



Mountain Plains ATTC (HHS Region 8)

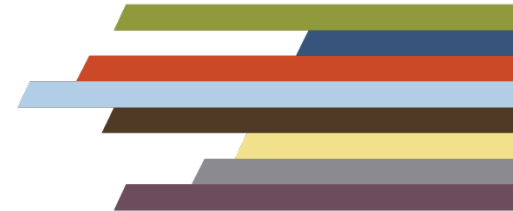
**ATTC**

Addiction Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

# Thank You for Joining us Today!

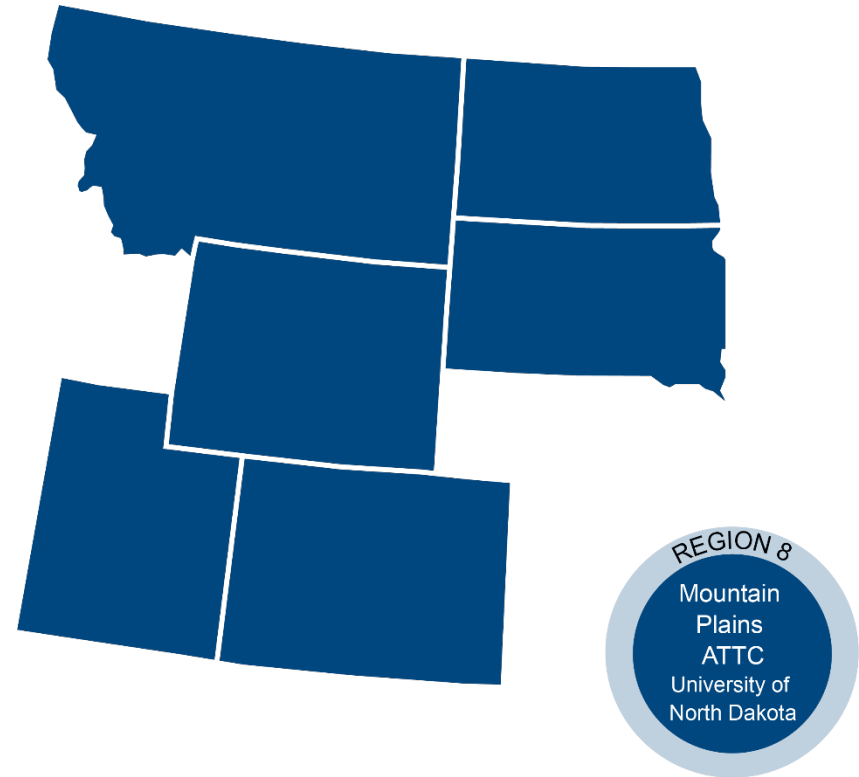
Please remember to:

- Mute yourself
- Ask questions in the chat box
- Follow us on Twitter: @MT\_Plains\_ATTC



# The Mountain Plains Addiction Technology Transfer Center

Provides training and technical assistance on evidence based practices to providers offering substance use disorder in Region 8 (North Dakota, South Dakota, Montana, Wyoming, Colorado, and Utah). We are funded by the Substance Abuse and Mental Health Service Administration (SAMHSA)



# Disclaimer

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At the time of this presentation, Elinore F. McCance-Katz, served as SAMHSA Assistant Secretary. The opinions expressed herein are the views of James Glenn do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred.

How we can continue to offer free training

**A SURVEY!**

[https://www.surveymonkey.com/r/67-102\\_HousingIntervention\\_POST](https://www.surveymonkey.com/r/67-102_HousingIntervention_POST)



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# Housing as an Intervention

A quick reference guide to what you need to know & how you need to think when it comes to housing special needs populations.

