



STEPROX Recovery Support Center
Louray Barton Recovery Coach

MISSION STATEMENT

STEPRox Recovery Support Center's mission is to provide a safe place for the recovery community, their families friends, and those who are interested in recovery to engage in activities beneficial to the individual and the community.

Our goal is to make a direct contribution to our community by encouraging volunteerism and peer leadership opportunities.

ALL PATHWAYS TO RECOVERY ARE
WELCOME AND EMBRACED HERE



BUILDING COMMUNITY
T O G E T H E R

“Where lost abilities are found, interests discovered, and goals realized.”



“We believe that recovery is a reality, and it is possible to rebuild and rejoin a life in the community.”

SERVICES

12-Step Alternatives

Access to multiple pathways of peer-led support groups/12-step alternatives.
Examples: SMART Recovery, Lifering Secular Recovery, and All Pathways to Recovery.



Recovery Coaching

Certified recovery coach is available to take on recoverees who are interested in 1 on 1 peer support and guidance and assists with relapse prevention, setting and reaching goals, finding which pathway(s) work best, and providing personalized resources.



Stipend Positions

These positions allow members/volunteers use their skills to benefit the Center and get a stipend payment.



Parenting Support

Collaborating with the Institute of Health and Recovery (IHR) to host the Nurturing Program for Families in Substance Use Treatment and Recovery. Facilitators are trained through IHR and is a DCF approved parenting class. (Free)



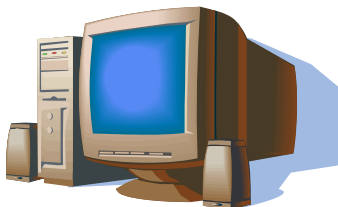
Relapse Prevention & NARCAN Training

Collaborates with local harm reduction and needle exchange program, Access, Harm Reduction, Overdose Prevention, and Education (AHOPE) to host NARCAN trainings and educate community members on overdose prevention.



Computer Access & Skills

Recoverees have access to computers to benefit their quality of life and recovery. For example, computers are used often for job search and resumes.



Dual Diagnoses Peer Support

Collaborating with National Alliance for Mental Illness (NAMI) to host a Connections group with a staff member who is a trained facilitator. Connections works with people with a diagnosed/undiagnosed mental illness and SUD.



Volunteer Opportunities

We encourage our members to work with our volunteer coordinator to get involved in volunteering at the Center and in our community. Giving back to peers and the community is a part of healing.



Sober Social Events

Throughout the year, members and staff will host a variety of social events for the Center as well as for the community.



MAJOR SUCCESSES

COLLABORATIONS

- Institute of Health and Recovery
- National Alliance for Mental Illnesses
- Nubian Square Outreach Initiative
- Mayor's Office of Addiction Services
- Boston Medical Center
- South End Community Health Center
- Boston Healthcare for the Homeless
- Department of Public Health
- Department of Mental Health
- Nation of Islam
- Harvard University
- Massachusetts Organization for Addiction Recovery
- The Phoenix Gym-Boston
- Other Recovery Support Centers, etc.

COVID-19 PANDEMIC

- Procurement of PPE for the undeserved communities
- Learned how to adjust services to be virtual. (Zoom, Ring Central)
- Developed a STEP Rox Mobile App for access to our virtual groups
- Began a collaboration of Recovery Support Organizations and Community Organizations to give back to the homeless by giving away clothing, socks, variety of hygiene products, and information on services available. (CORC)
- Developed safety measurements for when our Center is open, which include masks, gloves, 6 feet apart rule, and sanitize stations

