

The National Survey on Drug Use and Health: 2018

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Mental Illness and Substance Use Disorders in America

PAST YEAR, 2018 NSDUH, 18+

Among those with a substance use disorder:

- 3 IN 8 (38.3% or 7.4M)** struggled with illicit drugs
- 3 IN 4 (74.5% or 14.4M)** struggled with alcohol use
- 1 IN 8 (12.9% or 2.5M)** struggled with illicit drugs and alcohol

Among those with a mental illness:

- 1 IN 4 (23.9% or 11.4M)** had a serious mental illness

7.8%
(19.3 MILLION)
People aged 18
or older had a
substance use
disorder (SUD)

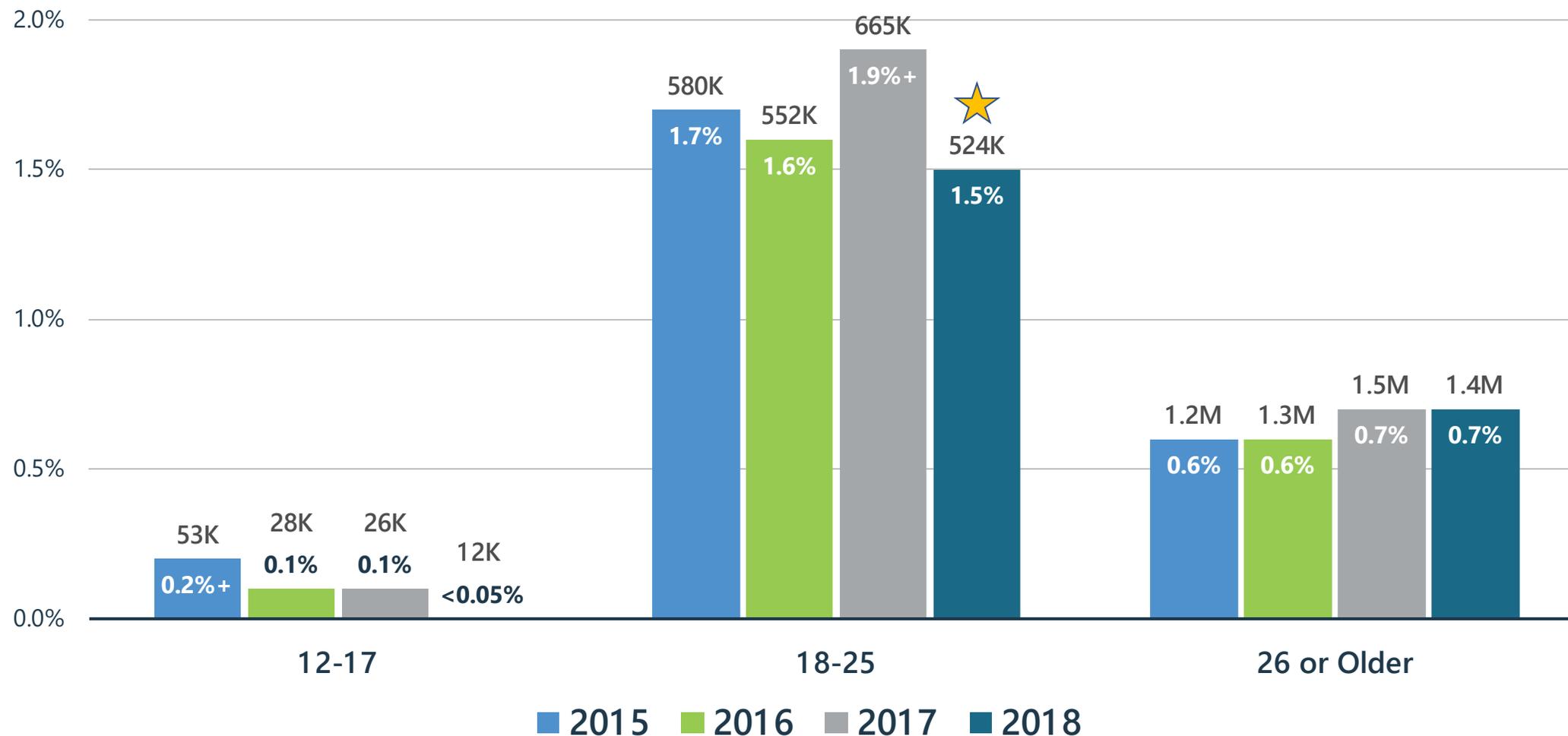
3.7%
(9.2 MILLION)
People 18+ had
BOTH an SUD and
a mental illness

19.1%
(47.6 MILLION)
People aged 18
or older had a
mental illness

In 2018, **57.8M** Americans had a mental and/or substance use disorder.

