



“Native American Teachers, Healers, and Helpers: Stones, Animals, Plants, and the Little People”

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Teachers, Healers, and Helpers

This presentation is not meant to generalize the beliefs of all tribes, practices, traditions, or knowledge but are being shared by two people of Algonquin tribes and the teachings they have been taught that go back at least 5 generations of teachers.



Teachers, Healers, and Helpers

- The purpose of this webinar is to touch upon Native Spiritual beliefs on other beings within Creation that the Creator sent to teach man how to live in harmony with, how to conduct oneself, but also to bring healing, protection, and guidance. This also brings about the relationships and beliefs that we are all brothers and sisters under the Creator, because without Nature and the rest of Creation, man cannot survive. This presentation will also bring about a better understanding to non-Natives to correct stereotypical beliefs of Natives and also to bring about knowledge of the teachings taught to these speakers that may be different from other tribal teachings.



Teachers, Healers, and Helpers

They are not all just the Creator or spirits of people, but include, Stones, animals, birds, directions, colors, plants, elements, and of course little people.

- Medicines are given by the Creator or Medicine Nation itself. They cannot be given by man. They decide if it is to be given, not man.
- They test the people first and will know how they will use it. If it is not needed by a person, there is no reason for it to be given.



Medicine Wheel (7 Directions)

Four Directions Teachers

North- (North Wind /Grandfather & Grandmother Teacher) Winter, Wisdom, Old Knowledge

East- (East Wind /Teacher Grandfather & Grandmother) Morning, Healing, Spring

South- (South Wind /Grandfather & Grandmother Teacher) Summer, Heat, Fire,

West- (West Wind /Grandfather & Grandfather Teacher) Unknown, Where we go home to, Autumn, Beginning and End.

Grandmothers & Grandfathers

- Medicine Hoop of the 13 Grandmothers
 - Time of Change
 - Time of Cleansing
 - Women will become leaders, Changers in the world
- Medicine Hoop of the 10 Grandfathers
 - Moving from the 10 Grandfather to 13 Grandmothers



Fire, Water, Earth, Air

Fire- Men makes sacred fire.

Water- Women bring in water.

Earth- Mother Earth our Mother of Physical form. Nature

Air- Creator our Father who brought us our spirit.



Water - Underwater

- Water

- We are mostly water and water is to be respected.

- Underwater

- Panthers/ Jaguars
- Little People
- Water Spirits
- Water Drum
- Sturgeon





Stones

- The oldest physical things in Creation.
- They have withstood the tests of time in becoming the historians of the Universe.
- Both Male and Female, one giving birth to the other.



Sacred pipe

Since the stone is hard and can last for a long time, plus having access to knowledge and abilities, it has been used for pipes.

All the pipes will know how a person uses one.

Much like a phone to others, it connects to the Creator.

The pipe and stem is a balance between male and female, just as in Nature, there is a balance between male and female. One which man has forgotten in most cases. The Two spirit are a reminder of this balance.

Bad medicine users long ago were afraid of women's moon powers because it could take their gifts away. Mother Earths cleansing power on earth and take away bad medicine

Sacred Pipes

- Pipes for men are a T-pipe
- Pipes for Women are a L- pipe
- Specialty pipes
 - Natural Springs (sacred water, holy water).
 - Thunder pipes (war, but for protection)



Animals

Our brothers and sisters placed to help us, feed us, guide us, and teach us.

Some of these too were once human, evolved past the human state in which they too were tested in life.

The physical is not the same as the spirit, as if you might see with the eyes of spirit, these too may look human.



Animal Helpers

- Animals Spirits as a Messenger
- More common in the past, many people observed animals for insight, yet
- also in paying attention to the animal spirits in which walked with them as
- Teachers, Healers, and Helpers.
- Many animals are known for their ability to heal people, as well as protectors especially within the spirit realms.



Common Messengers

Red Tailed Hawk

Coyote

Eagle

Owl

Clouds



Dodem

The word Totem derived from the Native word, Dodem which is not as many have become to know.

- The Dodem is a protector spirit that actually resides in the body as a protector.
- Once common knowledge, the beliefs around this have been lost to many.



