

# Pathways to Recovery from Addiction in Mutual Help Groups

Wednesday, February 23, 2022  
11:00am – 12:30pm (PT)

## About the webinar

The goal of the National Institute of Drug Abuse (NIDA) Clinical Trials Network/Addiction Technology Transfer Center (ATTC) webinar series is to help scholars and clinicians in the addiction field stay abreast of cutting-edge science.

In this session, **Keith Humphreys, PhD (Stanford University)** will explore the landscape of mutual help groups and the diverse mutual help groups that are available to patients. The clinical and cost effectiveness of group and 12-step programs will also be reviewed. Lastly, the clinical and policy implications of mutual help groups for promoting recovery from addiction will be discussed.



## Learning objectives

- Identify at least two essential and two optional features of addiction-focused mutual help groups.
- Recall at least two research studies that examined the effectiveness and health care cost-offset of 12-step mutual help groups.
- Specify at least two clinical and two policy strategies for increased rates of recovery in mutual help groups.

**1.5 CME or CE credits available:** AMA PRA Category 1 Credits™; PSY (APA); RN (CA BRN); LMFT, LCSW, LPCC, LEP (CAMFT); RADT I/II, CADC-CAS, CADC I/II, CADC-CS, LAADC (CCAPP); CATC (ACCBC/CAADE); CAODC (CADTP)

***Sponsored by the Northwest and Pacific Southwest Addiction Technology Transfer Centers (ATTCs) and the Western States Node of the NIDA Clinical Trials Network.***

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### Accreditation

In support of improving patient care, this activity has been planned and implemented by Stanford Medicine and Northwest Addiction Technology Transfer Center. Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Credit Designation

#### American Medical Association (AMA)

The Stanford University School of Medicine designates this Live Activity for a maximum of 1.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### American Psychological Association (APA)

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

### CE Accreditation

This webinar meets the qualifications for the provision of one and one-half (1.5) continuing education credits/contact hours (CEs/CEHs). UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for one and one-half (1.5) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1123), CATCs (ACCBC/CAADE, #CP40 872 C 0822), and CAODCs (CADTP, #151).

CE credit will be awarded at the conclusion of the webinar. **Partial credit will not be available for those participants who arrive late or leave early.**