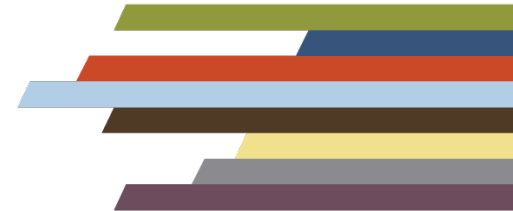
Presented by:

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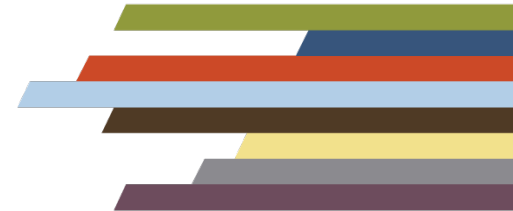
***SAMHSA***

Substance Abuse and Mental Health  
Services Administration



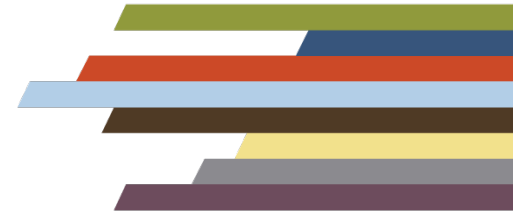
# 1. Special Considerations for persons experiencing (or at risk of) homelessness

- **Solution to preventing and/or ending homelessness = combo of housing, employment & support services.**
  - Sobriety, medication compliance, behavior modification, therapy all help—but in and of themselves are not solutions to homelessness
  - Decades of research that demonstrate the power of housing (and employment) – particularly on quality of life and health of individuals.
- **Order matters** – understanding *Housing First* & barrier-free housing



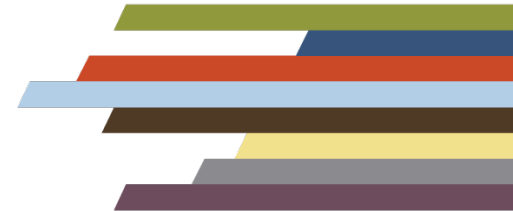
# 1. Special Considerations for persons experiencing (or at risk of) homelessness (Cont.)

- **Obtaining and maintaining** housing require separate strategies and supports
- **Contribution & inclusion** – practice curiosity/ focus on strengths / “nothing about me without me”; establish a co-learning relationship
- **Eviction prevention** is an effective strategy – don’t overlook.
  - LL is client also- key relationship
  - i.e.- work with HA re: reducing evictions—cost effectiveness (lead into next slide)



## 2. Understanding the economic argument of housing

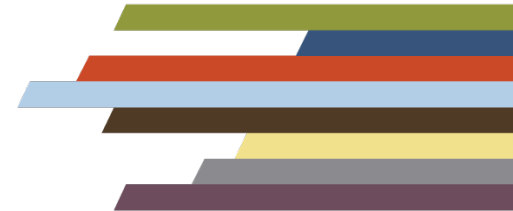
- Get your mindset right – **housing is not a charity, it is an investment.** Investments require a return of some kind- financial and/or social. Go for the gold and measure both.
  - Housing is NOT a handout; nor is it earned → it is a tool to accomplish an objective.





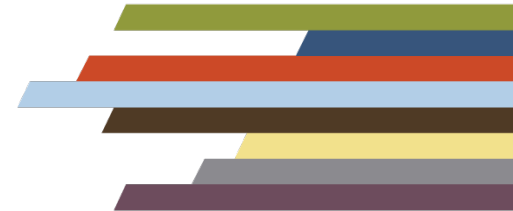
## 2. Understanding the economic argument of housing (Cont.)

- **Know your numbers** (local is best)- over 2 decades of research proving the cost effectiveness of housing as an intervention.
  - In general – costs between \$35,000-\$56,000 per person per year to be homeless (\$95-\$153 per person per day). Bill is mostly to taxpayer.
  - Cost to house individuals – \$9,000 – \$18,000 per person per year (\$24- \$49 per person per day).



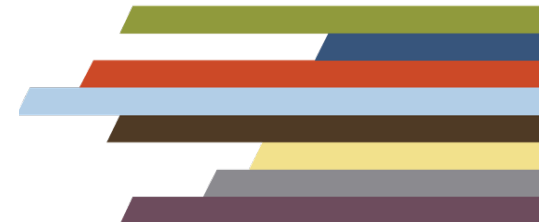
## 2. Understanding the economic argument of housing (Cont.)

