The Mountain Plains Addiction Technology Transfer Center

Provides training and technical assistance on evidence-based practices to providers offering substance use disorder in Region 8 (North Dakota, South Dakota, Montana, Wyoming, Colorado, and Utah). We are funded by the Substance Abuse and Mental Health Service Administration (SAMHSA)



Disclaimer

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At the time of this presentation, Elinore F. McCance-Katz, served as SAMHSA Assistant Secretary. The opinions expressed herein are the views of Jessica Thomasson and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred.

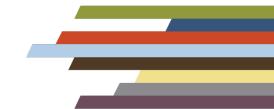
Housing as an Intervention

Applying supported housing principles in rural North Dakota

Presented by: Jessica Thomasson





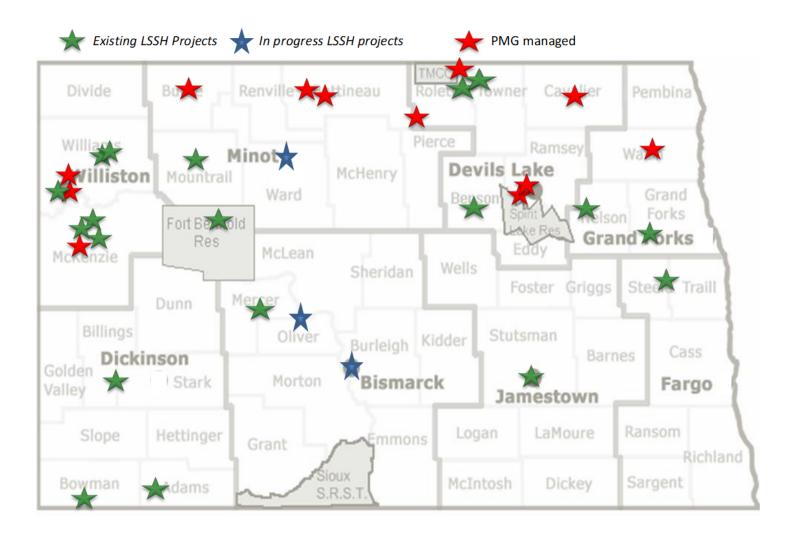


Providing housing in communities across North Dakota

- 1,100 units under management
- 36 properties in 25 communities
- Population of 340 to 75,000

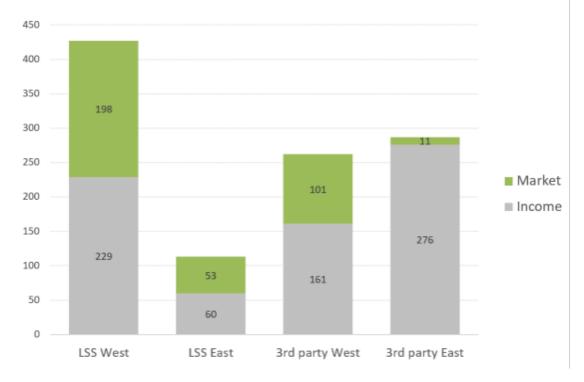
Properties range from:

- 8-units to 124 units
- Duplex-style cottages to multistory new construction
- Adaptive reuse of historic buildings



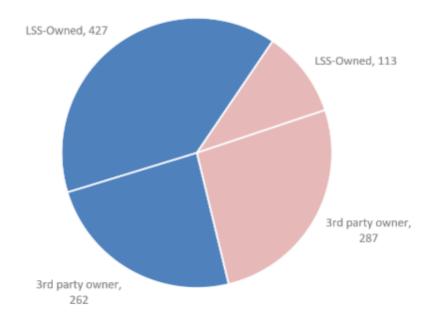


67% of the units managed by LSS PMG are incomerestricted for lower income households



LSS Property Management Group is responsible for 1089 apartments across North Dakota.

63% are located in western ND





What defines our affordable housing work?



We provide housing to people who need it in the places they choose to live.



You shouldn't have to change your address when your need for supportive services changes.



Stable housing and stable employment are critical stability factors for every household.



Both tenants and landlords have rights and responsibilities related to the successful preservation of an individual's housing stability.