Cocaine Use: Significant Decline among Young Adults (18-25 y.o.)

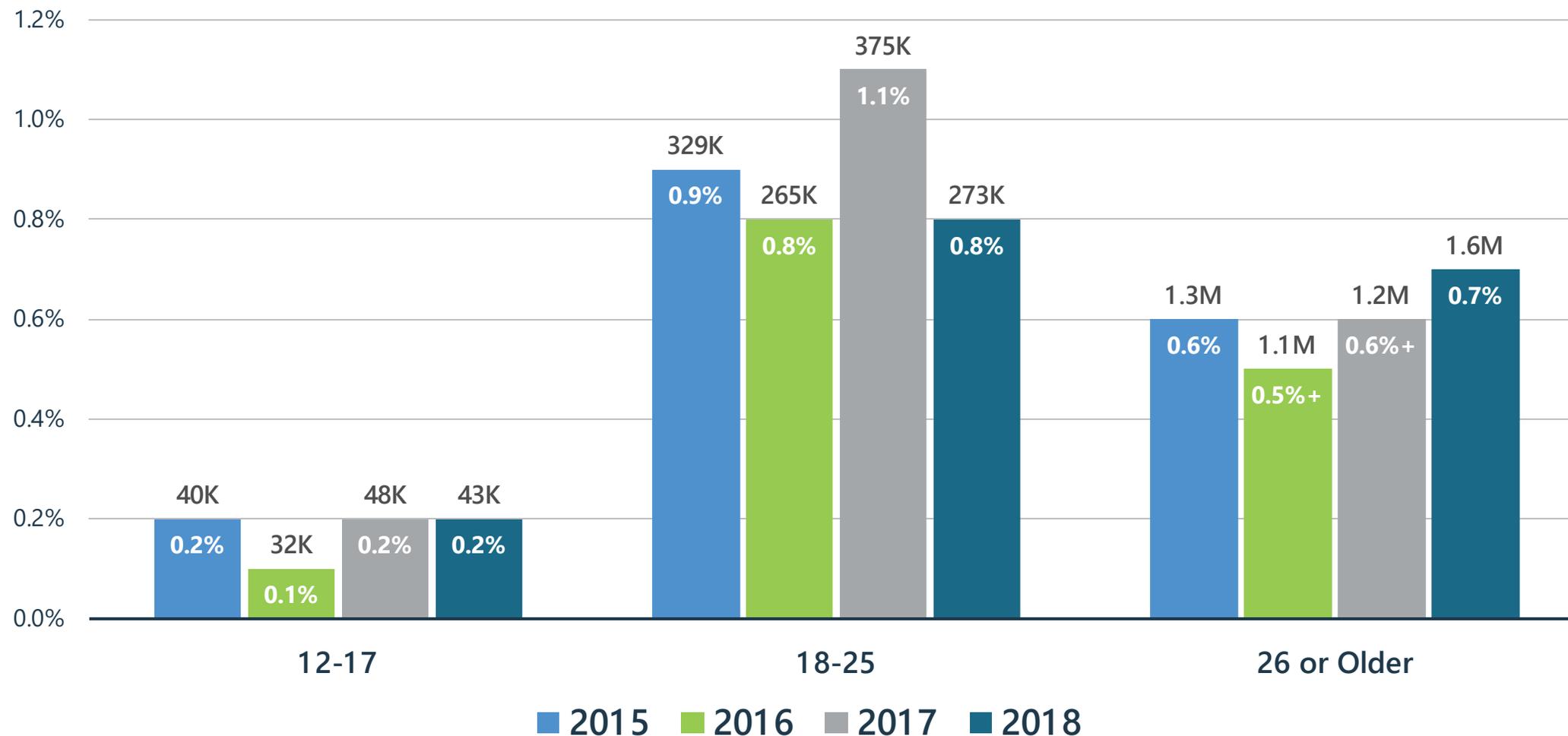
PAST MONTH, 2015-2018 NSDUH, 12+



+ Difference between this estimate and the 2018 estimate is statistically significant at the .05 level.

