

Effecting Change through the Use of Motivational Interviewing: Interactive Training for Skill Development


Sponsored By:

LA County Department of Public Health, Substance Abuse Prevention and Control (SAPC)
 California Department of Health Care Services
 California Institute for Behavioral Health Solutions
 UCLA Integrated Substance Abuse Programs
 Pacific Southwest Addiction Technology Transfer Center

Hosted By: Tarzana Treatment Center



Date and Time:	Monday, December 9, 2019, 9:00 a.m. – 4:30 p.m. Sign-in will begin at 8:30 a.m. and the training will begin promptly at 9:00 a.m.
Location and Parking Information:	Tarzana Treatment Center 6022 Variel Avenue, Woodland Hills, CA 91367 *Limited parking available onsite. Carpooling or taking the Metro is encouraged. Tarzana is close to the Orange Line.
Who Should Attend:	This six-hour training is free and is open to staff who are interested in providing Motivational Interviewing, including: <ul style="list-style-type: none"> • Psychologists • LMFTs and LCSWs • Registered Nurses • Certified Substance Use Disorder Treatment Counselors • Other Behavioral Health Specialists/Clinicians • Clinical Supervisors/Clinical Trainers are encouraged to attend
Training Description and Core Clinical Components:	Motivational interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. Following a brief review of the fundamental MI principles and micro-skills, this experiential MI Skill Development training will focus on helping clients to engage in change talk, and then make commitments to make behavioral changes based on goals that they have identified. Ample time will be devoted to role play practice to enable participants to gain skills necessary to elicit change talk from clients with low levels of readiness for change, thereby increasing levels of motivation and moving them toward action to address their substance use issues.
Prerequisites	<p>**IMPORTANT**</p> <p>In order to attend this in-person training session, you must first complete a pre-requisite online course, even if you have participated in MI training in the past. Enrollment information for the self-paced, online course, entitled <i>A Tour of Motivational Interviewing</i>, is available at: http://healthknowledge.org/course/index.php?categoryid=53#TourOfMI. This 4-hour self-paced course can be completed free of charge; CE credit is available for a nominal fee of \$20. After completing the online course, you will receive a certificate of completion that you must submit to UCLA ISAP as part of the training registration process. If you have any issues locating your certificate or completing the course, please contact the HealthEKnowledge support center at 844-284-9616. Please note: You will not be confirmed to attend this in-person training, nor will you receive a confirmation email, until your online MI course certificate of completion has been submitted to Victoria Norith (vnorith@mednet.ucla.edu).</p>

<p>Learning Objectives:</p>	<p>At the conclusion of the MI Skill Development training session, participants should be able to:</p> <ol style="list-style-type: none"> 1. Define at least three (3) key principles of Motivational Interviewing that can be utilized with clients. 2. Compare the effectiveness of Motivational Interviewing to traditional medical approaches to counseling clients with substance use problems. 3. Describe and demonstrate the effective delivery of at least three MI micro-skills that be used to help clients increase motivation for substance use related changes. 4. Explain how to apply Motivational Interviewing techniques in typical circumstances encountered in behavioral health treatment. 5. Describe at least two (2) components of the Spirit of Motivational Interviewing and why each is important to the effective application of Motivational Interviewing
<p>Trainer:</p>	<p>James Peck, PsyD, UCLA Integrated Substance Abuse Programs</p>
<p>Continuing Education:</p>	<p>The training course meets the qualifications for the provision of six (6.0) continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for six (6.0) hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1119), CATCs (ACCBC/ CADE, #CP40 872 C 0822), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for 6 contact hours. CE credit will be awarded at the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.</p> <p>Instructions for Filing a Grievance Concerning UCLA ISAP’s Continuing Education Program: Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).</p> 

**Motivational Interviewing Training
Monday December 9, 2019
Registration Form**

**Tarzana Treatment Center
6022 Variel Avenue, Woodland Hills, CA 91367**

Seating is limited for this training. Please RSVP to Victoria Norith by **Monday December 2, 2019. To register by e-mail, please complete the bottom portion of this page and send it to vnorith@mednet.ucla.edu. To register by fax, complete the bottom portion of this page and fax it to Victoria's attention at (310) 312-0538. Registrations will be accepted on a first-come, first-served basis. You will be notified if space has been reserved for you upon receipt of your registration form. If completing this form by hand, please print clearly. Contact Brandy Oeser by phone (310) 267-5331 or e-mail (boeser@mednet.ucla.edu) if you have questions, special needs, or need additional information to register for this training.

****REGISTRATIONS WILL NOT BE ACCEPTED WITHOUT PREREQUISITE COMPLETION****

First and Last Name:		
Position/Title:		
Agency Name:		
Mailing Address:		
City:	State:	Zip Code:
Phone Number:		Fax Number:
E-mail Address:		
Type (s) of continuing education credit needed*:		License or Certification Number**:

*Continuing education choices include: **RADT I/II, CADC-CAS, CADC I/II, CADC-CS, LAADC** (CCAPP); **CATC** (ACCBC/CAADE); **CAODC** (CADTP); **LMFT, LPCC, LEP, LCSW** (CAMFT), **Psychologist** (APA); and **Registered Nurse** (CA BRN).



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Brandy Oeser at (310) 267-5331, boeser@mednet.ucla.edu

Refund/Cancellation Policy: Notice of cancellation must be made at least 72 hours in advance of the training by contacting Victoria Norith by phone (310-267-5408) or email (vnorith@mednet.ucla.edu).