- ***TIP: START HERE!*** - start conversations with key stakeholders with the business reason (vs. the moral reason) for developing housing resources - reduces NIMBYISM and moral judgements.



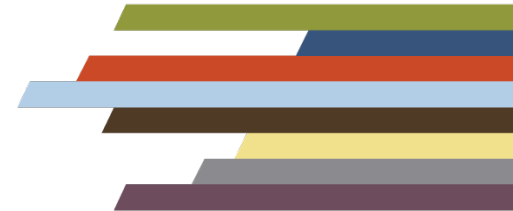
### 3. Introduction to funding sources

- **Federal** – SAMHSA, HUD, DOJ, etc.
  - Note – Housing is an important part of SAMHSA's Recovery Support Services (listed in two of 5 strategic goals) and part of their Recovery Oriented Systems of Care. They are starting to allow a portion of some awards to be used for housing assistance
- **State** – Housing Development Commissions (disburse tax credits and other programs); different department of social services (mental health, etc.)
- **City / County** – City hall; local housing authorities; some counties also provide separate support
- **Private** – “*businesses for good*” (this is trending upwards); local philanthropies; FHLB & community banks
- ***TIP:*** Know **your role** and **what you bring to the table** before seeking funding



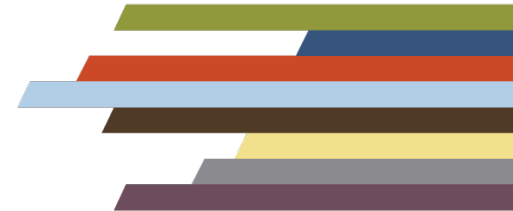
## 4. Strategies to address inequity/disparities in recovery housing

- **Increase your cultural sensitivity-** historically housing access has been more challenging for minorities / persons of color, LGBTQ, formerly incarcerated, and those who are in poverty.
  - *Seek to understand the population you are striving to serve so your program becomes part of the solution and not part of the problem.*



## 4. Strategies to address inequity/disparities in recovery housing (Cont.)

- Understand the law (tenant and landlord rights & fair housing) & current best practice.
  - **Medication Assisted Treatment (MAT)** – i.e.- National Alliance of Recovery Residences & Oxford House Inc. both have evidence based guidelines that support residents receiving MAT during their recovery.
- *TIP: Practice curiosity to see if your thinking and practice is current or out of date?*

