

## 2-Day Blended Adult Mental Health First Aid Skills Application Training For Hawaii Based Providers

**Sponsored By:**

UCLA Integrated Substance Abuse Programs, Pacific Southwest Addiction Technology Transfer Center,  
and the Pacific Mental Health Awareness Training Project




### Pre-Registration is Required!

The usual \$170 fee for training registration and materials will be waived thanks to the generous support of the PSATTC

Mental Health First Aid is an evidence-supported strategy to engage communities through equipping clinical and non-clinical individuals with skills to address mental illness. This training will build upon the two-hour required pre-work completed by participants. During the training, participants will have opportunities to review pre-work, develop understandings of mental health conditions, substance use disorders, risk identification, and strategies for engagement in Hawaii communities. Participants will engage in interactive activities with trainer(s) and peers to practice the use of the ALGEE method in Mental Health First Aid, expanding skills in assessing/approaching individuals with mental health/substance use needs, listening nonjudgmentally, giving information for the purpose of connection and referral, and encouraging recipients of Mental Health First Aid to access formal Hawaii behavioral health services and informal supports for recovery.

<b>Steps to attending this 2-day training</b>	<p><b>Completion of 2-hours of pre-work is required before attending the first 3/30/22 training.</b></p> <ol style="list-style-type: none"> <li>1. Register for the 2-day training by using the Zoom link below.</li> <li>2. You will get entered into the MHFA system and will need to accept the invitation.</li> <li>3. Create a log-in on the Mental Health First Aid website (please create your profile ASAP so you can receive your invitation to complete the required 2-hour pre-work course)</li> <li>4. Complete the 2-hours of pre-work before attending the first 3/30/22 training.</li> </ol>
<b>Dates and Times:</b>	<p><b>Day 1: Wednesday, March 30, 2022; 9:00am-12:00pm HST</b>  <b>AND</b>  <b>Day 2: Thursday, March 31, 2022; 9:00am-12:00pm HST</b>  Register at: <a href="https://uclahs.zoom.us/meeting/register/tJUod-qsrjsrEtF9PmEdJEMR0k5UO9hDGFmX">https://uclahs.zoom.us/meeting/register/tJUod-qsrjsrEtF9PmEdJEMR0k5UO9hDGFmX</a></p> <p style="text-align: center;"><b>** You will receive separate zoom log-in links for each training**</b>  <i>Please try to log in 10-15 minutes prior to each training to ensure your audio and visual connections are working properly</i></p>
<b>Trainer:</b>	Andrew Kurtz, LMFT, UCLA Integrated Substance Abuse Programs
<b>Who Should Attend:</b>	<p>This 2-day live virtual training is <b>free</b> and is open to providers including:</p> <ul style="list-style-type: none"> <li>• Psychologists</li> <li>• LMFTs and LCSWs</li> <li>• Registered Nurses</li> <li>• Certified Substance Use Disorder Treatment Counselors</li> <li>• Other Behavioral Health Specialists/Clinicians</li> <li>• First responders</li> <li>• Teachers</li> <li>• Anyone interested in learning more about mental health</li> </ul>

<p><b>Learning Objectives:</b></p>	<p>At the conclusion of the 2-day training, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Explain two benefits of early intervention on mental health challenges.</li> <li>2. Identify the five appropriate steps of the MHFA Action Plan (ALGEE).</li> <li>3. Distinguish two ways a person might show early signs of a mental health challenge.</li> <li>4. Recognize three ways a person shows worsening signs of a mental health challenge or crisis.</li> <li>5. Integrate three appropriate methods for self-care as a Mental Health First Aider.</li> </ol>
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<p><b>Continuing Education:</b></p>	<p>The training series meets the qualifications for the provision of five and one-half (5.5) continuing education credits/contact hours (CEs/CEHs).</p> <div data-bbox="386 478 506 583" style="display: inline-block; vertical-align: top;">  </div> <p style="display: inline-block; vertical-align: top; margin-left: 10px;">UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content.</p> <p>UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for five and one-half (5.5) hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCS-CASS, CADCs I/II, CADCS-CSs, and LAADCs (CCAPP, #2N- 00-445-1123), CATCs (ACCBC/CAADE, #CP40 872 C 0822), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for 5.5 contact hours. UNR CASAT is an approved provider of continuing education credit for NCACs I/II and MACs through the National Association of Alcoholism and Drug Abuse Counselors (NAADAC, #98165). The training is approved by the Hawaii State Department of Health’s Alcohol and Drug Abuse Division for five and one-half (5.5) education content hours (CSAC, CCJP, CCS, CPS, CCDP-D, and CSAPA). This program is approved by the National Association of Social Workers-Hawaii Chapter NASWHI-CEP-005 for up to five and one-half (5.5) Social Work continuing education contact hour(s), zero (0) specifically in Ethics. Partial credit will not be available for those participants who arrive late or leave early.</p> <p>Continuing education credit will be awarded within 6-8 weeks following completion of the virtual training</p>
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**\*\*Capacity for this training is 30\*\***

**You will be notified via email if space has been reserved for you upon receipt of your online registration.**

**\*\*\*\*Please be sure you received a confirmation email before attending the training\*\*\*\***

Please contact Victoria Norith by phone (310) 267-5408 or e-mail at [vnorith@mednet.ucla.edu](mailto:vnorith@mednet.ucla.edu) if you have questions, concerns, special needs, or require additional information before registering for the training.



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Victoria Norith by phone (310) 267-5408 or e-mail at [vnorith@mednet.ucla.edu](mailto:vnorith@mednet.ucla.edu) at least 1 week before each training.

**Refund/Cancellation Policy:** Notice of cancellation must be made at least 72 hours in advance of the training by contacting Victoria Norith by phone (310) 267-5408 or email at [vnorith@mednet.ucla.edu](mailto:vnorith@mednet.ucla.edu). You can also cancel directly via zoom.

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**Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program:**

Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 10911 Weyburn Ave, Suite 200, Los Angeles, CA 90024) or by phone (310-267-5397). Alternately, you may contact Dr. Gloria Miele or Dr. James Peck, ISAP-affiliated doctoral-level psychologists responsible for program planning for the ISAP CE Program. Drs. Miele and Peck can be reached in writing at: 10911 Weyburn Ave, Suite 200, Los Angeles, CA 90024 or by phone at: 310-267-5888 (Miele) or 310-267-5346 (Peck).

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