KNOW THE SIGNS OF ALCOHOL OVERDOSE		
LOOK FOR THESE SIGNS:	ACT QUICKLY TO SAVE A LIFE!	
· Mental confusion, stupor, passing out	· Call 911 – Don't worry about getting into	
· Vomiting	trouble!	
• Seizures	Don't wait! A person who has passed out can die.	
• Slow breathing: less than 8 breaths/min	Don't play doctor! Cold shower/hot coffee could make things worse.	
 Irregular breathing: more than 10 seconds between breaths 	If vomiting: lean the person forward to prevent choking	
· Slow heart rate	· If unconscious: roll the person on to 1 side	
Dulled responses	· Keep the person on the ground, partially	
· Clammy, pale, or bluish skin	 Keep the person on the ground, partially upright—not in a chair 	
,,, ,	· Don't leave the person alone!	

States with Good Samaritan Laws offer amnesty for giving life-saving measures.

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