Teachings of the Dodem today vs. long ago

There are original teachings / understandings of the Dodem. Since the onset of colonization and the changes to life, there has been changes of Dodem teachings in Native American and First Nations communities.

- Totem
- Totem Poles in the North West
- Might carry in a pouch
- On bead or quill work, tattoos, etc.



Individual Experience on Earth

Before our birth, we first speak the Creator. Other spirit beings are present, hearing the journey each Individual will experience, yet they will forget this once they are born.

What we shall learn is told. Such a Birch Tree giving of its bark for the Aniishinabek to make their lodges, baskets etc. and the gift of the Teachings for the People. They could have chosen to be a Deer, Wolf, Turtle, Bear etc. Or a Hummingbird, Eagle, Owl etc. Or a Swimmer. Or a Plant Being Giving of Their Lives to Restore Health and Balance. It is here that the Spirit of the Being is Present and Being Developed to support the Being of their Choice.



Spirit Helpers

Teachers

Guides

Ancestors

Angels

Animals

Ancients

Weather beings

Star Nations

Plants

Water or earthly spirits

Grandmother and Grandfather Maniidoog /Manitou





Other Spirits

- Creator placed these spirits all over for people to realize that we cannot do everything on our own. This was done purposely so the people would also to build relationships with them in order to live in balance and harmony with all of Nature. We are all Children of the Creator



Other spirits

- Ancestral
- Insects
- Cats
- Dogs



Water, Land, Sky, Thunder, Lightning, Fire

- Animals come from their own nations, yet also differentiated by the 4 Nature elements, weather, or in combinations.
- Thunders- Clouds, Storms, Thunderbirds, Frogs, Turtles, Reptiles, Cotton wood trees, Copper (conductor), Stones
- Water- Fish, Dolphins, Whales, Stones, Frogs, Stones
- Fire- Firebirds, Sacred Fire, Stones
- Earth- many Animals such as Bears, Buffalo, Stones, plants
- Air/Sky- Birds, Eagles, Owls, Angels, Thunders, Stones



The Eagle & the Owl

- Many have forgotten the relationship between these two.
- Just as the snake has gotten a bad rap, so too did the owl, because of the job it was given
- We must remember that there is a difference between the physical life form and the spiritual life form.
- The owls have the same job as the spirit of death who takes a person who has passed to the Creator
- Just as the Eagle has its duties during the day, the owl or night eagle has its jobs in the night hours. The two are brothers.



The Bear

- The Bear is known as strong and powerful, yet also known as or brother.
- Some say he was once a man
- Being in the Bear clan, one is not to kill a Bear unless if protecting oneself or another.
- Known as one of the Leader/Healer clans. There are many power and gifts from the bears.
- Under the Bear teachings, comes the teaching of the turtle



Turtle

- 13 larger plates on the top of the turtle, which is the 13 months in a year. 25 smaller one around the outside. Various moon cycles.
- 12 larger plates on the bottom.
- Many indigenous tribes around the world and the books of Enoch have counted and followed the 13 month or moon cycles of the year, which also coincides with female menses, which is the reason so many tribes call this a woman's moon cycle or moon.
- It is said that by following the 12 month cycle, the turtle was placed on this back so it could not defend itself. The turtle represents the indigenous peoples. Beginning of the current month and at its end (blue moon).



Moon

- Grandmother Moon
- Phases of the moon
- Full Moon
- Half moon



Plants

The Trees, our standing brothers and sisters, the plants, which are medicines which were placed here for our needs.

For every sickness or disease, there is a medicine that has been created to cure it.

- They are not just a plant, but a living being with a spirit and life.



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Little People

Wherever you find the Tribes, you find the little people who have kept their promise in reminding us of our ancient desire to evolve as much as possible in becoming as much like the Creator as possible.

Its just that we must take up our desire in being that in our quest for spiritual growth in Love.

Little People are more abundant around medicine peoples, as they have come to help them. Normally, they have been around all the persons life to remind them what they came here for.

Little People

Before we were physical beings, we were spiritual beings.
Short Story.

- Three Main ones (very powerful Ancestors)
 - Monk-like, teachers,
 - Warriors, protect
 - One very strong, yet not well known.
- Faeries, another type.



