



HARM REDUCTION AWARENESS FOR LATINO COMMUNITIES



INFORMATION SNAPSHOT
SUMMARIZE COMMUNICATE MOBILIZE

OVERVIEW

This snapshot of information is intended to provide resources to individuals, parents, professionals, and providers on Harm Reduction Awareness for Latinos.

WHAT IS HARM REDUCTION?



It refers to a set of public health based practices and principles aimed at reducing the negative outcomes associated with substance use.¹

HARM REDUCTION PRIORITIZES:

Safety



Rights



Dignity



HARM REDUCTION DOES NOT:

focus on ending or preventing substance use, rather the approach respects a person autonomy to make choices and focus on reducing harm resulting from those choices.²

Harm Reduction in Practice



Education & outreach

Provide trainings and information to promote safety and prevent criminalization.³



Health services & support

Offer free or low-cost counseling, testing and primary care health services that are non-judgmental and accessible to the community.⁴

Emergency Medical Response

Includes training community members in providing emergency first aid such as administering overdose reversal medication.⁵



Supervised Consumption Services

immigration financial issues, health issues, family issues and other mental health diagnosis⁶

Syringe Exchange or Access Program

locations where people can obtain injection equipment, including syringes and can also return used syringes for safe disposal. Can also provide linkage to services.⁷

National Drug Control Strategy



- Expand high-impact harm reduction interventions like naloxone
- Ensure those at the highest risk of an overdose can access evidence-based treatment
- Improve data systems and research that guide drug policy development⁸

For more information visit [2022 National Drug Control Strategy](#).



To visit our resource page, please visit [National Hispanic and Latino ATTC](#)

References

1. and 2. <https://harmreduction.org/about-us/principles-of-harm-reduction/>
3. and 4. <https://www.samhsa.gov/find-help/harm-reduction>
- 5., 6., and 7. <https://www.pwn-usa.org/wp-content/uploads/2019/01/harm-reduction-factsheet-final.pdf>
8. <https://www.msn.com/en-us/health/medical/opioid-drug-overdose-deaths-how-the-us-government-can-reduce-deaths/>