



Mountain Plains ATTC (HHS Region 8)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Integrated Care and Telehealth

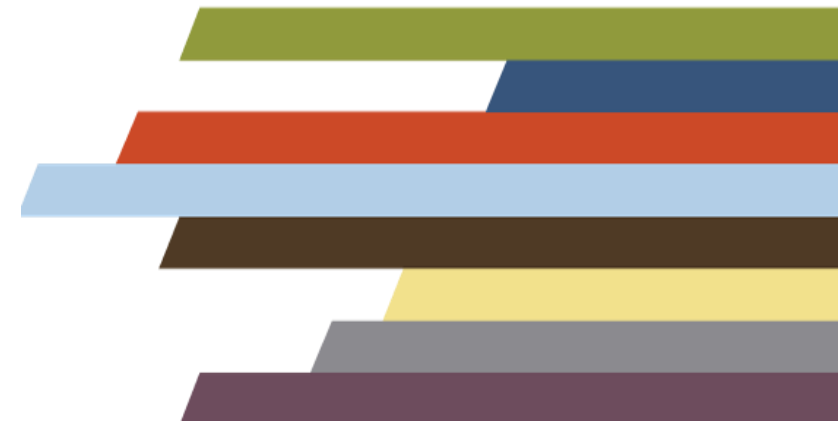
Chris Harsell DNP, ANP-BC





OBJECTIVES:

- Increase knowledge of telehealth;
- Increase understanding of use of telehealth in the context of integrative care;
- Increase knowledge of reimbursement for telehealth services.





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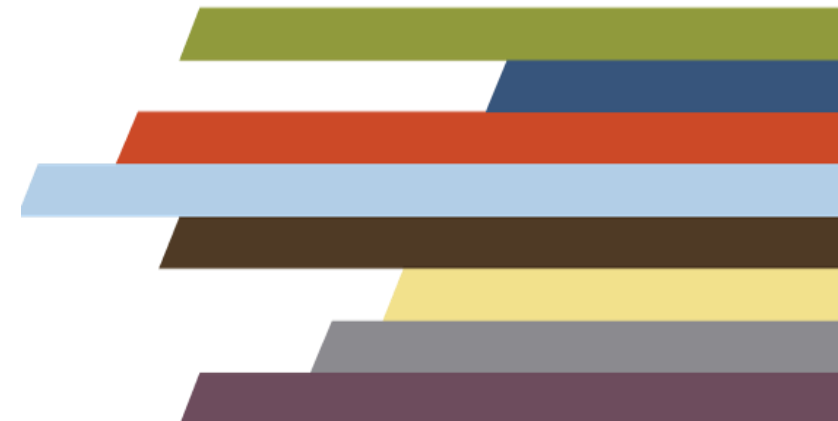
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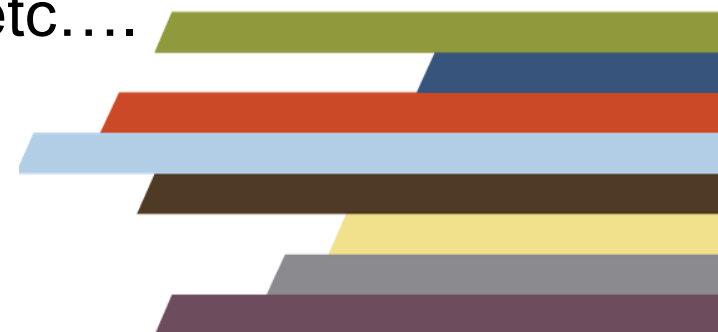
“The systematic coordination of general and behavioral healthcare. Integrating mental health, substance abuse, and primary care services produces the best outcomes and proves the most effective approach to caring for people with multiple healthcare needs.”

(SAMHSA-HRSA Center for Integrated Health Solutions)





- What does that really mean?
 - Behavioral Health Consultant (BHC) integrates into primary care.
 - Referrals are through “warm handoffs”
- BHC works with:
 - Mental Health/Substance Use concerns
 - The Big Five (Heart Disease, Diabetes, Cancer, COPD, Stroke) and other health conditions.
 - Screen and provider intervention (SBIRT!) for: Depression, Anxiety, Adult ADHD, Bipolar Disorder, Postpartum Depression, etc....





