

INSPIRE & THINK BIG:

Recovery Communities'
Role in Challenging Times

Regions 5, 6, 7, and 10

ATTC Technology Transfer Centers

Funded by Substance Abuse and Mental Health Services Administration

6 CONSECUTIVE THURSDAYS

**JULY 23, JULY 30, AUGUST 6,
AUGUST 13, AUGUST 20, AND
AUGUST 27, 2020**

11:00AM-12:00PM CST

SESSION DESCRIPTION:

The impact of the COVID 19 pandemic on the behavioral health system of care is still unfolding. In the upcoming months and years, the system will face unprecedented economic challenges, combined with an anticipated increase in the demand for services. It will be a time of disruption and change. Recovery Communities have experience with successfully responding to change with innovation. We utilize local participatory processes to build pathways to recovery grounded in natural communities that offer safety and shelter, build financial and human resources, nourish wellness, and sustain long-term recovery.

This series draws from the experiences of multiple recovery communities and provides models for how successful community-based recovery programs can be fostered and sustained in the turbulent times ahead. The goal for the series is not to provide a set of complete solutions, but rather to stimulate discussion and highlight practical approaches to advancing community resilience and recovery that are applicable to many communities across the nation during the pandemic and beyond.

WEBINAR SERIES REGISTRATION LINK:

<https://tinyurl.com/INSPIRETHINKBIG>



JULY 23, 2020
COLIN CASH,
SOBER SQUAD -
MINNESOTA



JULY 30, 2020
RUBY TAKUSHI,
RECOVERY CAFÉ -
WASHINGTON



AUGUST 6, 2020
ANDRE JOHNSON,
DETROIT RECOVERY
PROJECT - MICHIGAN



AUGUST 13, 2020
CALLAN HOWTON,
RECOVERY RESIDENCES
- MISSOURI



AUGUST 20, 2020
PRECIA STUBY,
HANCOCK COUNTY -
OHIO

AUGUST 27, 2020
PANEL
DISCUSSION:

ALL
INTERVIEWEES

COLIN CASH
RUBY TAKUSHI
ANDRE JOHNSON
CALLAN HOWTON
PRECIA STUBY

ATTCnetwork.org

BIOS:

Colin Cash is a Grant Development Specialist with the Mille Lacs Band of Ojibwe.

Colin began his journey through documenting his recovery and sharing his story online, taking his message of hope to the community. He then decided that leading recovery meetings could be a way of helping others, and a way of finding others on his same journey. Mille Lacs Band of Ojibwe members attending the meetings became deeply connected with each other, by sharing the same goal of living sober.

Over time, his stories and meetings evolved into a movement known as Sober Squad. Since then, Sober Squad has grown from an idea in Colin's mind, to becoming the fastest growing recovery movement, with over 8,000 members in its online group and 26 Sober Squad chapters across 5 states.

Ruby Takushi, Ph.D. serves as Director of Programs for the Recovery Café. She received her degree from Fuller Theological Seminary in 1990 and completed a post-doctoral specialization in Group Psychotherapy from St. Elizabeths Hospital in Washington DC. From 1992-96 she served on the faculty of Howard University and provided services at the DC General Hospital Methadone Clinic for women. While at the University of Washington Addictive Behaviors Research Center from 1996-1999 Dr. Takushi conducted research on problem gambling addiction. She is a co-founder of the Recovery Café.

Andre L. Johnson, a native Detroiter, is currently the President/CEO of the Detroit Recovery Project—a multi-service agency that provides a wide spectrum of support services to the city's recovery community. Such services include: GED preparation; twelve-step support groups; housing assistance; job readiness and employment assistance; and HIV prevention, testing, and counseling services. In addition, the agency also oversees an ex-offender program that helps returning citizens reintegrate successfully into the Detroit community, with an aim of reducing recidivism and/or relapse among this population. Mr. Johnson has over 31 years of professional work experience, exemplifying a long-standing commitment and dedication to the field of substance abuse. In 2013, Mr. Johnson was appointed by U.S. Secretary of Health of Human Services Kathleen Sebelius to the SAMHSA Center for Substance Abuse Treatment (CSAT) - National Advisory Council.

