



Spectrum of Opportunities Strengthening Communities and Faith Based Treatment and Recovery

July 22 - 24, 2020 | 1:00 PM EST | ZOOM

DAY 1 - WEDNESDAY, JULY 22ND

1:00 pm - 1:15 pm Opening Remarks





1:15 pm - 2:45 pm
Concurrent Track Sessions





Hear from the Southeast Addiction Technology Transfer Center Network and Southeast Institute on Chemical Dependency directors and receive a warm welcome to AIIR.

Establishing Faith's ROLE in the ROSC

Pastor Greg Delaney

During this session our presenters will share how RecoveryOhio has partnered with faith-based recovery organizations and efforts in order to integrate their efforts into the existing community. Attendees will be given practical approaches and tools to share with both faith and community leaders so that the efforts of each are better leveraged and integrated to serve the needs of individuals and families impacted by substance use disorder. This workshop will share ways to remove barriers and deal with challenging topics like stigma, medically assisted treatment integration, and doctrinal and theological differences between partners. Attendees will also see examples of how existing technology offerings can be leveraged to advance integration and service delivery.

The Opioid Crisis: What Healthcare Professionals and Spiritual Leaders Need to Know and Do from a Prevention and Treatment Perspectives (Part 1; required of Part 2)

Dr. Lucy Cannon, LCSW, CCDP-D

This workshop is designed to educate healthcare providers, church leaders and administrators on the opioid epidemic and how it is impacting our communities from a socioeconomic perspective. Participants will expand their knowledge on the signs and symptoms of opioid addiction, how key prescription drugs impact the brain, recognition of opioid overdose, and best practice treatment and prevention training.

3:00 pm - 4:30 pm

Concurrent Track Sessions





How to Speak with your Healthcare Provider about Drug Use?

Dr. Kym Mwansa, DNP, FNP-BC and Curtis Dorsey, CCS, CADC-II, ICGC-II, SAP

Many people feel uncomfortable, nervous, or even ashamed to talk about their addiction to their healthcare provider. The client may feel that they have "let them down" by allowing this to happen or getting themselves involved with alcohol/drugs. Understanding the stance of the healthcare provider and the approaches that they may take.

The Opioid Crisis: What Healthcare Professionals and Spiritual Leaders Need to Know (Part 2; required attendance of Part 1)

Dr. Lucy Cannon, LCSW, CCDP-D

Continuance of 2:00 pm

4:30 pm - 5:15 pm

BREAK

5:15 pm - 6:45 pmOpening Keynote Presentation

Nzinga Harrison, MD



A well-respected physician and educator, Dr. Harrison is the Co-Founder and Chief Medical Officer for Eleanor Health, an innovative provider of comprehensive treatment for opioid and other substance use disorders. She earned her bachelor's degree in Biology with Spanish and Chemistry minors at Howard University, completed medical school at the University of Pennsylvania School of Medicine and General Psychiatry Residency at Emory University. She is Board-Certified in both Adult General Psychiatry and Addiction Medicine and has spent her career treating individuals with Serious Persistent Mental Illness and Addictive Diseases. Currently, she holds adjunct faculty appointment at the Morehouse School of Medicine Department of Psychiatry and provides expert consultant services to the Southeast Addiction Technology Transfer Center. She is Co-Founder of Physicians for Criminal Justice Reform, Inc. and Campaign Psychiatrist for Let's Get Mentally Fit, a public education and stigma-reduction campaign.

6:45 pm - 7:00 pm

BREAK

7:00 pm - 8:30 pm

Track Session



Using Expressive Therapy Tools to Explore Spirituality and Recovery Jennifer Yaeger, LPC

Connecting with the spiritual part of self can be challenging when so many clients have experienced trauma as a result of religious entities. Utilizing experiential tools like art, yoga, and music can help clients heal from these injuries and engage with that spiritual part in a healthy way.

DAY 2 - THURSDAY, JULY 23RD

9:00 am - 10:30 am

Concurrent Track Sessions





The Neurology of Addiction, Intervention, & Recovery

Dr. Dave Janzen, D.Min, CIP, CISM

This presentation will begin with the assumption that addiction is a disease. According to ASAM: "Addiction is a primary, chronic disease of brain reward, motivation, memory and related circuitry. Dysfunction in these circuits leads to characteristic biological, psychological, social and spiritual manifestations. This is reflected in an individual pathologically pursuing reward and/or relief by substance use and other behaviors. Addiction is characterized by inability to consistently abstain, impairment in behavioral control, craving, diminished recognition of significant problems with one's behaviors and interpersonal relationships, and a dysfunctional emotional response." This workshop will provide a broad overview of brain structures and processes with a presentation of images and metaphors to be used by mental health professionals and peer specialists:

- For your own understanding
- To inform choices in clinical practice
- To educate clients
- To coach families in supporting recovery.

The Stigma of Medication Assisted Treatment: What's the Truth? What's the Myth?

Dr. Kym Mwansa, DNP, FNP-BC and Curtis Dorsey, CCS, CADC-II, ICGC-II, SAP

Despite the success of M.A.T. programs, the stigma associated with it causes shame and guilt for many, especially when a clinician state to the client "why trade one drug for another? especially since both are Opioids." The judgement about this particular form of treatment is enough to prevent many substance use disorder clients from getting the help they need.

