Cultural Elements in Treating

Hispanics and Latinos have been disproportionately impacted and are over-represented in the national data on substance use disorders.

Hispanics and Latinos now comprise the largest minority in the US. With 53 million in the United States, Hispanics represent 17% of the total US population *(US Census Bureau, 2013).*

In terms of services, Hispanics and Latinos are facing a health crisis due to unmet or poorly met behavioral health needs *(Chapa & Acosta, 2010).*

Studies show that Hispanics seeking addiction and mental health treatment confront many barriers to accessing culturally and linguistically competent care *(Negron-Ayala, Delgado, & Cruz, 2006).*

Background

Hispanic and Latino Populations

The South Southwest ATTC, in partnership with our colleagues at IRESA, and University of Central Arkansas (UCA) is offering a

FREE, 4-part virtual training event.

**February 16th, 18th, 23rd, 25th from 9:00am to 10:30am CT**

After the training, participants will be able to:

* Demonstrate understanding of how cultural change affects Hispanic and Latinos and their substance use
* Identify and address problems faced by Hispanic and Latinos around access and readiness for treatment and recovery
* Explain the relationship between culture and treatment
* Understand the impact of immigration on family dynamics
* Identify approaches to integrating cultural into therapy

**We strongly encourage you to register only if you are able to attend all 4 sessions. If you are not able to attend all of the sessions, please contact us to be put on a waiting list at** [**eflint@austin.utexas.edu**](mailto:eflint@austin.utexas.edu)**. You will be notified if slots become available.**

Please click on the title of the session to register. Please register for each session. Training links will be sent out prior to the sessions.

1. **Tues, February 16:** [Hispanics and Latinos in the U.S.: Statistics, Health Disparities and Other Definitions](https://attendee.gotowebinar.com/register/6264549275418971659)
2. **Thurs, February 18**:: [Culture Change and Family Transformation](https://register.gotowebinar.com/register/5357584123899250443)
3. **Tues, February 23:** [Approaching Recovery](https://register.gotowebinar.com/register/4906697495092501515)
4. **Thurs, February 25:** [Approaches to Integrating Culture into Treatment](https://attendee.gotowebinar.com/register/7801414742887234571)