Methamphetamine Use: Significant Increase in Adults ≥ 26 y.o.

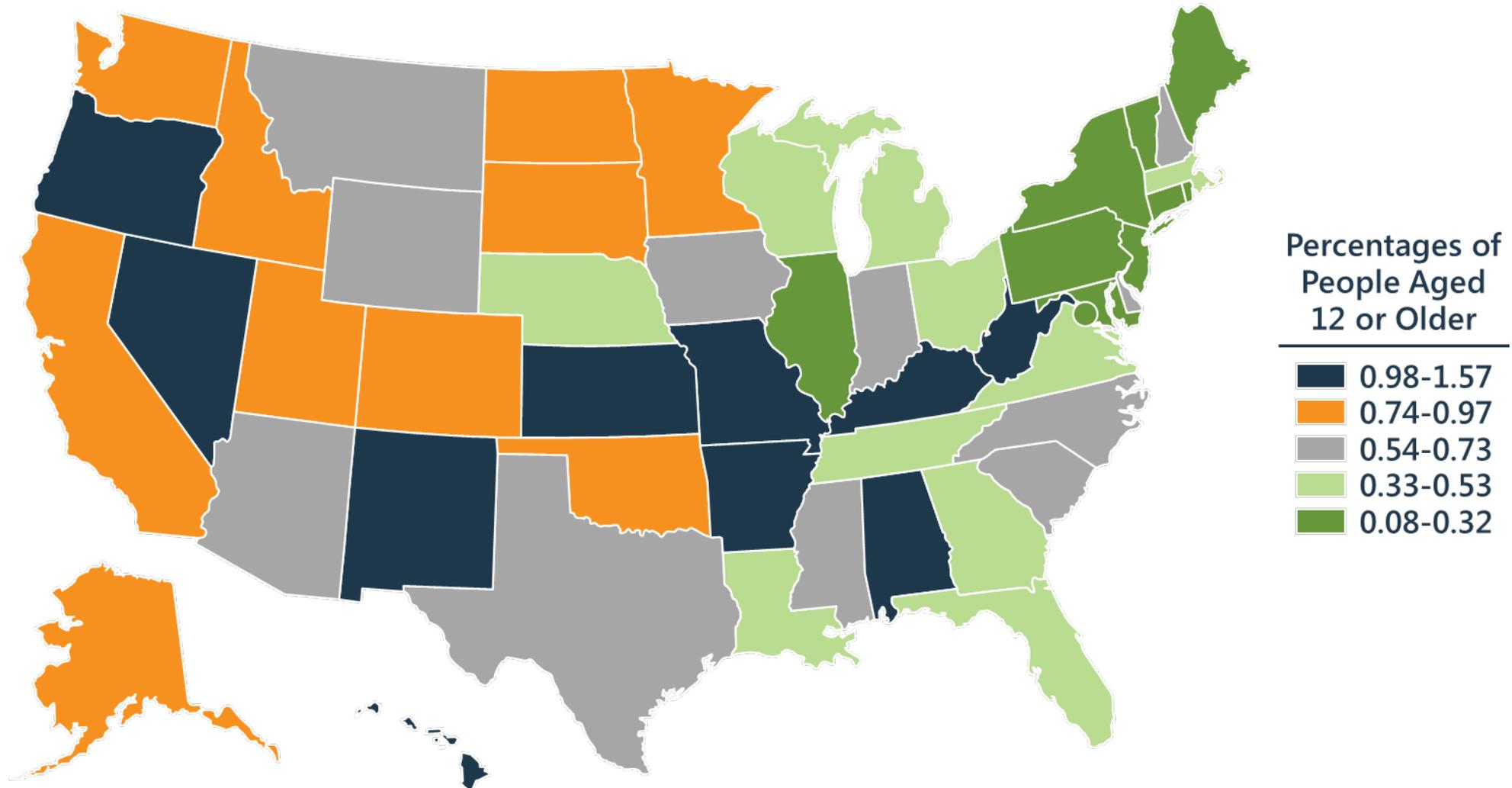
PAST YEAR, 2015-2018 NSDUH, 12+



+ Difference between this estimate and the 2018 estimate is statistically significant at the .05 level.

