

ATTC Network and PTTC Network Resources to Support the Crisis at the Southern Border

Category	Audience	Title	Type of Resource	Developed By	Link/URL Where Product can be Accessed	
ATTC/PTTC Resources						
Staff burnout and secondary trauma	Behavioral health providers	Self-Care in a Selfless Field	Recorded Webinar	Mountain Plains PTTC	https://pttcnetwork.org/centers/mountain-plains-pttc/product/self-care-selfless-field-presentation-and-resources	
Suicide prevention and questioning	Behavioral health providers	Suicide Prevention MAT ECHO Didactic Presentation	Recorded Project ECHO Session	Pacific Southwest ATTC	https://vimeo.com/390049271	
Cultural responsiveness	Behavioral health providers	Cultural Elements with Hispanic Adolescents	Curriculum Package	Northeast & Caribbean ATTC	https://attcnetwork.org/centers/northeast-caribbean-attc/product/cultural-elements-hispanic-adolescents	
Opportunities for health promotion/substance use prevention, especially in immigrant families and communities	Behavioral health providers	MI for People Who Are Homeless	Multimedia (Video, Webinar Recording, Podcast)	Northwest ATTC	https://attcnetwork.org/centers/northwest-attc/talking-change-mi-podcast	
Understanding signs of substance use in children and youth	Behavioral health providers	Beyond MI: Helping Young People Change	Multimedia (Video, Webinar Recording, Podcast)	Northwest ATTC	https://attcnetwork.org/centers/northwest-attc/talking-change-mi-podcast	
Staff burnout and secondary trauma	Behavioral health providers	Compassion Fatigue: Managing During the Pandemic with Self-care Strategies	Multimedia (Video, Webinar Recording, Podcast)	Mountain Plains ATTC	https://attcnetwork.org/centers/mountain-plains-attc/product/compassion-fatigue-managing-during-pandemic-self-care	
Cultural responsiveness	Behavioral health providers	Explorando Auto-Compasión en Programas de Salud Mental para Mujeres Latinas Inmigrantes	Multimedia (Video, Webinar Recording, Podcast)	National Hispanic and Latino ATTC	https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/explorando-auto-compasion-en-programas-de-salud	Available in English, Spanish and Portuguese
Suicide prevention among Latinas	Behavioral health providers	Life is Precious™: A Community Defined Practice Suicide Prevention Program for Latina Adolescents	Webinar Recording	National Hispanic and Latino PTTC	https://pttcnetwork.org/centers/national-hispanic-latino-pttc/product/life-precious™	Available in English, Spanish and Portuguese
Suicide prevention among Hispanic and Latinos	Behavioral health providers	Suicide Prevention Among Hispanic and Latino	Factsheets	National Hispanic and Latino PTTC	https://pttcnetwork.org/centers/national-hispanic-latino-pttc/product/fact-sheet-suicide-prevention-among-hispanic-and-latino	Available in English, Spanish and Portuguese
Prevention of Hispanic and Latino Youth Teen dating Violence	Behavioral health providers	Preventing Teen Dating Violence among Latino youth	Webinar Recording	National Hispanic and Latino PTTC	https://pttcnetwork.org/centers/national-hispanic-latino-pttc/product/preventing-teen-dating-violence-among-latino-youth	Available in English, Spanish and Portuguese
Suicide prevention among Latinas	Behavioral health providers	Suicide Prevention: Identifying and Modifying Risk Factors That Can Lead To Suicide Attempts In Latino Youth	Webinar Recording	National Hispanic and Latino PTTC	https://pttcnetwork.org/centers/national-hispanic-latino-pttc/product/suicide-prevention-identifying-and-modifying-risk	Available in English, Spanish and Portuguese
Cultural responsiveness	Behavioral health providers	Factsheet Prevention Tools for Latino Families During COVID-19	Factsheets	National Hispanic and Latino PTTC	https://pttcnetwork.org/centers/national-hispanic-latino-pttc/product/fact-sheet-prevention-tools-latino-families-during-covid-19	Available in English, Spanish and Portuguese
Staff burnout and secondary trauma	Community-based organizations	Self-Care Plug-in	Brief PowerPoint	Pacific Southwest ATTC	https://attcnetwork.org/centers/pacific-southwest-attc/product/self-care-plug	
Suicide prevention and questioning	Community-based organizations	Navigating Risk of Suicide in the Context of Substance Misuse: Best Practices for Supporting Youth and Young Adults	Recorded webinar and slides	Pacific Southwest PTTC and MHTTC	https://pttcnetwork.org/centers/pacific-southwest-pttc/product/webinar-pacific-southwest-pttc-and-mhttc-present-navigating	
Suicide prevention and questioning	Community-based organizations	The Roles of Culture and Collaboration in Preventing Suicide and Substance Misuse in Indigenous Communities	Recorded webinar and slides	Pacific Southwest PTTC	https://pttcnetwork.org/centers/pacific-southwest-pttc/product/webinar-roles-culture-and-collaboration-preventing-suicide	
Opportunities for health promotion/substance use prevention, especially in immigrant families and communities	Community-based organizations	Adverse Childhood Experiences and Chronic Stress: Building Resilience During and After COVID-19	Recorded webinar and slides	Pacific Southwest PTTC	https://pttcnetwork.org/centers/pacific-southwest-pttc/product/webinar-adverse-childhood-experiences-and-chronic-stress	
Cultural responsiveness	Community-based organizations	Part 2: Practical Tools to Implement Critical Ally-ship and Radical Self-Care in our Service Delivery to Latinx Communities	Multimedia (Video, Webinar Recording, Podcast)	National Hispanic and Latino ATTC	https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/part-2-practical-tools-implement-critical-ally	Available in English, Spanish and Portuguese
Cultural responsiveness	Community-based organizations	Traditional Healing Part 1: Integrating Curanderismo in Behavioral Health: Addressing Body, Mind & Spirit	Multimedia (Video, Webinar Recording, Podcast)	National Hispanic and Latino ATTC	https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/traditional-healing-part-1-integrating	Available in English, Spanish and Portuguese
Cultural responsiveness	Community-based organizations	Traditional Healing Part 2: Understanding Latino Cultural Health Behaviors and the Role of Women	Multimedia (Video, Webinar Recording, Podcast)	National Hispanic and Latino ATTC	https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/traditional-healing-part-2-understanding-latino	Available in English, Spanish and Portuguese

