



Miami, FL

### *Inside the Issue*



## MINORITY TO PRIORITY

This issue will share the latest trainings that speak to bringing minorities to the forefront of treatment and recovery



## SPIRIT OF COLLABORATION

Sharing whats happening across the Southeast TTC's



## ASKING THE EXPERT

We report on what the pilot project accomplished and whats to come in the second year

# ASKING THE EXPERT

*We Live in the World Our Questions Create*

In February 2020 Southeast ATTC created an infinite space for SUDs/mental health conversations. Experts in the field share the latest knowledge and answer questions from our community.

As professionals and practitioners move beyond webinars and training to more Intensive Technical Assistance (TA) need to increase your knowledge on some of the most popular and buzzing topics in the behavioral health and SUD fields.

As a refresher, Ask the Expert set out to on two objectives and





# MINORITY TO PRIORITY

## *Many Rivers to Cross*

Minority to Priority is a strategic initiative of Southeast ATTC and we have continued to move the needle to significantly impact the retention of African Americans in substance abuse treatment while shedding light on racial disparities.

This winter we held TA activities focused on mental health providers, substance abuse treatment providers, and primary care physicians who seek to elevate cultural competence efforts.

### Highlighted Winter Special Population TA/Training

- Diversity and Inclusion in the Workplace: A Focus on Substance Use Disorders and Mental Health Treatment Settings, *Mark Sanders, LCSW, CADC*
- Ask the Expert November Dialogue: Weathering the SUD Health Equity and Implicit Racial Bias Storm, Partnerships and Comprehensive Strategy, *Dominic Mack, MD, MBA*
- Counseling African Americans with Substance Use Disorders, *Mark Sanders, LCSW, CADC*

**SOUTHEAST PRODUCTS/RESOURCES**

**MORE ON MINORITY TO PRIORITY**



Louisville, KY

## ASKING THE EXPERT

with a combined over 400 combined 2020 attendees we hope to have delivered on the vision we set out to create.

Ask the Expert was meant to flip the traditional webinar on its head and give the opportunity for the audience to take main stage. We want to thank our participants and our session host and guest. As the space remains intimate for transparency for most session we recorded and archived a few that can be viewed at your leisure below:

- Weathering the SUD Health Equity and Implicit Racial Bias Storm, Partnerships and Comprehensive Strategy
- Health Equity and Implicit Racial Bias Experiences by the LGBTQ+ Community Seeking Treatment & Recovery
- Implicit Racial Bias and Microaggression as they relate behavioral health treatment and recovery including SUDs

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*It is not the answer that enlightens, but the question.*

Other topics covered include: Language, Stigma, and Recovery, Addressing the Addiction Crisis with Community Based Support, Strategic Integration of Mental Health/SUD into Primary Care, Federal Support for Substance Use and Mental Health Disorder Prevention, Treatment, and Recovery Services, Integrating Mindfulness/Meditation into Substance Use Treatment, and Recovery during Turbulent Times: Familial Relationships and Coping Skills.

To learn more about Ask the Expert visit [HERE](#).

**BECOME A GUEST OR SUBMIT A TOPIC**



# THE SPIRIT OF COLLABORATION

*Competition Makes Us Faster, but Collaboration Makes Us Better*

As the TTC family grows we welcome and are eager to collaborate with not only other regional ATTC centers but our Mental Health TTC (MHTTC) and Prevention TTC (PTTC). A group of junior leadership got together in 2019 to form the Southeast TTC Critical Thought Leaders and as an effort to include a spirit of collaboration across the work all three TTC do. Take a look at some of the highlighted TA/pieces of training from across the Southeast TTCs.

- **The Southeast PTTC Prevention Workforce Development Series** - coalition members, prevention providers, and emerging professionals were able to receive ways to implement the Strategic Prevention Framework, understand and implement effective assessment, planning, and evaluation practices for their prevention efforts, and build capacity to conduct community organizing practices that increase community partner and member involvement and ownership of the prevention processes and strategies.

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- **Southeast PTTC Strategies for Advancing Equity** - explored the institutionalized, personally-mediated, and structural mechanisms, which cause or perpetuate differences in opportunities, stresses, and exposures as well as prevention service access and quality. Participants were able to identify practical strategies to act individually and collectively to address challenges and systemic barriers that impact the communities we serve.
- **Southeast MHTTC Race and Recovery in the Peer Support Workforce** - an agency's perspective on dealing with racism in the behavioral health sphere.
- **Mental Health Telehealth Survey Results** - a research study on the use of virtual behavioral health services during the pandemic.

**SOUTHEAST PTTC**

**SOUTHEAST MHTTC**

## SATTC PODCAST- THE NEW VOICE OF SUD: LET'S GROW TOGETHER

*The New Voice Has Something to Say*



Our podcast is currently in the second season of production as we speak with new episodes being published every month. The New Voice of SUD has a new branded look for a new season that we hope you enjoy.