Methamphetamine Use by State

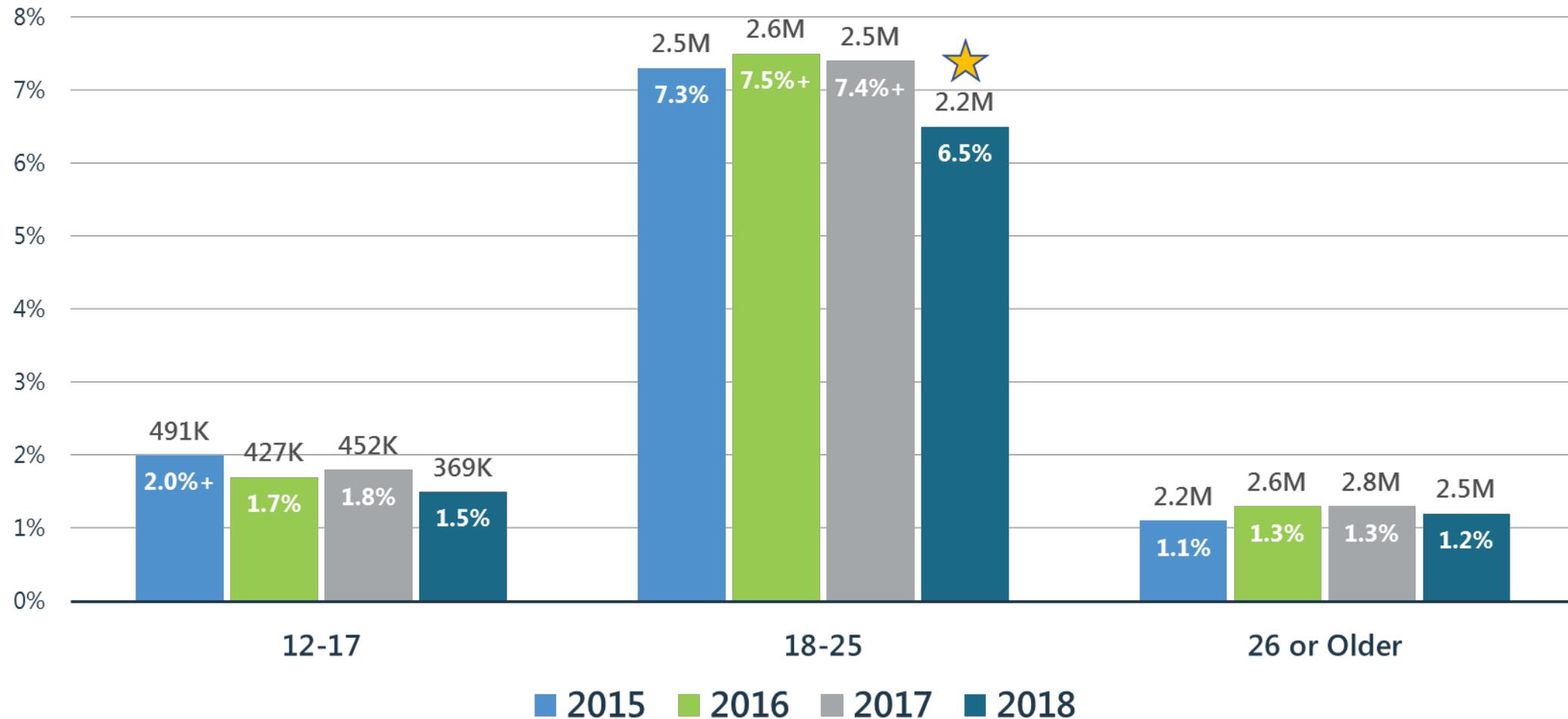
PAST YEAR, POOLED 2016-2017 NSDUH, 12+



Differences in colors across states do not indicate significant differences in estimates.

