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## **Webinar Series:**

### **Stimulants and their Impact on Brain and Behavior – Best Practices and Approaches for Effective Treatment and Recovery**

The Northeast & Caribbean ATTC is pleased to offer a new Webinar Series developed to provide information about central nervous system stimulants and their impact on brain, body, and behavior.

**Participants may join any or all of the sessions listed below.**

**You must register for each course separately.**

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#### ***Course 1: Stimulants – What are they? Who uses them?***

**Tuesday, January 5, 12:00-2:00 (Eastern Time)**

**Description:** The ATTC Stimulants package was recently developed nationally to focus on cocaine and methamphetamines and the impact of these drugs. This first course will look at the epidemiology of stimulants, both cocaine and methamphetamine, nationally. It will also provide basic information about methamphetamine, cocaine, and prescribed stimulants. The introductory information will include: forms of cocaine, forms of methamphetamines, patterns of use and differences in patterns of use between cocaine and methamphetamines.

**Trainers:** Mary McCarty-Arias

**[CLICK HERE TO REGISTER FOR COURSE ONE](#)**

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#### ***Course 2: Impact of Stimulant Use on the Brain and the Body***

**Tuesday, January 12, 12:00-2:00 (Eastern Time)**

**Description:** This course will continue the information from the ATTC Stimulant Package. It will review basics of neurochemistry as it applies to cocaine and methamphetamine. It will also include the acute and chronic effects of stimulants. Cognitive and memory effects will also be discussed.

**Trainers:** Mary McCarty-Arias and Lauren Marker

**[CLICK HERE TO REGISTER FOR COURSE TWO](#)**

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#### ***Course 3: Effective Treatment Approaches and Recovery Supports***

**Tuesday, January 19, 12:00-2:00 (Eastern Time)**

**Description:** This third course continues the education on stimulants and describes treatment interventions that are evidence-based for stimulant use. It also focuses on recovery approaches that are effective for people with a stimulant use disorder.

**Trainer:** Mary McCarty-Arias

**[CLICK HERE TO REGISTER FOR COURSE THREE](#)**

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**Credits:** Each session meets the requirements for 2 renewal hours (CASAC, CPP, CPS) and 2 initial hours (CPP, CPS) through New York State's Office of Addiction Services and Supports (NYS OASAS). The NJ Department of Mental Health and Addiction Services offers reciprocity for CADC, LCADC, and LPC. Participants must attend the session ***IN ITS ENTIRETY*** to receive a certificate of completion.

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