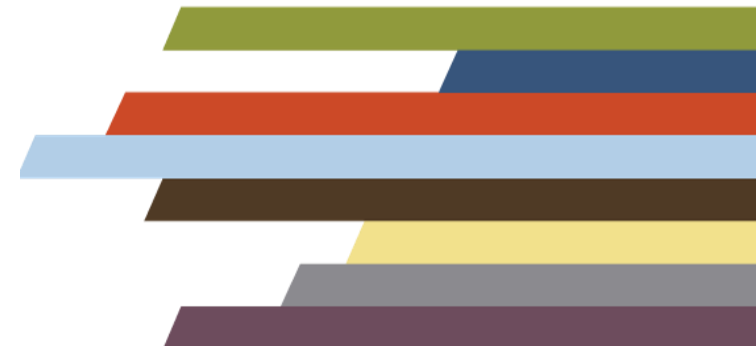
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Telehealth:

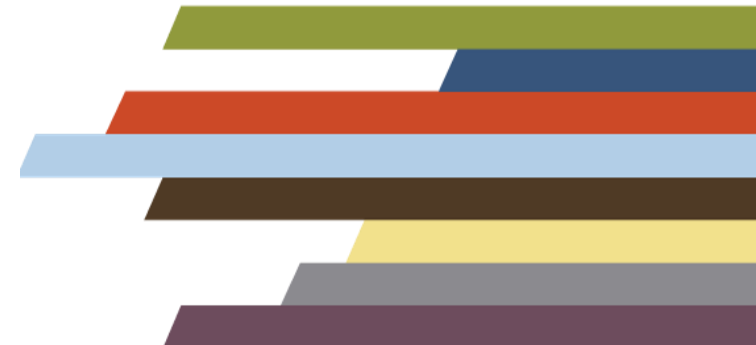
The use of electronic information to support long-distance care.





Telehealth Benefits

- Improves Access
 - Patient–Clinician
 - Clinician-Clinician
- Decreases Fragmentation
- Improves Outcomes
- Improves Satisfaction





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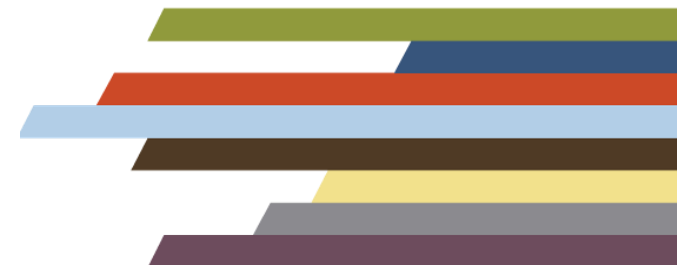
Technology

Computer

Internet Connection

Web Cam and Mic

HIPAA compliant Video Conferencing





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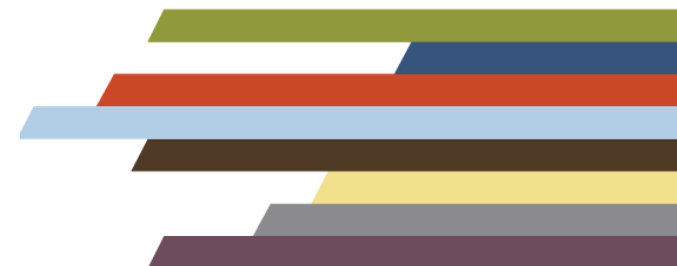
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Telehealth in Integrated Care

BHC Visits (remote and between sites)

Originating Site for Specialist visits (pediatric psychiatrist)

Provider Visits (remote and between sites)





Billing for Telehealth

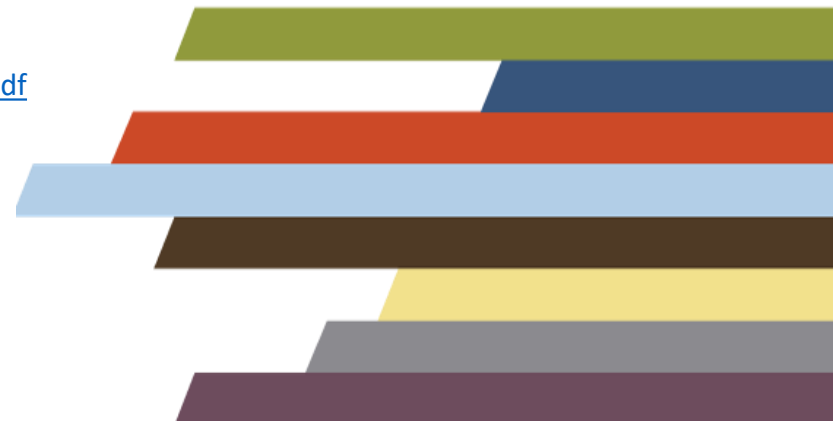
Varies widely from state to state

Originating Site and Distance Site (both can bill, can be in same organization)

Certain criteria need to be met but, in general getting easier

https://www.uwyo.edu/wind/files/docs/wytn-doc/toolkit-docs/wy_medicaid_manual_7_1_19.pdf

<https://www.uwyo.edu/wind/files/docs/wytn-doc/toolkit-docs/medicare-telehealth-services-factsheet-2019.pdf>





How We Are Using It:

- One BHC for two sites.
- One MAT prescriber for two sites
- MAT, BHC and SW for distant MAT clients
- Specialist Visits