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Suicide prevention and questioning	Non-clinical staff	Suicide Prevention Across the Educational Continuum (6-Part Webinar Series)	Recorded Webinars	Mountain Plains PTTC	https://pttcnetwork.org/centers/mountain-plains-pttc/suicide-prevention-across-educational-continuum-6-part-webinar-series	
Staff burnout and secondary trauma	Non-clinical staff	Reflection and Breathing Exercise	1-page self-care exercise	New England ATTC (and South Africa ATTC)	https://attcnetwork.org/centers/new-england-attc/product/reflection-breathing-exercise	
Staff burnout and secondary trauma	Non-clinical staff	Wellness Wheel Exercise	1-page self-care exercise	New England ATTC (and South Africa ATTC)	https://attcnetwork.org/centers/new-england-attc/product/self-care-series-wellness-wheel-exercise	
Staff burnout and secondary trauma	Non-clinical staff	Coping with Distress	1-page self-care exercise	New England ATTC (and South Africa ATTC)	https://attcnetwork.org/centers/new-england-attc/product/self-care-series-coping-distress	
Staff burnout and secondary trauma	Non-clinical staff	Healthy Coping Behaviors	1-page self-care exercise	New England ATTC (and South Africa ATTC)	https://attcnetwork.org/centers/new-england-attc/product/self-care-series-healthy-coping-behaviors	
Staff burnout and secondary trauma	Non-clinical staff	Regular Emotional Check-Ins	1-page self-care exercise	New England ATTC (and South Africa ATTC)	https://attcnetwork.org/centers/new-england-attc/product/self-care-series-regular-emotional-check-ins	
Opportunities for health promotion/substance use prevention, especially in immigrant families and communities	Non-clinical staff	Alcohol Awareness Wallet Card	Print Media (Brochure, Monograph, Report, Poster)	Great Lakes ATTC	https://attcnetwork.org/node/5977	
Understanding signs of substance use in children and youth	Non-clinical staff	[Spanish] Delivering Trauma and Culturally Informed Care to the Latinx Community / Proporcionando el Cuidado Informado del Trauma de Manera Culturalmente Apropriadada	Multimedia (Video, Webinar Recording, Podcast)	National Hispanic and Latino ATTC	https://attcnetwork.org/centers/national-hispanic-and-latino-attc/product/spanish-delivering-trauma-and-culturally-informed	Available in English, Spanish and Portuguese
External Resources from Reputable Organizations						
Understanding signs of substance use in children and youth	Behavioral health providers	A Pocket Guide for Alcohol Screening and Brief Intervention for Youth	Pocket Guide	NIH/NIAAA	https://www.niaaa.nih.gov/sites/default/files/publications/YouthGuidePocket.pdf	
Suicide prevention and questioning	Behavioral health providers	Suicide Screening and Assessment	Information Sheet	SPRC	https://sprc.org/sites/default/files/migrate/library/RS_suicide%20screening_91814%20final.pdf	
Suicide prevention and questioning	Behavioral health providers	Safety Planning Guide: A Quick Guide for Clinicians	Guide	SPRC	https://www.sprc.org/sites/default/files/SafetyPlanningGuide%20Quick%20Guide%20for%20Clinicians.pdf	
Suicide prevention and questioning	Behavioral health providers	Ask Suicide-Screening Questions (ASQ) Toolkit	Toolkit	NIMH	https://www.nimh.nih.gov/research/research-conducted-at-nimh/asq-toolkit-materials/index.shtml	
Suicide prevention and questioning	Community-based organizations	Foster Care Providers: Helping Youth at Risk for Suicide	Information sheet	SPRC	https://sprc.org/sites/default/files/resource-program/Fostercare.pdf	