Misuse of Prescription Stimulants

PAST YEAR, 2015-2018 NSDUH, 12+

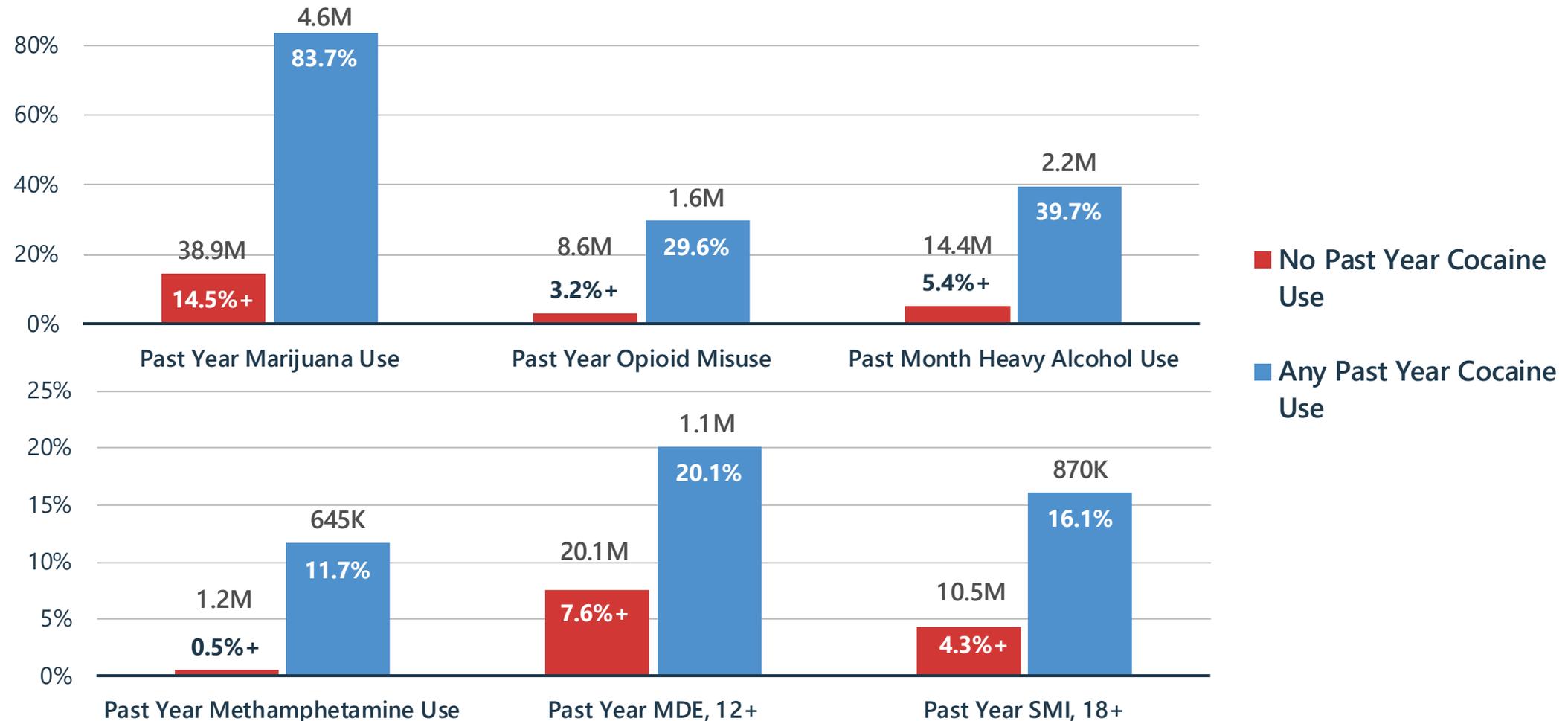


SOURCE: See forthcoming 2018 Detailed Table 7.5, 7.11, and 7.14 for more information.

+ Difference between this estimate and the 2018 estimate is statistically significant at the .05 level.

