

SbVC Consultation Group

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CONSULTATION GROUP



Mountain Plains ATTC (HHS Region 8)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration





Today's Agenda – Welcome !!

- Types of online groups
- Overview of group therapy guidelines-how do these translate to online groups?
- Challenges of group work-how does this translate to online groups?
- Questions/Collaboration



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What type of group are you facilitating?

- Support Group
- Psychoeducational Group (Structured)-
Open or Closed
- Psychotherapy Group-Closed?

Are group members in one location? Or, multiple locations?



Guidelines for Group Therapy

- **Confidentiality**
- **Privacy**
- **Dignity**
- **Violence or Intimidation**
- **Alcohol and other drugs**
- **Exclusive relationships**
- **Gossip**
- **Attendance**
- **Internet Connectivity**
- **Responsibilities**
- **Termination**



**What are the
online group
guidelines?**

**What are
online group
advantages?**

Online Group Therapy



Group Challenges- Same Online?

- Broken Boundaries
- Fears and Vulnerabilities
- Unexpressed Feelings
- Emotional and Physical Safety
- Ensuring benefits for all
- Ensuring benefit to all
- Wide diversity of experiences
- Monopolizing the group
- Pulling Teeth
- Disjointed off topic group





It's
Consultation
Time !





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Acknowledgments

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THANK YOU and SEE YOU NEXT TIME !

This presentation was funded under a cooperative agreement from the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Substance Abuse Treatment (CSAT) Grant Number T1024TT9. The views and opinions contained in the publication do not necessarily reflect those of SAMHSA, the U.S. Department of Health and Human Services (DHHS), or CSAT and should not be construed as such.