Having an affordable place to live is a basic necessity for every family's success. Without it they will not be able to focus on making change in other areas of their life that may need concerted attention.



Preserving affordable housing keeps communities strong but it will not happen without intentional effort to identify, retain, and reinvest in existing housing stock.

What is driving our approach to human services?



Shift from institution to community-based services (system to natural supports)



Focus on prevention and early intervention (family life stages/pressure points and what/how to intervene)



Individual approach by geography, with centralized practice standards



Client driven, family centered, culturally responsive, trauma-informed

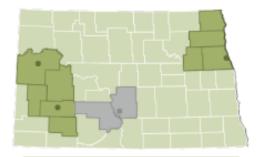


Connect to the most appropriate source of revenue



Seek out opportunities to engage in a non-partisan, inclusive way

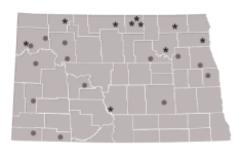
Innovating Service Delivery



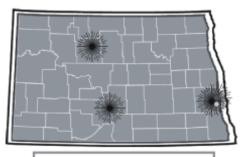
Dots - Office locations

Outlines - Counties served

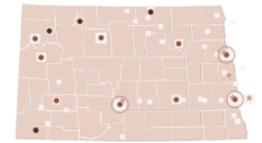
Gray - Healthy Families office and ounties served not a part of Family Strengthening Hubs



- * LSS Housing owned
- * LSS Housing managed



- . Adoption Staff and area they cover (outline)
- *- Luther Hall Facility (coverage statewide)
- - Unaccompanied Refugee Minors



- · LSS Satellite/Home Offices
- LSS Offices
- Intern Hosting Offices
- . Intern's College Campus
- Staff (size represents # of staff)



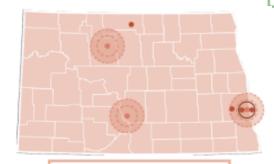
- a Senior & Volunteer Companions Station + 30 mile radius
- . Community Transitions Office + 100 mile radius
- . RSVP Dot at office and counties served outlined
- Aging Life Care Office + 100 mile radius



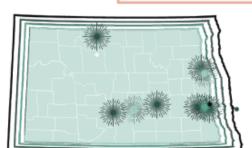
- . Disaster Response in FY19 (coverage statewide)
- *- Immigration Services (coverage statewide)
- - Refugee Resettlement Site
- Labor Trafficking Support



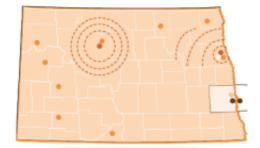
- · Gamblers Choice staff base + service location (Gambler Healing available statewide)
- . Abound Counseling Staff . Tele-health site + 30 mile raidus
- · In-home counseling (regions/counties served outlined)
- Violence Free Support Groups
- Free Through Recovery + 60 mile radius



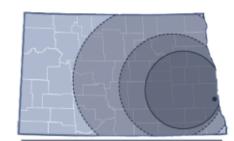
- . Imagine Thriving Film Screenings
- · Skills Coaches + 30 mile radius
- · Access to Care FMWF school districts + student connector



- - Parent Referral
- *- Child Care Business Consulting and CQI
- *- Growing Futures
- Child Care Inclusion staff (available statewide)
- Violence Free Support Groups



- · Youth Court
- · Attendant Care
- · Restorative Justice Facilities
- YCAP (Cass County)
- Day Report



- · 3H Interpreter Services
- Primary Service Area
- --- Extended Service Area
- Services available statewide via telecommunication





SAMHSA model is an effective frame for Permanent Supported Housing



CHOICE OF HOUSING TO MEET TENANT PREFERENCES



SEPARATION OF HOUSING AND SERVICES TO MAXIMIZE CHOICE



SUBSIDY FOR DECENT, SAFE, AFFORDABLE HOUSING



INTEGRATED SETTINGS FACILITATE INTERACTION



RIGHTS OF TENANCY AREN'T TIED TO SERVICE NEEDS



OCCUPANCY ISN'T TIED TO SERVICE ACCEPTANCE



FLEXIBLE, VOLUNTARY, RECOVERY-FOCUSED SERVICES

What is Housing First?

