


Effecting Change through the Use of Motivational Interviewing: Interactive Training for Skill Development

Sponsored By:

LA County Department of Public Health, Substance Abuse Prevention and Control (SAPC)
California Department of Health Care Services
California Institute for Behavioral Health Solutions
UCLA Integrated Substance Abuse Programs
Pacific Southwest Addiction Technology Transfer Center



Date and Time:	<p>Friday, June 12, 2020; 1:00pm-4:15pm</p> <p>The training will begin promptly at 1:00 pm. Please try to log in 10-15 minutes prior to the training to ensure your audio and visual connections are working properly.</p>
Registration Information:	<p>Pre-Registration is required!</p> <p>Register at: https://ucla.zoom.us/meeting/register/tJAqfuioqjgsGdzFmW1972YsA4jqxODTN_uj</p> <p>**You will receive a confirmation email with a unique Zoom link upon registration. Please do not share your unique Zoom link.</p>
Who Should Attend:	<p>This three-hour live virtual training is free and is open to providers including:</p> <ul style="list-style-type: none"> • Psychologists • LMFTs and LCSWs • Registered Nurses • Certified Substance Use Disorder Treatment Counselors • Other Behavioral Health Specialists/Clinicians
Training Description and Core Clinical Components:	<p>Motivational interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. Following a brief review of the fundamental MI principles and micro-skills, this experiential MI Skill Development training will focus on helping clients to engage in change talk, and then make commitments to make behavioral changes based on goals that they have identified. Ample time will be devoted to role play practice to enable participants to gain skills necessary to elicit change talk from clients with low levels of readiness for change, thereby increasing levels of motivation and moving them toward action to address their substance use issues.</p>
Learning Objectives:	<p>At the conclusion of the training, participants will be able to:</p> <ol style="list-style-type: none"> 1. Define at least three (3) key principles of Motivational Interviewing that can be utilized with clients. 2. Compare the effectiveness of Motivational Interviewing to traditional medical approaches to counseling clients with substance use problems. 3. Describe and demonstrate the effective delivery of at least three MI micro-skills that be used to help clients increase motivation for substance use related changes. 4. Explain how to apply Motivational Interviewing techniques in typical circumstances encountered in behavioral health treatment. 5. Describe at least two (2) components of the Spirit of Motivational Interviewing and why each is important to the effective application of Motivational Interviewing.

Trainer:	Grant Hovik, MA, UCLA Integrated Substance Abuse Programs
Continuing Education:	<p>The training course meets the qualifications for the provision of three (3.0) continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for three (3.0) hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASS, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1121), CATCs (ACCBC/CAADE, #CP40 872 C 0822), and CAODCs (CADTP, #151). Provider is approved by the California Board of Registered Nursing, Provider #15455, for 3.0 contact hours. Partial credit will not be available for those participants who arrive late or leave early. Continuing education credit will be awarded within 6-8 weeks following completion of the virtual training.</p> 

Instructions for Filing a Grievance Concerning UCLA ISAP’s Continuing Education Program: Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).

Please contact Brandy Oeser by e-mail (boeser@mednet.ucla.edu) if you have questions, concerns, special needs, or require additional information before registering for this training.

Refund/Cancellation Policy: Notice of cancellation must be made at least 48 hours in advance of the training by contacting Brandy Oeser by email at boeser@mednet.ucla.edu .



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Brandy Oeser at boeser@mednet.ucla.edu by June 5, 2020.

Pre-registration is required and enrollment is limited to 40 people for this training.

Registration will be accepted on a first come, first served basis. You will be notified if space has been reserved for you upon receipt of your online registration.

Please visit <http://uclaisap.org/sudta/index.html> for additional training opportunities.

****Please be sure you have received a confirmation email before attending this training!****

Please note: This is an interactive training - all participants are expected to be on camera!