Mr. Johnson holds a Bachelor of Arts degree in psychology from Morehouse College (Atlanta, Georgia), a Masters of Arts degree in organizational management from the University of Phoenix and is currently pursuing a Ph.D. in psychology at Michigan of Psychology. Mr. Johnson is trained certified recovery coach and considered an expert in his field he is invited frequently to present at seminars, workshops, and as a keynote or motivational speaker to not only those in recovery but youth, adults, families, and substance abuse professionals. In 2013 Mr. Johnson was the recipient of the prestigious Vernon Johnson award from Faces and Voices of Recovery. In 2016, President Barack Obama named Mr. Johnson a Champion of Change and honored him at the White House.

Callan Howton is currently the Director of the National Peer-Run Training and TA Center for Addiction Recovery Peer Support. The Center provides TA and training to recovery community organizations (RCOs), as well as peer support networks building workforce development, evidence-based practice implementation, and expanding integration of peer workers into non-traditional settings. Ms. Howton is also currently the Director and co-founder of Haven Recovery St. Louis - a nationally accredited recovery housing provider, RCO and clinically certified outpatient center serving men and women through peer support, drop-in services, counseling, physician connection, and employment services. Prior to her current role, Ms. Howton worked as the Associate Director of the Mid-America Addiction Technology Transfer Center and as a counselor for several years.

Ms. Howton is also the owner of the Center for Program Development where she contracts as an implementation specialist for non-profit and healthcare agencies to evaluate and implement more efficient and effective program services. The largest role in this capacity has allowed her to serve as the lead consultant for Missouri's EPICC (Engaging Patients in Care Coordination) program since 2016. EPICC connects patients to peers immediately following an overdose with rapid connection to treatment, decreasing relapse and increasing overall treatment and recovery support participation.

Ms. Howton holds a Bachelor of Science degree from Maryville University in St. Louis, Missouri, as well as a Master of Public Health degree from Washington University in St. Louis. Ms. Howton is a certified counselor. Ms. Howton serves on numerous boards and committees to promote recovery, evidence-based practices and community growth.

Precia Stuby is the Executive Director of the Hancock County Board of Alcohol, Drug Addiction and Mental Health Services (ADAMHS), a position she has held since 1997. Ms. Stuby holds a Bachelor and a Master's Degree in Social Work from Ohio State University.

Ms. Stuby is a Licensed Independent Social Worker, a graduate of the Hancock Leadership Program and the Mental Health Executive Leadership Program at Case Western Reserve University. She received the Leadership Award from Ohio NAMI, was named Public Health Champion of the Year by the Findlay City Health Department, is the Past Board President for the Ohio Association of County Behavior Health Authorities, has a published interview by William White on Recovery Management and is the recipient of the Lifetime Achievement Award from the Northwest Ohio Chapter of the National Association of Social Work, the Athena Leadership Award and the Association of Leadership Programs Distinguished Leadership Award. Her current community involvement includes serving on the governing Boards of The Center for Safe and Healthy Children, The University of Findlay Social Work Advisory Board, The Opiate and Other Addictions Task Force, the Center for Civic Engagement, Welcome to a New Life and the Findlay Rotary Club.

Since 2013, Precia has been leading the ROSC Transformation for Hancock County. She completed ROSC Leadership Training Institute sponsored by the Great Lakes ATTC with Dr. Ijeoma Achara in 2002; participated in the ROSC Thought Leaders Summit in 2016; and completed a ROSC Training of Trainers in 2016. She has presented her work at the state and national level.



Great Lakes (HHS Region 5)

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South Southwest (HHS Region 6)

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Northwest (HHS Region 10)

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Mid-America (HHS Region 7)

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