



African American
Behavioral Health

CENTER OF
EXCELLENCE

Resources for Structural Racism and Black Mental Health

Books

- Stamped From the Beginning: The Definitive History of Racist Ideas in America – Ibram X. Kendi
- The History of White People – Nell Irvin Painter
- White Fragility: Why It's So Hard for White People to Talk About Racism – Robin DiAngelo
- Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present – Harriet A. Washington
- Fatal Invention: How Science, Politics, and Big Business Re-create Race in the Twenty-First Century - Dorothy Roberts
- The Color of Law: Our Forgotten History of How Our Government Segregated America – Richard Rothstein
- The New Jim Crow: Mass Incarceration in the Age of Colorblindness – Michelle Alexander
- Racism without Racists: Color-Blind Racism and the Persistence of Racial Inequality in America – Eduardo Bonilla-Silva
- Black Skin, White Masks – Frantz Fanon

Books

- Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations About Race (Twentieth Anniversary Edition) – Beverly Daniel Tatum
- Pedagogy of the Oppressed, 30th Anniversary Edition – Paulo Freire
- How to Be Anti-Racist – Ibram X. Kendi
- The Half Has Never Been Told: Slavery and the Making of American Capitalism – Edward E. Baptist
- The Protest Psychosis: How Schizophrenia Became a Black Disease – Jonathan Metzl
- Savage Inequalities: Children in America's Schools – Jonathan Kozol
- Pushout: The Criminalization of Black Girls in Schools – Monique Morris
- Ghetto Schooling: A Political Economy of Urban Educational Reform – Jean Anyon
- Root Shock: How Tearing Up City Neighborhoods Hurts America, And What We Can Do About It – Mindy Fullilove
- Hood Feminism – Mikki Kendall
- The Origin of Others – Toni Morrison
- Sister Outsider – Essays and Speeches – Audre Lorde
- Structural Competency in Mental Health and Medicine: A Case-Based Approach to Treating the Social Determinants of Health – Helena Hansen and Jonathan Metzl
- Black Picket Fences: Privilege and Peril Among the Black Middle Class – Mary Patillo
- Between the World and Me – Ta-Nehisi Coates
- Caste: The Origins of Our Discontents – Isabel Wilkerson

Documentaries (and Directors)

- I Am Not Your Negro – Raoul Peck
- 13th – Ava Duvernay

Podcasts

- Seeing White
- The 1619 Podcast
- Code Switch
- Serial – Season 3

Ted Talks

- We need to talk about an injustice – Bryan Stevenson
- How childhood trauma affects health across a lifetime – Nadine Burke Harris
- The danger of a single story – Chimamanda Ngozi Adichie
- How we're priming some kids for college – and others for prison – Alice Goffman
- To transform child welfare take race out of the equation - Jessica Pryce