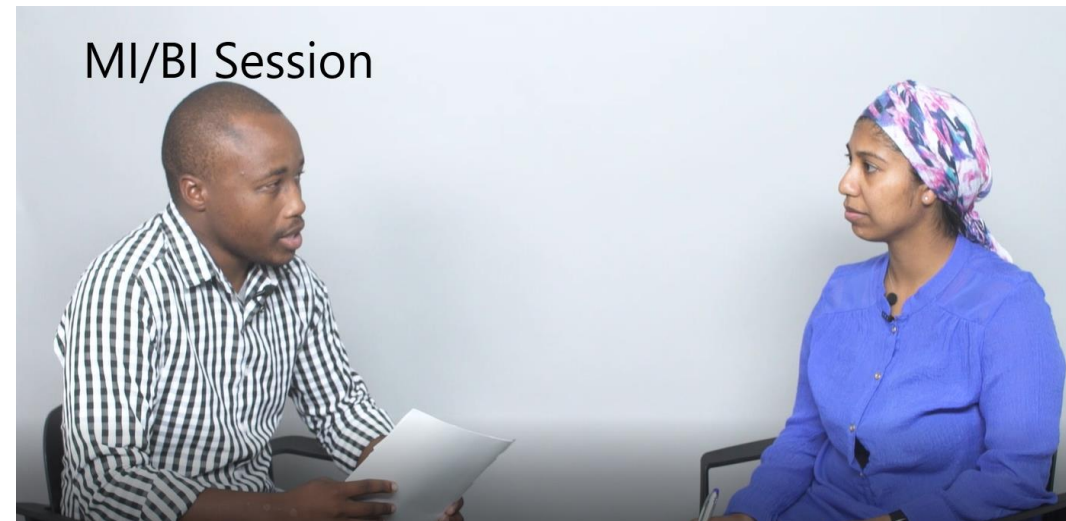
Difference between Screening & Assessment

Module 6: Referral to Treatment

Presentation: Referral to Treatment for patients with a SUD

Large Group Exercise: Gaps in referral to treatment

Post-Test Evaluation





Training Manual Outline

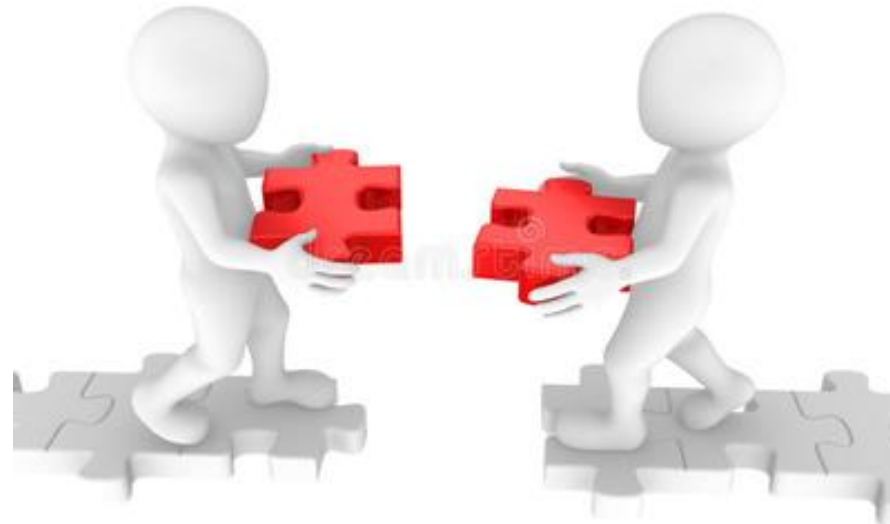
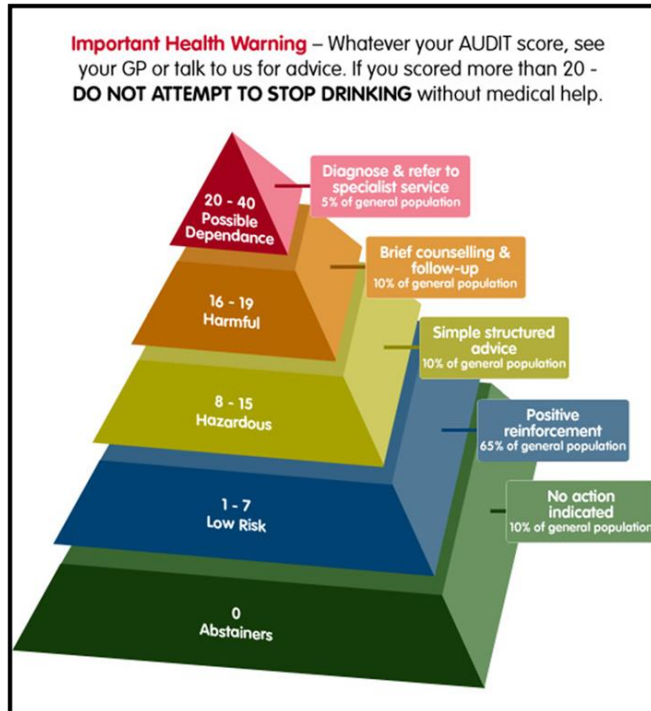


South Africa - HIV
ATTC



Day 4 TEACH BACK

Participants in pairs to teach back to the group a section of what they have learnt during the training. This forms part of their assessment as TOT's





Core Competencies following Training



South Africa - HIV
ATTC



Demonstrate:

- Training, presentation & facilitation skills
- An understanding of substance use along a continuum (use, harmful/hazardous use, SUD)
- Basic ability to establish a helping relationship with the client as characterized by a collaborative, warm, respectful, genuine, and empathic relationship ('Spirit of MI')



Core Competencies Continued



South Africa - HIV
ATTC



- Ability to effectively administer, score and interpret results of the AUDIT, DUDIT & ASSIST
- Ability to effectively facilitate brief interventions based on results of screening
- Ability to make basic treatment recommendations based on results of screening



Training Material



South Africa - HIV
ATTC



- Trainer Manual: Divided into separate modules
- Handouts:
- Screening tools (AUDIT, DUDIT, ASSIST),
- Case studies,
- Principles & strategies of Motivator
- Brief Intervention summaries.
- Videos for each screening tool





Training Method



South Africa - HIV
ATTC



- Combination of:
 - Didactic lectures
 - Group Discussions
 - Role plays
 - Case Studies
 - Videos to be used to practice screening tools



- A maximum of 30 trainees per training event to ensure interaction and engagement
- Ongoing supervision and support after training



Questions



South Africa - HIV
ATTC



	ngiyathokoza!	ro livhuwa!
dankie!	ke a leboga!	enkosi!
	thank you!	udo livhuwa!
	inkomu!	ngiyabonga!
	ke a leboha!	
siyabonqa!		