Star Nation

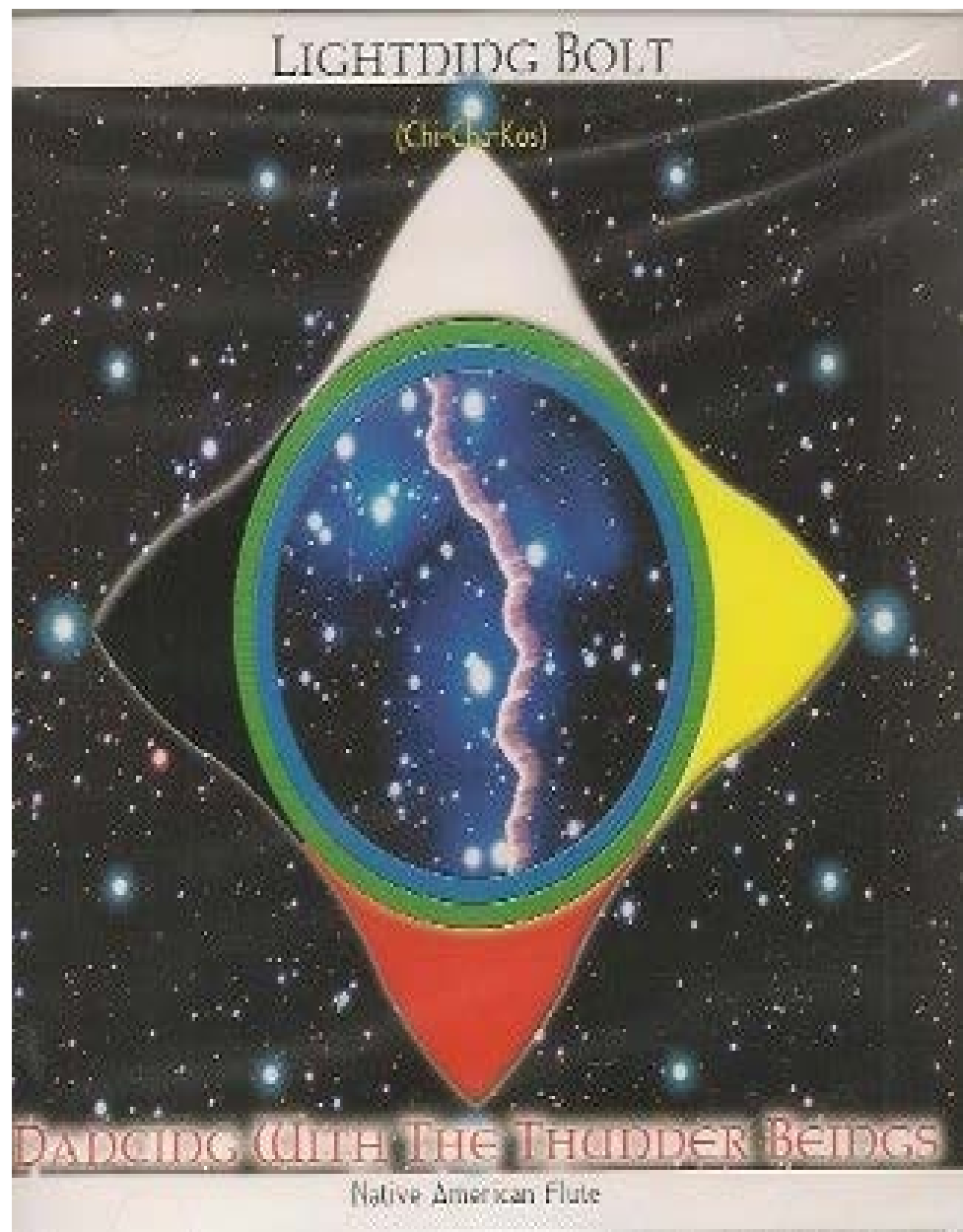
White Water Lilly

Star Nation Lodges

From long ago, our ancestors have known of them and some have been in contact. Spiritually of course, as they are not always on the physical plane.

Alien encounters.

Beings







Thank you!

Questions

Discussion

Have a Great Day and Weekend

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