- Immediate access to housing with no housing readiness conditions
- Consumer choice and self determination
- Recovery orientation
- Individualized and person-driven supports
- Social and community integration





Our Approach to assuring safe, decent housing for our tenants

- Background check
- Community rules
- Violations
- Active property management
 - Inspect each unit
 - Get to know each other
 - Tenant support services
 - Enforce guest policies
 - Parking permits
- Crime prevention through environmental design

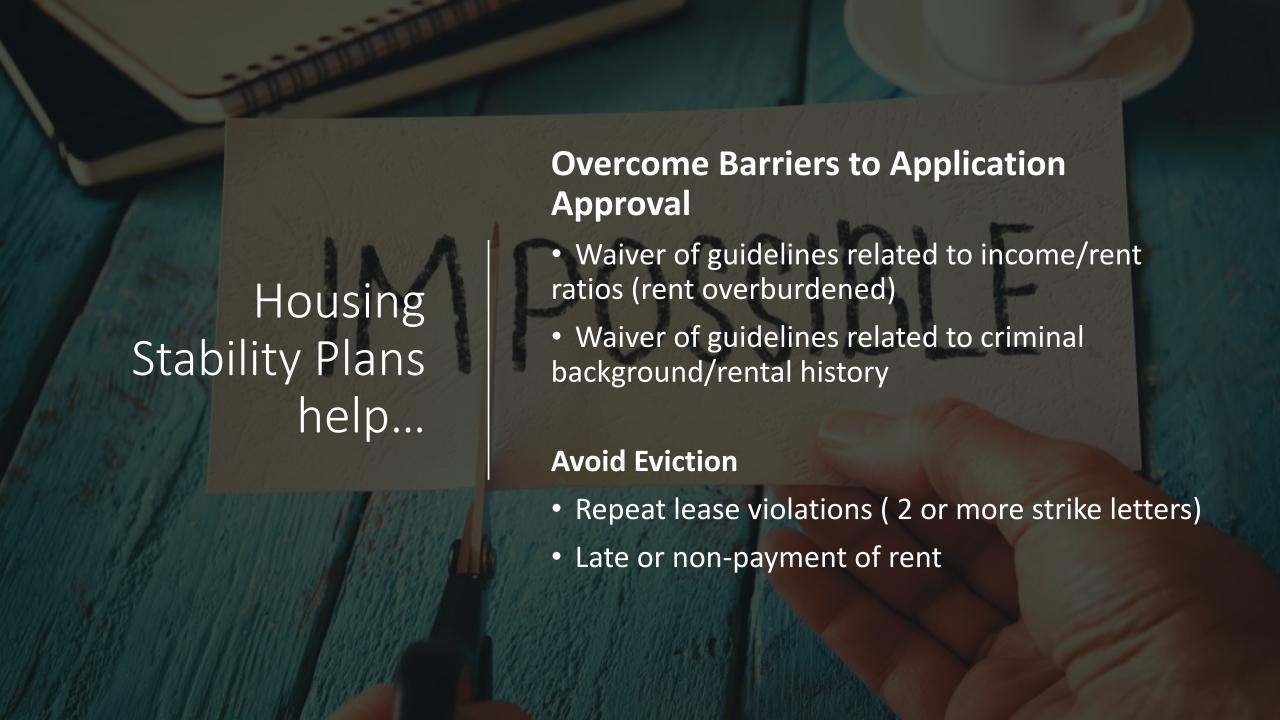
Why is it difficult for people to

Find Housing

- Ability to pay rent
- Criminal background
- Rental History

Keep Housing

- Ability to pay rent
- Behaviors that damage property
- Behaviors that harm other tenants
- Not adhering to a property's "community rules"



What's going on around us that makes this more possible than ever before?



Social Determinants of Health



Family First Preservation Services Act



Justice system reforms

Challenges

- Finding providers with capacity to bill MA for services
- Ability to pay for services for people without MA coverage
- Availability of rent subsidy
- Resistance to Housing First approach
- Finding services that focus on housing stability
- Natural tension between responsibilities of property managers and service providers

Thank you for all you do to help people find and maintain stable housing!

For more information



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