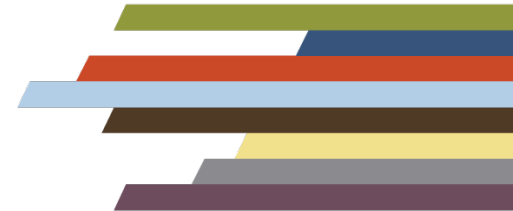


# **SAMHSA's Strategic Plan 2019-2023**

## **5 Priority areas -**

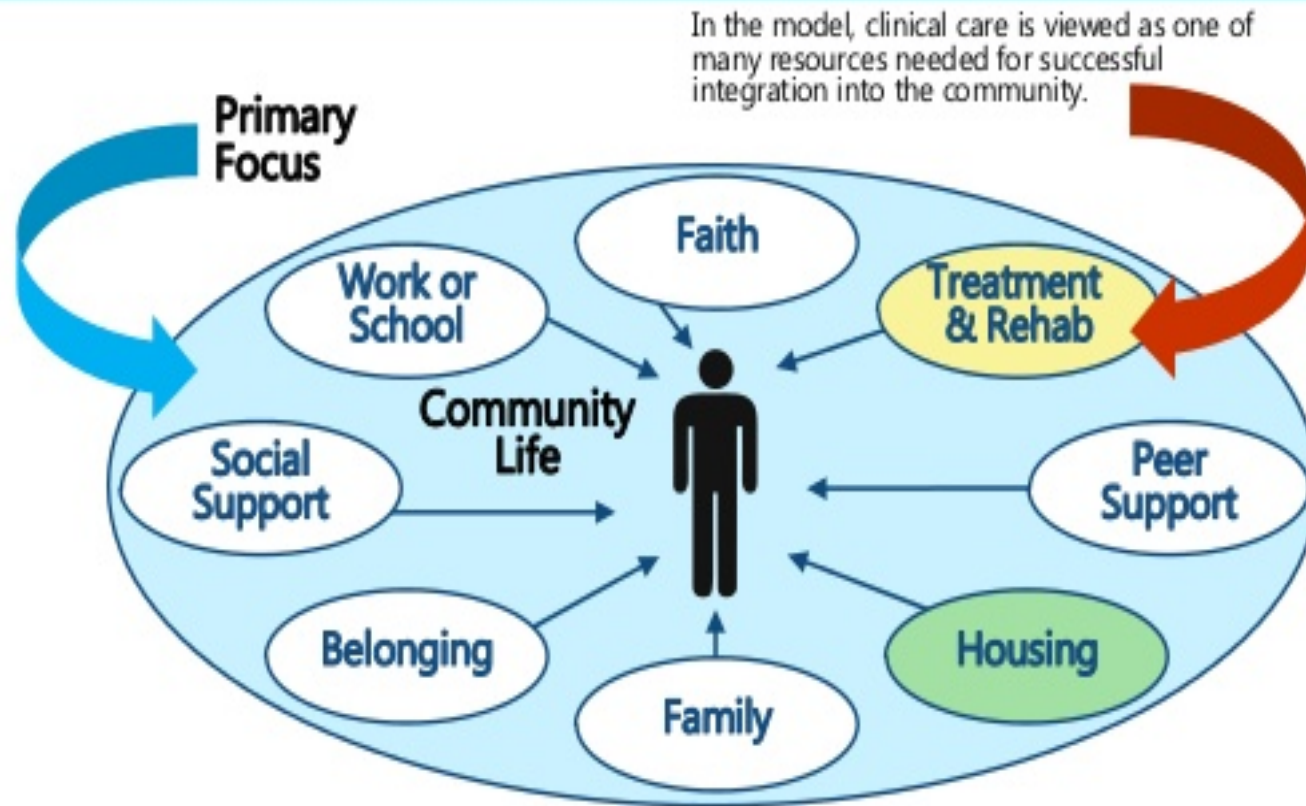
1. Combating the Opioid Crisis through the Expansion of Prevention, Treatment, and **Recovery Support Services**.
2. Addressing Serious Mental Illness and Serious Emotional Disturbances.
3. Advancing Prevention, Treatment, and **Recovery Support Services** for Substance Use.
4. Improving Data Collection, Analysis, Dissemination, and Program and Policy Evaluation.
5. Strengthening Health Practitioner Training and Education.

<https://www.samhsa.gov/about-us/strategic-plan>



# ROSC Care System

## Recovery Oriented System of Care

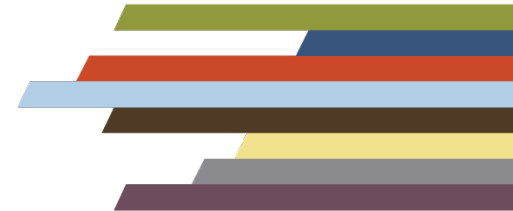


# **NEWS! Recovery Housing in SAMHSA Grants**

SAMHSA Criminal Justice portfolio includes emphasis on recovery housing

- Up to 30% can be spent on recovery housing
- As the result of input from recovery advocates

- NARR conference 2019



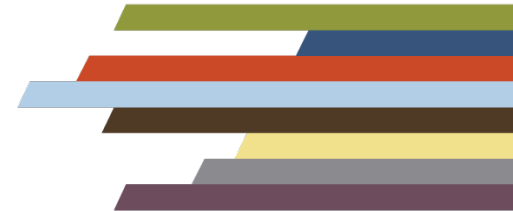


# Closing Comments

1. **Engaging and maintaining relationships with LL's** is key to success.
  - Part of the job
2. The **service providers belief system** is a large factor in program success.
  - Hiring & onboarding issue.
3. **Get help** getting started.
  - Do homework - SAMHSA supportive housing toolkit link (HUD has one too).
  - Use consultants.



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# Questions?

Please don't forget to complete an evaluation survey for today's training.

Thank you!!

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