

Telehealth Learning Series

for SUD Tx and Recovery Support Providers



Top 5-Group via Telebehavioral Health

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TOP 5

1. PLAN AHEAD

- Where is the facilitator?
Where are the clients?
Safety protocol changes
- Type of group-
Psychoeducational,
Process, etc.
- Size of group-what is the cap?
- Open or closed
- Group “Rules” shared when clients log on



TOP 5

2. Co-Facilitator recommended

1 to Lead group & 1 to support/watch chat, watch for raised hands and any safety issues



Top 5

3. Call ahead safety check with client

- Where will you be when you attend group? (address/location) If we should get disconnected during group, what number can we use to reach you?
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- Is anyone else going to be there with you during group session?
 - Are you able to be in a private space?
-

- If someone was to come into your space, we will use the safe word _____. If a group member states the safe word, we all pause.

TOP 5

4. Interactive Activities

- What is available on the platform?
(white board, break out rooms, annotate, polls, etc.)
- Practice, Practice, Practice



TOP 5

5. Facilitator drives the bus

In charge of Mute, If something appears unsafe, directions as how to share or speak (chat or raise virtual hand), etc.



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