COMMUNITY SUPPORT

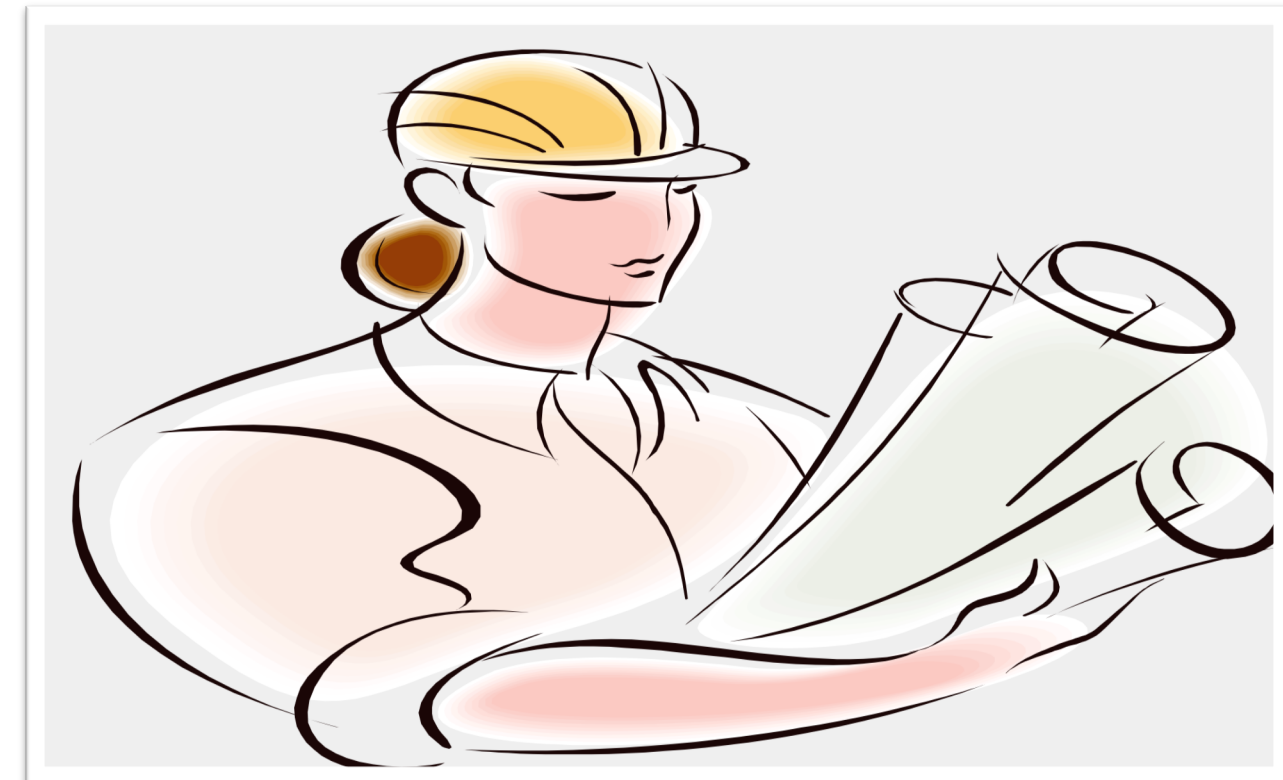
- Provided community that we plan to open our Center in with informative sessions as well as outreach in the community
- Provide Overdose Prevention and NARCAN Training to the community
- Clean the street which our Center is located on weekly
- Co-host of a Women's Outreach Event which targeted women in Nubian Square who may struggle with SUD and/or Trafficking
- Hosted the first Nubian Square Recovery Day Event at the Roxbury Library with the support from Nubian Square Outreach Initiative and other partners

SOLUTION BASED BARRIERS

Culturally Diverse
Workforce



Find A Contractor To Build
Add On



Reaching Ages 18-35 Years
Old

Louray Barton

StepRox

Recovery Support Center

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<https://www.facebook.com/StepRoxRecoverySupportCenter/?fref=ts>





Gándara Center:
Stairway to Recovery Support Center
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Brockton, MA 02301
774-257-5660

Efrain Baez, Program Director

HHS Region 1





Mission Statement

The Stairway to Recovery Center is a supportive beacon of light within the recovery community of Southeastern Massachusetts. The center is a place that promotes and exemplifies hope for recovering people. At Stairway peers are engaged in many aspects of recovery and gain the resources, skills and practical knowledge to improve their quality of life. Peers are encouraged to get involved and bring ideas and suggestions that support the values of recovery. Stairway to Recovery provides a safe and supportive atmosphere where peers provide and receive recovery support services. We believe that everyone has something to offer to the Center and to the recovery community.



Services

Populations Served: Diverse people needing, seeking and/or engaged in a recovery pathway of their choosing

Recovery Supports

- Recovery Groups
- Transportation
- Telephone Support
- Education
- Referrals
- Recovery Coaching

Wellness

- Taichi
- Spirituality and Recovery
- Recreational Activities
- Groups
- Medication
- Exercise

Re-Entry

- Transportation
- Case Management
- Rent Support
- Education & Employment Resources
- Referrals

Employment

- Resume Building
- Computer Job Search
- Peer Leader Opportunities
- Referrals
- Training
- Internships

Community Service

- Volunteer Opportunities
- Community Cleanup
- Outreach
- Recovery Celebrations

Other

- Health and Dental Services
- HCV Testing
- Narcan Training
- CPR Training
- Understanding MAT/MAR
- Colleges/Universities
- Anger Management

Major Successes

- **Recovery Supports:** Serving a Diverse Community; Supporting the Multiple Pathways of Recovery; Safe and Recovery Conducive Place; Collaborations with Partners.
- **Wellness:** Focus on holistic model; Prioritizing Prevention. Emphasizing Physical Activities.
- **Re-Entry:** Engaging people 90 days prior to Release date; Engage people in Recovery processes; Transitional Housing Supports; 80% Follow-up rate.
- **Employment and Training:** Train and Hire Recovery Coaches that are members of the Center; Pathways for Employment for Peers.
- **Other:** Connections with Primary Care and Dental Services; HIV and HCV Testing and Treatment, Narcan, Fentanyl Strip, and CP trainings.

Major Challenges/ Barriers

- **Housing:** Housing resources are depleted and there are long waiting lists; Housing is very expensive.
- **Criminal Offender Records:** Makes it very difficult to hire people, get housing, and other services.
- **Access and Quality of SUD Treatment:** Long waiting lists, Little to no translation services, Lack of diverse staff, punitive approaches.
- **Mental Health Services:** Long waiting lists, Little to no translation services, Lack of diverse staff, biases and stigma.

