



Great Lakes (HHS Region 5)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Culture: An Integral Part of Mental Health Services for Hmong Populations

Request for Applications

Application deadline: Monday, January 25, 2021 - 12:00noon EDT

Overview

Culture is an enduring element, a tradition embedded in every human thought, emotion, and behavior. Culture is an element that is often complex to assess as it is ever-changing as societal norms change. However, culture is also the critical factor that upholds normed belief patterns that maintain physical and psychological health and contribute to the tenacity of mental health and substance use disorders. This training was developed by Hmong subject matter experts from various fields for behavioral health professionals and administrators wishing to learn how to integrate cultural elements into effective behavioral health services for Hmong clients.

Learning Objectives

The participant can expect the following outcomes from participating in this Learning Community:

- Develop awareness of personal implicit biases and their effect on behavioral health provision
- Demonstrate the consideration and incorporation of cultural values when treating Hmong with behavioral health disorders
- Distinguish culture-related symptoms when diagnosing Hmong clients
- Identify the harms of labeling culture-related reactions as pathological
- Identify strategies to engage Hmong clients effectively

Cost

There is *no fee* to participate in the training.

The Sponsors

This initiative is sponsored by the *Great Lakes Addiction Technology Transfer Center* (<https://attcnetwork.org/centers/great-lakes-attc/home>) with funding from the *Substance Abuse and Mental Health Services Administration (SAMHSA)*.

Training Leader

Pang Foua Yang Rhodes, PhD, LMFT is a Licensed Marriage and Family Therapist (LMFT) who provides couples, family, and individual therapy. Her private practice focuses on premarital counseling and couples therapy and consists mainly of Hmong clients. She is a Minnesota board approved MFT supervisor. From 2009 – 2019 Dr. Rhodes was an assistant professor at Argosy University – Twin Cities, where she taught in the Doctorate and Master of Arts programs in MFT. As a conference and retreat speaker who has traveled across the US and Canada, she enjoys teaching people how to grow personally and spiritually, and she is energized by motivating people to thrive in their intimate and family relationships.

Eligibility

Inclusion Criteria

1. Any non-profit, for-profit organization or individual providing mental health and/or substance use services in Wisconsin or Minnesota to Hmong Populations.
2. Organizations or individual in good standing with the state's behavioral health, public health, and Medicaid agencies, as well as the federal centers for Medicare and Medicaid Services (CMS).

Exclusion Criteria

1. Applications received from outside the states of Wisconsin and Minnesota.

The Application Process

Following are additional details about the process:

- Interested applicants will submit their application by January 25, 2021 - 12 Noon CDT
- Individuals selected will agree to participate in four 2-hour sessions on February 2nd, 9th, 16th, and 23rd of 2021, between 2–4 pm.
- Individuals selected will agree to participate in three short 5-minute surveys before, immediately after, and three months after the training to measure the training's effectiveness.

Key Dates

Application, Survey and Training Phases

Event	Date/Time
Request for application (this document) is released.	January 4, 2021
Application submission deadline – due electronically to: alfredo.cerrato@wisc.edu	January 25, 2021 By Noon CDT
All applicants notified of selection decision via email	January 26, 2021
Pre-training Survey	January 26-28, 2021
Session 1- 2-4 PM	February 2, 2021
Session 2- 2-4 PM	February 9, 2021
Session 3- 2-4 PM	February 16, 2021
Session 4- 2-4 PM	February 23, 2021
Post-training Survey	February 23. 2021
3 Month- Post-training Survey	May 23, 2021

Questions about the application or its submission should be directed to Alfredo Cerrato at alfredo.cerrato@wisc.edu.

Selection Criteria and Commitments

1. The submitted application is complete.
2. The participant meets the eligibility criteria.
3. The application demonstrates a need that participation in this training could address.
4. The application demonstrates the commitment to the training schedule and timely survey submissions.

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Application

Instruction: To create your application, please delete the pages above (1-3) and use the remaining pages to complete your application.

Part I. Agency Information

Provider Agency/Organization Name:

Main Address:

Applicant Name:

Email Address:

Phone Number:

Part II. Eligibility

Place an X before the correct answers below:

1. Does the organization provide mental health and/or substance use services in the State of Wisconsin or Minnesota? Yes No
2. Is the organization and/or participant in good standing with the state's behavioral health, public health and Medicaid agencies, as well as the federal Centers for Medicare and Medicaid Services (CMS). Yes No If "no" please explain:
3. Has participant been involved in any other cultural training and/or cultural change initiatives? Yes No. If "yes" please list these trainings and/or initiatives.

Part III. Narrative Response

1. Provide a short one-paragraph overview of your **need** for this training:

2. Identify at least two **challenges** you have experienced when serving Hmong clients.
3. Provide a short one paragraph overview of any **strategies** you have implemented to date to address the challenges when serving the Hmong community.

VI. Instructions for Submitting the Application

1. Scan the application as one electronic document.
2. Put the name of the organization and participant in the electronic document name.
3. Submit the Application by email to alfredo.cerrato@wisc.edu with a copy to yangrhodes@hotmail.com
4. Enter the words "Hmong Cultural Elements Application" and participant name in the email subject line.

If you have questions about the application, contact Alfredo Cerrato at alfredo.cerrato@wisc.edu

Applicants will receive an email reply within 8 business hours confirming receipt of the application. Contact Alfredo Cerrato at alfredo.cerrato@wisc.edu if a confirmation is not received. **Only applications from those participants that receive an electronic confirmation are considered during the review process.**

The application deadline is January 25, 2021 by noon EDT.