Currently, you can review the first four episodes. As of January 2021, the podcast has received over 300 plays from over 6 countries. We encouraged you to listen and submit your request for topics to be covered. In 2021, we are recording episodes surrounds substance use coercion, our 2021 plans for our faith conference, and parity policy implications. Check out any of the recent episodes from season 2 that have been released so far:

- [S2 Ep1: The New Normal: Ethnic Sensitivities and SUDs](#)
- [S2 E2: Crossing the Prevention Bridge to Treatment and Recovery: The SUD Equity Journey](#)
- [S2 E3: Parenting Through Your Recovery Journey](#)
- [S2 E4: Addiction Equity: Policy Progression](#)

Listen to the full first season [HERE](#)

# WHAT'S NEW IN TECHNICAL ASSISTANCE (TA) AND TRAINING



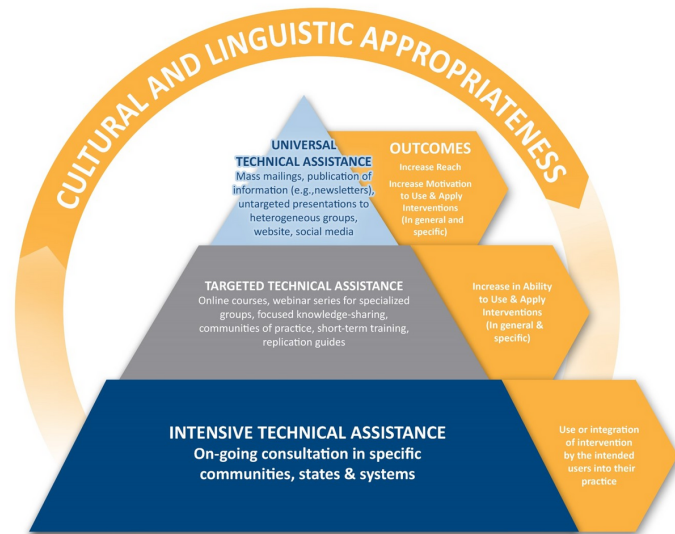
Southeast ATTC has been busy with numerous webinars and various TA activities this fall across the southeast region. To name a few :

- **Breaking Intergenerational Patterns of Addictions, Trauma, and Dark Secrets** focused on the prevention, intervention, and treatment strategies to help break intergenerational patterns of addictions, trauma, and dark secrets in families. We discussed the role of prevention specialists, therapists, providers.
- **Living Your Best Life Through Authentic Self-Care to the Clark Atlanta HBCU Center for Excellence in Behavioral Health's Ambassadors Program** covered an overview of compassion fatigue, the distinction of burnout, along with helpful strategies to ensure you remain effective with your clients while loving the work you do through authentic self-care.

To learn more about our archived webinars visit [HERE](#). Want to know what TA/training are upcoming? Visit [HERE](#)

## UNDERSTANDING TECHNICAL ASSISTANCE

*The ATTCs support national and regional activities focused on preparing tools needed by practitioners to improve the quality of service delivery and to providing intensive technical assistance to provider organizations to improve their processes and practices in the delivery of effective SUD treatment and recovery services.*



Technical assistance services are defined as negotiated series of activities designed to reach a valued outcome. Technical Assistance (TA) falls into one of the following:



**Universal** - is information provided to independent users through their own initiative, resulting in minimal interaction with ATTC staff.



**Targeted** - is based on needs common to multiple recipients and not extensively individualized. A relationship is established between the TA recipient and one or more ATTC staff.



**Intensive** - requires a stable, ongoing relationship between the ATTC program staff and the TA recipient and is provided in accordance with a plan developed between the ATTC and the TA recipient. Intensive TA should result in changes to policy, program, practice, or operations that support increased recipient capacity of improved outcomes at one or more systems levels.]

[SUBMIT A TECHNICAL ASSISTANCE REQUEST](#)

## SEASONAL FAVORITE



New Resource Series – Understanding  
Substance Use Coercion  
-National Center on Domestic Violence,  
Trauma, and Mental Health Terms of Use

[VIEW](#)



## STRATEGIC ENGAGEMENT

We always are looking to improve and need your feedback on how we can do it! We want to know your level of interest into our projects, how many people we are serving, who our most important stakeholders are, and how often we need to connect with readers like you.

[FILL OUT OUR SURVEY](#)



## A WORD FROM OUR DIRECTOR

The world around us has forced us to change the way that we view others and clothe ourselves with grace, humility, and strength to endure today's challenges. Life, as it is today, has sparked fear, frustration, and anxiety all around and has impacted those we serve in a mighty way. During these dark times, individuals suffering from substance use disorders are having to redefine the word resilience and find the inner strength to hold on to their recovery. On behalf of the Southeast ATTC, I commend providers across the country for rallying together to make sure we continue to provide some level of treatment for those in need. Hope has shown its face through the form of a vaccine, and I encourage each of us to keep hold of our collaborative spirit and genuine hearts. Focus all our energy on caring for ourselves and the many people in need. Keep working and keep pushing forward because together we will make it through.

Gratefully,  
*Dawn Tyus, Ph.D., LPC, MAC.*

LOOK FOR OUR SPRING NEWSLETTER IN APRIL 