Efrain Baez

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Recovery Support Services

New Britain, Connecticut

Marie M. Spivey, EdD, RN, MPA
Administrative Support Coordinator



**EDUCATE EMPOWER
ENCOURAGE EQUIP**

H.E.L.P.

Helping Everyone's Life Prosper

A collection of colorful hands reaching up, representing diversity and support. The hands are in various colors including red, green, blue, yellow, purple, orange, black, and brown. They are positioned at the bottom of the page, with some overlapping. The background is white, and the hands are set against a dark green horizontal bar at the very bottom of the image.

Mission Statement

We first listen with compassion, kindness, understanding and an open heart to brothers and sisters in need.

Together, we find a pathway to recovery that fits their needs and desires.

Services

Population Served: All members of the Greater New Britain Community

Nutrition

Farmer's Market –
Weekly Support &
Program Recruitment

Meals / Vocational

Food Pantry Support
Employment Linkages

Behavioral Health

Referrals to CMHA
and other CBO's

Housing

Assistance with
Housing/Shelter

Essential Supports

Assistance with ID
Cell Phones

Family Support

Family Relationships
Family Communication



Educate - Empower - Encourage - Equip

RECOVERY SUPPORT SERVICES:

TEAM: TOGETHER EVERYONE ACHIEVES MORE

Major Successes

- Partnership with CMHA – Certified Community Behavioral Health Clinic
- Partnership with Emergency Medical Services – NB Recovers
- Congregation Members/Informal Supports Employed for Behavioral Health Assistance
- Faith Leaders Utilized as First Responders

Major Challenges/ Barriers

- Ongoing Sustainable Funding
- Consistent Referral Process
- Recovery Supports - Credibility & Value
- Resources for On-going Training & Coaching & Basic Needs for Families in Recovery

Marie M. Spivey, EdD, RN, MPA

Recovery Support Services
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860 221 5382

New Britain, Connecticut

New Life Ministries II

Pastor Dana Smith





NEW LIFE II

Housing • Peer Support • Education

YOUR COMMUNITY ON THE ROAD TO RECOVERY

Mission Statement



OUR VISION

To provide resources, services, and training that will educate, empower and motivate individuals, and see everyone free from the struggles of mental health and addiction as they see it. We will focus on transforming seasons of difficulty into seasons of grace, hope, and triumph. We believe in embracing the talent and resources of the community we serve by furnishing them with tools that build self-reliance, sustainable development, and continued upward mobility.



OUR MISSION

Our mission is to equip and empower individuals that are caught in the cycles of hopelessness, disenfranchisement, dependency on drugs and alcohol, and mental health struggles, and to see their lives transformed. Our primary goal is to help vulnerable men and women overcome negative situations by providing ongoing education, recreation, mentoring, critical life skills training, and support services, infusing them all with faith-based principles.



OUR PROMISE

To provide a home-like residence with independent living. We offer individual and group sessions in addition to a safe, drug-free environment, where individuals can learn skills needed to restore balance in the home. We teach skills that will help them overcome the challenges that have been causing them to struggle. A different and new life is possible.

Services

Population Served: We are a faith-based organization that serves *all* members of our community.

Recovery Housing

New Life II's recovery home offers an atmosphere of love, faith, hope, and possibilities. A place where individuals are heard, seen, valued, and respected.

Unshakable Men & Women

The Unshakable Men and Unshakeable Women programs help participants cope with life's challenges and heal from painful experiences.

Re-Entry Support

Identifying and reducing barriers to reentry through:

- sharing information & resources
- educating the community
- influencing public policy

Bible Study

Not your traditional Bible study! Tuesdays and Thursdays from 6-7pm. Men's and women's groups available

Integrated Healing Facilitators

The role of the IHF is to provide care to the recovering participant.

Pastoral Care

New Life II participants have access, if they wish, to pastoral care and shepherding through our chaplain

Major Successes

- We are much more than recovery housing. We started as housing and now we provide services for the whole person.
- We pride ourselves on providing a place where individuals are heard, seen, valued, and respected as humans.
- We offer a range of community-based trainings. Because it's one thing to give a man a fish, and another to teach that man how to fish and give him the equipment to fish for the rest of his life.
- New Life II is the first Black Recovery Community Organization (RCO) in CT.

And then, you start to see results in your life, and you start to realize that, while people may have labeled you a crackhead or an alcoholic, or whatever...those are just the things that you *did*. *It's not who you are*. You're here because you are yet to discover who you are. And that's why I do what I do. It's the gift God has given us, to give others the good things we've received ourselves. It's why New Life II is here.

Pastor Dana Smith

Executive Director, New Life II

Major Challenges/ Barriers

- Community agencies are siloed – we are working separately when we should be collaborating.
- Outsiders come to our community with gift cards to study us – they need to work WITH us as part of our community, and value the critical importance of lived experience.
- The same agencies continue to receive grant funding. The funding rarely trickles down to those of us *doing the work* in the communities that most need it.

Pastor Dana Smith

New Life Ministries II

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NEW LIFE II

Housing • Peer Support • Education



SAMHSA
Substance Abuse and Mental Health
Services Administration