10:30 am - 10:45 am

BREAK

10:45 am - 12:15 pmConcurrent Track Sessions





How to Help Our Client's Resolve Ambivalence towards Recovery Dr. Linda Buchanan, Ph.D., CEDS-S

Resistant, Borderline, Unmotivated. We often use such terms to describe clients who, despite expressing a desire to change, repeatedly reject our help. This workshop offers an alternative interpretation of resistance as Pathological Ambivalence (PA) and specific strategies that enable the patient to resolve ambivalence thus avoiding power struggles in therapy.

Access to Recovery through Faith Based Collaboration: A top down, strategic approach, to equip communities of faith.

Monty Burks, C.P.R.S., Ph.D.

12:15 pm - 12:45 pm

LUNCH BREAK

12:45 pm - 2:15 pmConcurrent Track Sessions





Slim Pickings - How to Choose the Right Treatment Center

Dr. Sandi Taylor-Anderson, Ph.D., LPC, CAC II, CCS, CAMS II, GCADC III

New treatment centers are popping up all over the county. Even in the Atlanta area we can hardly count the new centers that have sprouted up. How do we choose the correct one that will meet the needs of our loved one? What kinds of questions should we ask? What do benefits cover? These are just some of the questions that will be addressed in this workshop.

Faith and MAT: Can We Just Get Along

Pastor Greg Delaney

During this session our presenters will share how RecoveryOhio has partnered with faith-based recovery organizations and efforts in order to integrate their efforts into the existing community. Attendees will be given practical approaches and tools to share with both faith and community leaders so that the efforts of each are better leveraged and integrated to serve the needs of individuals and families impacted by substance use disorder. This workshop will share ways to remove barriers and deal with challenging topics like stigma, medically assisted treatment integration, and doctrinal and theological differences between partners. Attendees will also see examples of how existing technology offerings can be leveraged to advance integration and service delivery.

2:15 pm - 2:30 pm

Break

2:30 pm - 4:00 pm Concurrent Track Sessions





From Couch to Mat: Integrating Yoga Faith into Therapy and Recovery Victoria Nolen, LPC, RYT, YF-A

This presentation provides a basis for using yoga as an effective tool and conjunctive treatment to psychotherapy. We will highlight key aspects of trauma informed yoga and yoga in 12 Step recovery from a faith based perspective, and learn tools to implement in therapy, classes, and meetings.

Update on Buprenorphine Treatment; A Scientific Review of Sublocade ™, an Extended-Release Injection

Dr. Teri Peck, Ph.D., ICADC

This presentation will begin by discussing the background of buprenorphine, and will move on to a comprehensive overview of the newest formulation, Sublocade ™, an extended-release injection. This is a new treatment option all substance use treatment professionals should be aware of. The presentation will describe the clinical trials which led to the FDA approval along with fair and balanced information about whether your client/patient might be a candidate. Important prescribing and safety information will be provided. The presentation will end with a discussion that will include the audience's questions and answers about best practices and protocols when implementing buprenorphine treatment into part of patient care.

5:00 pm - 6:00 pm

Afterworks!: Virtual Happy Hour

Led by AIIR Planning Committee and Various SpeakersA themed facilitated discussion to provide attendees a valuable opportunity for attendees to network/connect.

DAY 3 - FRIDAY, JULY 24TH

9:00 am - 10:30 am

Plenary Session



America's Opioid Crisis: Using Faith as a Catalyst for Change

Rev. Dr. Monteic A. Sizer, Ph.D.

The effects of opioid abuse are widespread, and treatment alone is not enough. Dr. Sizer will explore the origins of the opioid crisis, the impacts of opioid addiction, and opportunities for government and faith communities to work collaboratively to lessen the prevalence of opioid addiction.

10:30 am - 10:45 am

BREAK

10:45 am - 12:15 pm

Concurrent Track Sessions





Commonly Abused Prescription Medications; Awareness Strategies and Prevention

Ralph Harris, Ph.D., LCADC, NCAC II, CAADC, SAP

There is a high prevalence of unawareness among faith-based and community to identify basic signs of those with substance use disorder. However, many practitioners and faith-based and community find it difficult to distinguish between differential diagnoses that may have similar symptomatically, especially in regards to substance misuse. This session will enable participants to identify drug paraphernalia via visual aids and recognize risk factors associated with SUD.

Pro-social Connections and Contagious Recovery: What's Soul Got to Do, Got to Do With It? (Part 1; required for part 2)

George Braucht, LPC, CPCS, CARES

Participants engage in connecting with diverse pro-social resources and experiencing contagious social model recovery. "Pro-social" [Atkins, Wilson & Hayes. (2019)] refers to any belief, attitude, behavior or organization that orients toward enhancing people's well-being by cooperating. Evolutionary science informs learning from each other what helps in belonging to groups.

12:15 pm - 12:45 pm

LUNCH BREAK

12:45 pm - 2:15 pmConcurrent Track Sessions







2:15 PM - 2:30 PM Closing Remarks

Providing Compassionate Care for Persons with Substance Use Disorder and Chronic Pain and How to Address Ethical Dilemmas

Mindy Mayer, LCSW, MAC and Kristine Way, LCSW, MAC

This training will focus on clinicians identifying ethical dilemmas to treating patients with chronic pain using opioids in a recovery program highlighting best practices that focus on: patient autonomy, shared decision making, collaborative goal setting, attention to psychosocial factors and quality of life enhancement. Clinicians will be encouraged to examine their own personal views on recovery & opioid use through case examples to determine if they are providing compassionate ethical care.

Pro-social Connections and Contagious Recovery: What's Soul Got to Do, Got to Do With It? (Part 2; required attendance of Part 1)

George Braucht, LPC, CPCS, CARES (3 hr class)

Continuance of 10:45 am