Cocaine Use Related to Other Substance Use, MDE and SMI

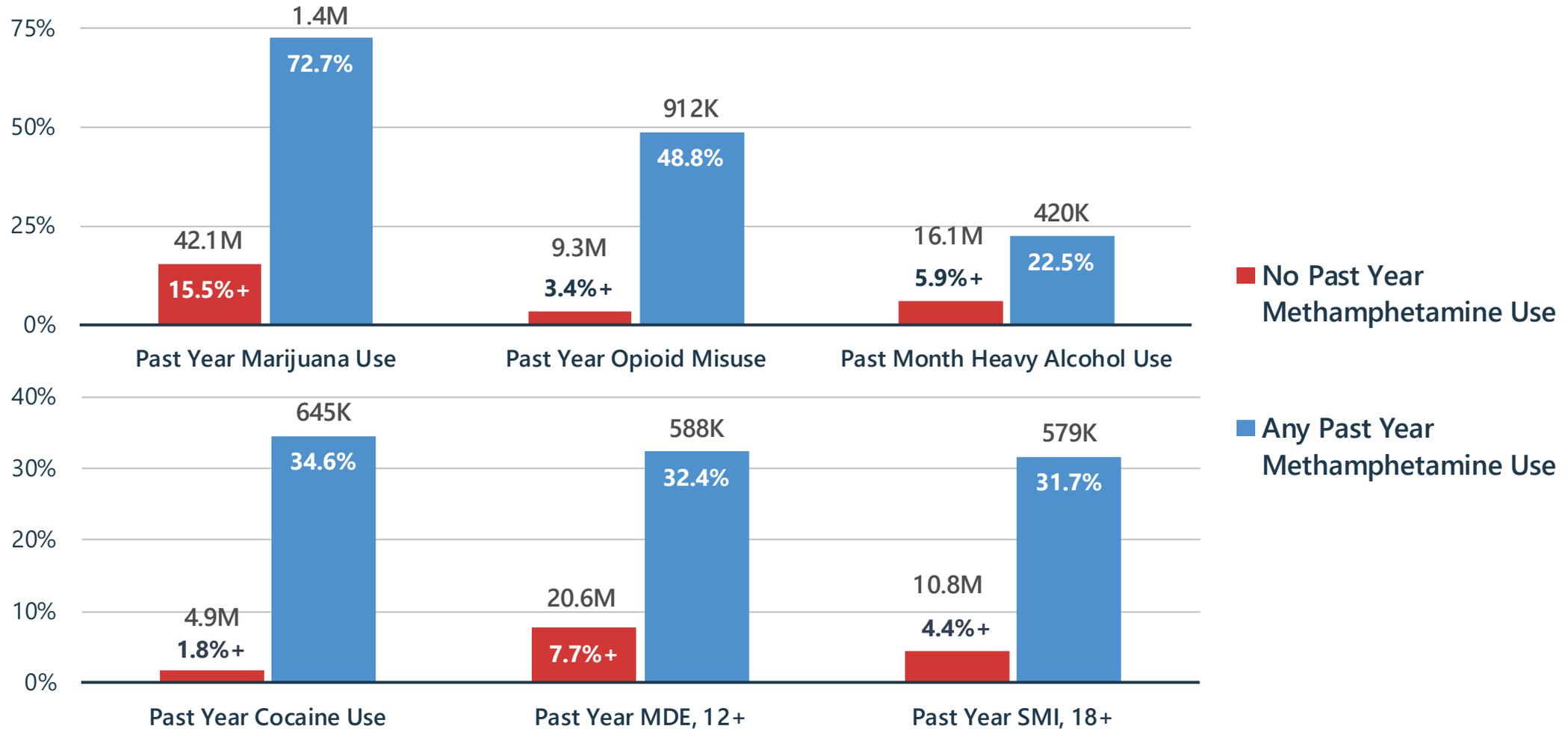
PAST YEAR/MONTH, 2018 NSDUH, 12+



+ Difference between this estimate and the estimate for people with past year cocaine use is statistically significant at the .05 level.

Methamphetamine Use Related to Other Substance Use, MDE and SMI

PAST YEAR/MONTH, 2018 NSDUH, 12+



+ Difference between this estimate and the estimate for people with past year methamphetamine use is statistically significant at the .05 level.