

# SARC

## California Addiction Training and Education Series Trauma Informed Care Approaches for Working with Individuals with Substance Use Disorders

### Date, Venue, & Trainer Information

Date: Monday, November 25, 2019

Time: 9:30 a.m. – 5:00 p.m.  
Check-in starts at 9:00am

Venue: IBEW Union Hall  
1875 Arnold Drive  
Martinez, CA 94553

Cost: Free; enrollment is limited to 50  
participants

### Trainer: Andrew Kurtz, MA, LMFT

Andrew Kurtz, MA, LMFT is a Licensed Marriage and Family Therapist and has been a Clinical Specialist with UCLA's Integrated Substance Abuse Programs since 2014. Mr. Kurtz has previously served as a program director in community mental health, specializing in optimizing access to services through a same-day assessment center. He has served as the lead contact of a nationally-recognized Trauma-Informed Care implementation that provided staff trainings and program design assistance to improve trauma services, including developing a one-of-a-kind wellness center focused on reducing barriers to accessing care for individuals exposed to traumatic events. Mr. Kurtz has a background in research on cognitive and behavioral interventions for the treatment of first-episode schizophrenia diagnoses.

### Overview and Learning Objectives

The purpose of the "Trauma Informed Care Approaches for Working with Individuals with Substance Use Disorders" training is to introduce participants to the presentation of trauma among clients and the relation between traumatic experience and the development of substance use disorders. Key topics include: an overview of trauma presentations across the lifespan; socioecological conceptualizations of early childhood trauma leading to later life judicial and medical impairments; and skills and strategies to intervene with clients who have co-occurring trauma and substance use disorders.

At the conclusion of the training, participants will be able to:

1. Identify three examples of "Big T" or "little t" stressors
2. Describe two of the major findings from the ACE study relating childhood experience to substance use and adult health impairment
3. Demonstrate at least one technique for engaging consumers in a trauma-informed approach.
4. Describe at least one impact of trauma on cognition and physiological functioning.
5. Identify one Domain of Trauma-Informed Care and how, organizationally, activating this domain enhances trauma care.

**Sponsored by:** Contra Costa Alcohol and Other Drug Services; California Department of Health Care Services; UCLA Integrated Substance Abuse Programs (ISAP); Pacific Southwest Addiction Technology Transfer Center, HHS Region 9; County Behavioral Health Directors Association of CA



## Target Audience

The audience for SARC regional trainings is Substance Use Disorder (SUD) treatment providers who are implementing the DMC-ODS Waiver (e.g., counselors, case managers, program directors, executive directors, and administrators), researchers, psychologists, marriage and family therapists, social workers, educators, law enforcement personnel, nurses, physicians, policy makers, students, and community members interested in Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), Screening, Brief Intervention and Referral to Treatment (SBIRT), and other DMC-ODS Waiver implementation training topics.

### Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program:

Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).

### For More Information

Please contact Elizabeth Teshome by phone (310-267-5287) or e-mail ([eteshome@mednet.ucla.edu](mailto:eteshome@mednet.ucla.edu)) if you have questions, concerns, special needs, or require additional information before registering for this training.

### Refund/Cancellation Policy

Notice of cancellation must be made at least 72 hours in advance of the training by contacting Victoria Norith by phone (310-267-5408) or email ([vnorith@mednet.ucla.edu](mailto:vnorith@mednet.ucla.edu)).

## Continuing Education(CE)

All trainings meet the qualifications for the provision of six (6.0) credit/contact hours (CEs/CEHs).



UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA maintains responsibility for the program and its content.

Up to six (6.0) continuing education credits/contact hours (exact amount will be based on the qualifications of the specific topic) will be provided for each training. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for number (6.0) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1119), CATCs (ACCBC/CAADE, #CP40 872 C 0822), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for 6 contact hours. CE credit will be awarded at the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.

The 2019 SARC training series qualifies for work-related education (WRE) through the California Board of State and Community Corrections' Standards and Training for Corrections (STC) Program. Interested individuals can apply for training credit through their respective training units.

# Trauma Informed Care Approaches for Working with Individuals with Substance Use Disorders

November 25, 2019

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1875 Arnold Drive  
Martinez, CA 94553

\*\*Seating is limited to 50 participants; to allow the training to be accessible to all interested agencies, a per agency cap may be applied. Please RSVP to Kim Valencia by 12:00 p.m., on November 18 2019. To register online, please visit: <https://www.surveymonkey.com/r/3VC5QWP> To register by e-mail, please complete the bottom portion of [this page](#) and send it to KimberlyValencia@mednet.ucla.edu. To register by fax, complete the bottom portion of this page and fax it to Kim Valencia's attention at (310) 267-5492. Registrations will be accepted on a first-come, first-served basis. You will be notified if space has been reserved for you upon receipt of your registration form.

Participant's First and Last Name: \_\_\_\_\_

Degree(s): \_\_\_\_\_

Job Title: \_\_\_\_\_

Agency/Organization Name: \_\_\_\_\_

Mailing Address:

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

County: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

E-mail Address\*: \_\_\_\_\_

Type of CE Credit Needed\*\*: \_\_\_\_\_ License/Certification #\*\*\*: \_\_\_\_\_

Special Needs or other Accommodations: \_\_\_\_\_

\*By providing your email address, you will automatically be added to the PSATTC listserv. To opt out, please contact Elizabeth Teshome at [eteshome@mednet.ucla.edu](mailto:eteshome@mednet.ucla.edu).



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Michelle Richardson, LMFT at (925) 335-3322, or email [Michelle.Richardson@cchealth.org](mailto:Michelle.Richardson@cchealth.org) one week before the training

\*\*Continuing education credits/contact hours will only be provided to those individuals who participate in the entire duration of the training. Partial credit for less than full participation will **NOT** be offered. Licensed number is required for PSY and RN.